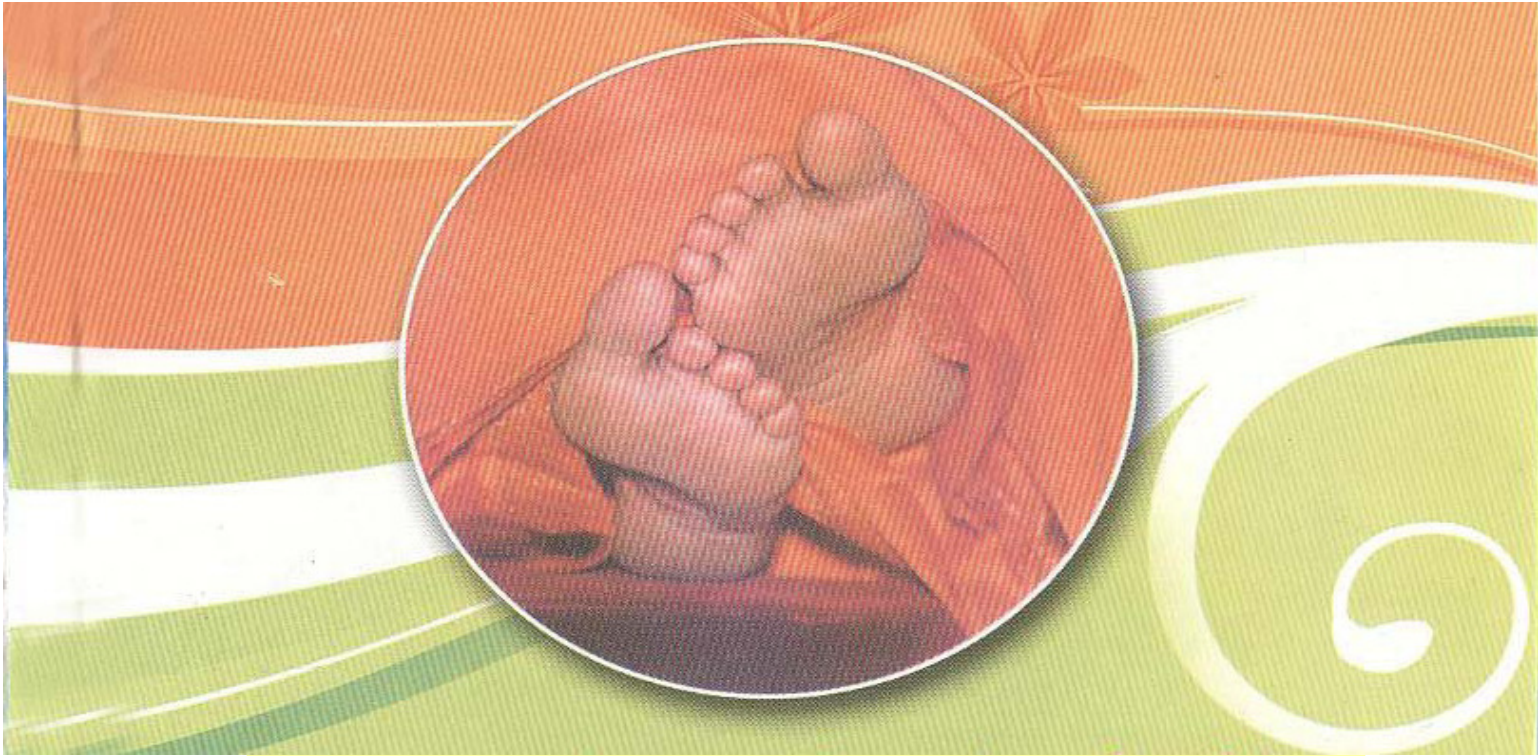




Let all the Souls live with happiness and bliss

## Spiritual Education for Deathlessness



**LORD'S FEET ARE OUR EYES**



**Gnana SarGuru Shiva Selvaraj**

**Thanga Jyothi Gnana Sabhai**

**Samarasa Sutha Sanmarga Sathya Sangam**

**KanyaKumari**

# **SPIRITUAL EDUCATION FOR DEATHLESSNESS**

**SPIRITUAL ART OF DEATHLESSNESS**

IT IS THE

**ART OF LIVING**

IT IS THE

**STATE OF NOT BORNING AGAIN**

IT IS THE

**STATE OF ATTAINING IMMORTALITY**

IT IS THE

**HIGHEST STATE OF LIVING WITHOUT DYING**

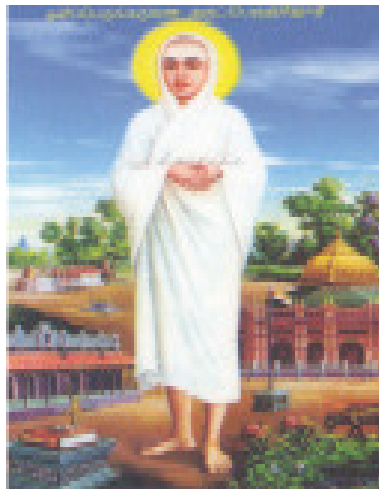
IT IS THE

**STATE OF LIVING WITH DIVINE HAPPINESS AND BLISS**



**AADHI GURU (FIRST GURU)**

**DAKSHINAMURTHY**



**GNANA GURU (VALLALAR)**



**SARGURU (SHIVA SELVARAJ)**

**GNANA SARGURU SHIVA SELVARAJ**

**THANGA JYOTHI GNANA SABHAI**

**SAMARASA SUTHA SANMARGA SATHYA SANGAM**

**KANYAKUMARI**

# Spiritual Education for Deathlessness (SAAKAA KALVI)

## Before You Enter:

Dear All. My humble respects and obeisance to all. With my SarGuru Thiru.ShivaSelvaraj Grace and GnanaGuru Vallalar Grace i am translating the Tamil book Saakaakalvi written by our SarGuru Thiru.ShivaSelvaraj. Saakaa Kalvi is one of the 28 books written by our Guru. Thiru ShivaSelvaraj in Tamil. In all these books he has established that the way to the lord or attaining the deathless life is same as told by all the great saints and seers of the world. This book explains everything divine and which were kept secret from the mankind so far. Please read the book attentively and with faith. Raise yours questions if any to us so that we will talk with our Guru and let you know the answers.

I have tried my best to translate the book in English. I found some difficulty to find appropriate words to convey the same meaning as told in Tamil. So i have put a reference page for people to refer to. If one has difficulty to understand any of the words, sentence or paragraph please mail us. We will try to answer you. As much as possible the translation was done literally, but at places the meaning of the sentence or paragraph was conveyed. Please write to us if you have any questions, we are available [as.vijayaan@gmail.com](mailto:as.vijayaan@gmail.com), [vasan.click2@gmail.com](mailto:vasan.click2@gmail.com), [vimal7654@gmail.com](mailto:vimal7654@gmail.com), [vallalar82@gmail.com](mailto:vallalar82@gmail.com),

I request to keep the Reference page open alongside this book for quick reference.

If possible please translate this in other known languages of you so that people can benefit. You will also gain the blessings and grace of Vallalar.

My wife and my parents played a significant part in translating this book by their constant support and encouragement.

I thank my dear friend vasanth for posting the articles in our website [www.vallalyaar.com](http://www.vallalyaar.com) and my dear friends vimal, satheesh and KalaiCheliyan brother for their encouragement and proof reading the translation.

**I am dedicating this to our Guru ShivaSelvaraj and Gnana Guru Thiru ArutPrakasa Vallalar.**

From the next page starts the translation from the original book.

Translated by Vijayan

## Reference Words

1. **Vallalar** - Saint who lived in TamilNadu in the 19<sup>th</sup> Century. He realized the supreme lord and attained divine light body. He is ocean of compassion and all the divine knowledge that we are putting here is by his infinite grace only. He is our Gnana Guru.
2. **Ragavendra** - Saint Devotee of Lord Narayana who achieved the highest state of JeevaSamadhi in Mantralya in SouthIndia.
3. **Prahaladha** - Saint Devotee of Lord Narayana who was able to see the presence of divine in all the places.
4. **Katha Upanishad** - Upanishads were the Hindu holy Scriptures which talks about
5. **Param Porul** - One of the many words used to describe God in tamil, meaning he is spread everywhere as the supreme thing in this universe.
6. **Para brahmam** - One of the many words used to describe God in Tamil, meaning he is the supreme being in this complete universe.
7. **Sitthar / Siddhar** - Seers in Tamil Nadu who have won over death and attained immortality. Their poems were the orgin of Siddha Medicine.
8. **Thriumoolar** - Famous Saint & Siddhar in Tamil Nadu. Author of ThiruMantiram. He is also one of the 63 Shiva Saints (Nayanmargal). He has mediated for 3000 years and every year he gave one poem and this collection is called ThiruManthiram.
9. **Thirumanthiram** - Holy Book written by saint Thirumoolar. Talks about spirituality and ways to attain divinity or lord.
10. **Thiruvalluvar** - Saint Poet of Tamil Nadu who is supposed to have born in 32 AD.
11. **ThiruKural** - Tamil Poem on Life and Ways to Live Life by Thiruvalluvar. Famous world wide and widely translated in other languages.
12. **Guru** - One who initiates a person in spirituality and guides a soul till it reaches god. He is to be considered equal to god.
13. **Deekshai** - Initiation Process done by a Guru. Only After getting Deekshai a person becomes eligible to do penance.
14. **Thiruvadi Deekshai** - Highest Initiation and highest form of Deekshai. Thiruvadi means "Lotus feet of Lord". Light in our eyes were the Thiruvadi. In this book Deekshai implies Thiruvaid Deekshai only.
15. **Jyothi** - Divine Flame.
16. **GuruUpadesha** - Upadesha refes to knowledge told by Guru to his disciples.
17. **Nayanmaar.** - Lord Shiva's Devottes who sung his praise in their poems in Tamil Language. They are 63 in numbers.
18. **Punniya** - Good Deeds which elevate one in both material and spiritual world. Results in Good karma.
19. **Paavam** - Opposite to punniya. Demerits one in both material and spiritual world. Results in bad karmal.
20. **Mei** - Divine Truth, which No Death. Our human body is also called Mei indicating it can be made immortal.
21. **MeiPorul** - True Wealth / Divine Wealth. (One that is not destructible).
22. **Jeeva Samadhi** - One of the highest state in Divine Path. Here the body will not be decomposed even after many years. The mind of the person in Samadhi will be absorbed

completely in divine. Saint Ragavendra JeevaSamadhi is one of the famous shrine in India known by many persons. Similarly there were so many JeevaSamadhis unknown to people. More details about this will be explained in the coming chapters.

23. **Vallal** - Person who has infinite compassion and gives to one whatever one wishes.
24. **AadiGuru** - Lord appeared as Guru (DakshinaMurthy) in the beginning. He is called AadiGuru indicating he is the first guru for human beings.
25. **Duvichan** - One who is born again or Twice born. It is getting birth in subtle body by the grace of Guru by deekshai.
26. **Aagamiya Karma** - Karma got by doing deeds in this present birth.
27. **Prathuva karma** - Karma that we got when we took birth. This is what decides or provides the circumstances in our day to day life.
28. **Sanchitha Karma** - Total karma accumulated by our deeds birth after birth. A part of this comes to us in this birth as prathuva karma. (Only if we get rid of all our karmas we can realize and attain the supreme divine lord).
29. **Manthra** - Divine words which has certain powers bestowed in it.
30. **Karnan** - In mahabharatha close friend of duriyodana and who is known for his donation. He is reputed that he never denies anything if asked for. He is considered to be the greatest philanthropist.
31. **Pranan** - Pranan does not represent the breathing air. It also represents our soul.

(Pls Note For more information on any of this write to us. Searching in google can also give you general information on these words).



# Spiritual Education for Deathlessness

## About this book

- Hand that wrote this** : *Thiru. ShivaSelvaraj*
- Topic this book conveys** : *Divine Wisdom(Gnana)*
- Book Summary** : *SaakaaKalvi(Spiritual Education for Deathlessness)*  
*Number of Chapters – 8*
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- People who were responsible for bringing this book** : *Thangam & SuyamJyothi.*
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**Spiritual Education for Deathlessness**  
**Union of Jeevatma and Paramathma**



**Contains Divine Secret for all the people in the world**  
**To acquire and realize Divine Wisdom.**

***ArutPerum Jyothi Arutperum Jyothi***

***ThaniPerum Karunai ArutPerum Jyothi***

**Thanga Jyothi Gnana Sabhai**

**Samarasa Sutha Sanmarga Sathya Sangam**

**177-49/P, ThangaJyothi, Madavapuram, kanyakumari-629702.**

**On your Golden Feet**

Dear All,

My Humble Respects! Thank You! Let only good things be there!

Live a Immortal Life! Without any difference of caste, creed, religion, country or race i am offering my humble respect for all the human beings. For the people of this world and for their welfare i have brought to light all the divine secrets in this book with the blessings of seers.

This humble being has so far written about 26 books with the help of beloved people. This is possible only with the blessings of seers and Gnanis. In Kanyakumari District there is a saint who is in divine rest. He is Thiru. PeerMohammad who is a beloved child of Allah and who is a person with sea of divine wisdom. The divine wisdom that he has spoken is also the same as what was spoken by our Vallalar. Whatever wisdom he has spoken i have written it here with his grace only. This is a great gift bestowed on me by them.

With the grace of Jesus Christ i got the opportunity to understand the divine wisdom told in Bible. I also got the blessing of Mohammad who is like sea of compassion. Saint Agathiyar in his poem has told "Go and Learn from all the available Scriptures". I was able to read and understand all the Vedas and became holy. Whatever divinity Jesus has conveyed i was able to bring it in my books with the grace of Jesus.

I took birth in the same place where the saint Thiru. Sadavadhani SeikuThambi Paavalar was born. My birth place is Nagarkoil. This saint is the one who showed that the poems written by our saint. Vallalar (RamaLinga Adigalar) were of high spiritual content and that the supreme lord has wore it. So we can see seers from all religion has conveyed the same divine wisdom only. Only if we go beyond religion and go beyond our mind we can see our supreme lord. I got the blessing of this saint . Sadavadhani SeikuThambi Paavalar.

I also sung praises on the saint Guru Thavasi Ayya who is residing in Peyadu in Kanyakumari District and with his blessing i was able to come ashore in spirituality.



This humble being also got the grace from saint SriMouna Swamigal who is in deep divine rest in Thotiyodu in kanyakumari district. He made me to sing divine and made me matured.

In KanyaKumari District in a place called ThamathuKoonam, a saint Thiru. Arugampul Sittar is in deep divine rest. I got the greatest opportunity to arrange JeevaSamadhi of this saint. I also gave 6 Cent of Land to this saint and got Punniya. I was with him for quite some time and with his grace i got to know lot of stages in Divine Wisdom. This saint only told me about Thiru.Peerapa. I sung his praises too. He saw and showered me his blessings.

It is my Deeksha Guru Gnana Sittar Thiru.Jyothi Ramaswamy Desikar who showed me the divine path for divine wisdom. I got Thiruvadi Deekshai from my Guru in the year 1980. Till he was there i served him and became mature in spirituality. Before he took JeevaSamadhi he called me and made me Guru. I also got the greatest grace by arranging the Jeevasamadhi of my Guru. This all i consider because of my good deeds which i did in the previous births.

In a place called Therur which is in KanyaKumari District and which is the birth place of Kavimani Desika Vinayagam pillai (Famous Tamil Poet) and which is the place where lord vinayaka and graceful lord SriVidhya Hanuman has temple, there is a ashramam in which a holy person by the name thiru.GuruMahadev is serving. I had the opportunity to listen to his discourses. The love we had for both of us is immense. His grace is responsible for me to get the grace of graceful lord Anjaneyar(Hanuman). I also got the opportunity to arrange JeevaSamadhi of this saint also. This is a great righteousness for me.

Having got the fortune of arranging JeevaSamadhi for three great saints, i got another blessings to meet the saint Saibaba and got his blessings. I met Vallikaavu mother saint. AmirtanandaMaayi and got her blessings. These things gave me tremendous divine bliss. Vellayangiri. Isha Jakki Vasudev also showered his graces on me. Like this i met so many saints and got their blessings.

Lord of Thiruchendur SenthilAandavar and Lord of suchindram Anjaneyar and Goddess Bagavathi of Kanyakumari saved my soul and lifted me in divinity and made me as SarGuru. I got the benefit of why i took birth.

Without me approaching him the divine saint and ocean of compassion our saint Thiru Vallalar came and overwhelmed me by his love and grace. Without my knowledge he is the one who is saving me right from my childhood days. He is the one who made me complete, to give the Thiruvadi Deekshai to all. With his grace i am giving Upadesha and Deekshai for all the people. He is the one who is within me and making me to speak the divine truths to all. He is the one who is protecting me, my family and my disciples. He is our MeiGnana SarGuru Vallal.

My Vallalperuman has made me to write 26 books so far. Now through my wife thangam and my child SuyamJyothi he has made me to write this book SaakaaKalvi (Spiritual Education for Deathlessness). With his grace i have written this book for the welfare of all the human beings. My Guru Vallalar is one who is guiding me. I am following his order and my duty is to follow him.

All the 26 books and this book i will start writing from the front page and it is Vallalar who is writing this book. Only my hand writes the book and everything else is by him only.

SaakaaKalvi (Spiritual Education for Deathlessness) is the science thought by saints and seers who have attained immortality. Those People who have won over their birth and death were called seers, Gnanis and Siddhars. By their grace they have given this divine knowledge to us.

Till this time all the saints and seers who have come to this world during different times have told the same divine wisdom. They have talked about the supreme lord and ways for the jeevas to attain him. I have collected all these divine wisdom and submitting it in your lotus feet for your welfare. This i consider as my divine duty.

Is it possible to live for ever? Is it possible to become immortal? Yes. It is possible. If we try nothing is impossible.

“Nothing is impossible for him who tries”.

“Divine Effort gives Divine Results”.

This Divine Secret has been kept hidden from the people for so long time by half-realized persons. All these divine secrets were bought out in open by my books. Nothing is there as secret in knowing and realizing the lord.

Come on brothers, you can all get divine wisdom.

I am teaching this Divine Wisdom and giving ThiruVadi Deekshai. I am conducting the Thanga Jyothi Gnana Saba. I am fulfilling my needs by the donations given by my disciples. My Guru Vallalar is making me to live the life in a prosperous way.

This world should unite.

People should realize the single supreme Lord.

All the living beings should become immortal.

Let all the Soul get everlasting bliss.

Yours Truthfully

Shiva Selvaraj.

# Contents

<b>Chapter 1</b>	<b>:</b>	<b>SOUL</b>
<b>Chapter 2</b>	<b>:</b>	<b>BIRTH &amp; DEATH</b>
<b>Chapter 3</b>	<b>:</b>	<b>MEIPORUL</b>
<b>Chapter 4</b>	<b>:</b>	<b>MEI</b>
<b>Chapter 5</b>	<b>:</b>	<b>DONATE &amp; PENANCE</b>
<b>Chapter 6</b>	<b>:</b>	<b>AADHIGURU (FIRST GURU)</b>
<b>Chapter 7</b>	<b>:</b>	<b>RAMALINGA ADIGALAR (VALLALAR)</b>
<b>Chapter 8</b>	<b>:</b>	<b>SPIRITUAL EDUCATION FOR DEATHLESSNESS</b>

# 1. SOUL

When a man has life, we call him as human being (he or she), if soul goes from the body it becomes corpse. Life is there or possible only till soul is there in the human body. Without soul body is only good to be decomposed and is of no use. So soul is of more important than the body.

When soul is in the body, a man does whatever he wishes or whatever he thinks. He is dictated by his senses. Who lives like these were the biggest fools.

How one takes birth? Why one takes birth? What is the purpose of this birth or why is this birth?

Answers to these questions were divine secrets. They were the Secrets of birth.

Will the birth takes place just by the union of man and women? No way.

Even today (so called scientifically advanced age) there were lot of couples without children. Even With the so called advance technologies like Test-tube babies success rate of having a baby is minimal. And this is not possible for all.

Scientific advancements has its own limit. Our world has improved a lot because of scientific advancements, no one can deny it. Our universe is made of five basic elements: 1. Earth/Prithvi, 2. Water, 3. Fire, 4. Space and 5. Air. By altering its proposition scientist today have achieved something which helps man to live in a luxurious way. Other than this it has not helped mankind to solve or know life's perennial problem of death, disease or ageing. He neither knows why is it happening or he has no way to prevent or avoid it.

Is it not everyone belongs to the same earth/world? Everyone took birth in this same world, lived and died in this same world. From where did they take birth? They lived for sometime in this world and then death overtook them. After death where did they go? Whatever body they took during birth has remained after their death and then it gets decomposed. So body is of any use only when it comes with soul. Without soul body is nothing but soil and returns there.

So Soul is of more important than body. Soul is taking birth in a body and when soul goes away from the body it is called death. So **birth and death is nothing but entry and exit of soul from a body.**

Our mother gives us only the body. This is possible by the union of father's vital fluid sperm and mother's vital fluid ovum. With this union body takes shape.

We call the mother's menstrual period as impure thing. Our body is nothing but our mother's impurity. Not only humans but for all other living beings also this applies.

This union of father and mother builds the foundation for the soul to enter in a body. When man and women unites, Siva and Shakthi unites, Positive and Negative unites then comes the power for all the locomotion in this universe.

When the body gets formed inside a mother's womb, **soul comes to a body only after 3 months**. This is a big miracle and a great wonder. **How does a soul comes in to the body?** Asking this question is the start of our Divine Wisdom. As we saw earlier body is formed in mother's body and with the grace of god comes soul.

Fate decides who should be born to whom. This all are devised by the supreme lord. By his grace soul gets inside a body. This is divine secret. We can only know what time it came or what time it comes, but not how it comes.

Now let us see what we mean by soul. Where is it? How it came to the body? Where is it located inside the body? In what form or what characteristics it exists there. One who knows this and realizes it is called Seer (Gnani in Tamil). He is the sithan. (See reference)

A foetus takes 10 months to become a complete baby. One month is actually 27 days. 27 Star System makes one month. So 10 months denotes 270 days.

Birth Pain is the indication that child is about to come out from her mother and enter in this world. Till that time, it consumes food from the mother through umbilical cord just like consuming cool drinks through a straw. If we think about all this we can appreciate the greatness and how amazing were the deeds of the supreme lord.

Will the creator not protect us? Yes he is the one who is saving us. He was with us when we were inside mother's womb and protecting us. Not only for humans even for other life forms also, infact for all the life forms he is the one who is feeding and giving protection. All these were done by the single Supreme Being. What a wonder and miracle were his deeds!

The single supreme creator also hides from us all the details like who am i? Why did i take birth here? How did I take birth? Hiding all these he makes us like an unknown child and makes us to roam in this world. What a divine game is he playing?

He, who made us to take birth, also gives opportunity to every being in various times in their life to know about him. But only very few use the opportunity to know him. That supreme creator, who is our father, is full of divine compassion and he is Ocean of Grace. He is showering his grace to all living beings to attain him. This is the appropriate time for all the human beings to know about him.

He who creates, protects, hides and gives grace also ends once life depending on one's actions/deeds (called karma in Sanathana Dharma). He destroys the body or gives another body of any living beings depending on each one's maturity and his deeds.

**The Supreme Being is only one.**

**When he creates he is Brahma.**

**When he maintains/protects he is Vishnu.**

**When he hides/makes us forget he is Maheswara.**

**When he showers his grace he is SadaShiva.**

**When he destroys he is Rudra.**

So that Supreme Being is making everything happen.

Everything is his will & deed.

Without him not even a single atom can move.

Being Atom within atom he rules the entire universe and showers his grace. What a divine game he is playing! Wonderful! Wonderful!

He is Atom within Atom, He is Everything, He is present Everywhere, He is the light of the entire creation. He is also our soul.

Being Omnipresent will he not be present in our body? He is also present in our body as our soul. **Yes even though he is omnipresent we can realize him only in our soul.**

This is the divine secret which our seers were telling us from the beginning of time. Vedas refer this as "Aagam Brahmashi" (Everything him).

Lord is Paramathma, ParamPorul, God of Supreme Divine Light (Arut Perum Jyothi Aandavar in Tamil). He has himself become small and present in us as our soul/jeevathma/Pranan. He is beyond our mind or senses. He can be reached by going beyond our mind. Since he is deep within us in Tamil he is called as "Kada Vul" ( Meaning Go Inside, Go Inside your body & mind).

**One who searches for him outside his body it is difficult to find him. One who searches him within his body he will see him with his own eyes. Searching for god outside is Bhakthi. Searching him inside our body is Divine Wisdom.**

Enlightened persons have told "God is within one's hand's reach". Our body is his Temple. All the Living beings were his form only.

Below is one of the phrase from Thirumanthiram written by seer Thirumoolar

*"For the Supreme Lord  
Our inner mind is his sanctum,  
Our destructible body is his temple,  
Our mouth is the entrance of this temple,  
For the realized people **jeeva or soul is the sivalinga**,  
The sense which deceive us were the lamp of beautiful bead"*

This is the truth exponent by Thirumanthiram. Thirumanthiram is the Veda for Tamil Language. This is the highest truth which everyone should know. This is the divine Secret.



The Lord is seated in our body as our soul. This supreme lord is supreme divine light and is present everywhere. He has compressed himself as **soul or jeeva** - tiny divine light and came in to our body. What a miracle is it? Why is he playing like this? What is the meaning of his divine play?

Till today all the seers who came in different parts of world and all the religions accept this divine truth “ **Supreme god is one only, His form is of supreme divine light, he is the one who is present as our soul, Without him not even a single atom can move**”. No one can reject this truth. All the major religions and seers have accepted this.

The Divine truth that needs to be known by all is  
***“The Supreme Lord is supreme divine light and he has compressed himself as tiny divine light and is present in this human body as our soul”***.  
Anyone who is born as human should know this divine secret.

One who knows this and realize this through a qualified divine teacher (I will call the divine teacher as Guru hereafter) only can realize god. We should get Deekshai from a guru and then should do penance. Only then we can realize lord and gain divine wisdom. God’s grace will be got only after this.

Without knowing or doing this, whatever other thing you do will not help you to get the divine wisdom.

Realizing oneself leads to god realization. Realizing oneself is god realization. To know the supreme divine light it is sufficient to realize the tiny divine light which is within us.

Only if we know where our soul is inside our body and how it is can we do penance. Let us see what the scriptures tell us about this.

In ***KathaUpanishad*** the hero character Nachikaten asks the lord of death (called Yama) about our soul and about the lord. To this Yama answers  
**“Lord is within every living human body in a place which is of the size of Chin Mudra in a form of smokeless divine flame.”**

Two things have to be noted here. One he is in human body and other he is in the form of smokeless divine flame.

Fine he is in our body. The flame that we see outside (in candle or any other form) has some sort of smoke (or residue) in it. But it is mentioned he is as smokeless flame (completely divine). This is also fine. This divine smokeless flame is our soul. **(In Tamil this divine smokeless flame is called as Jyothi. I will be referring as jyothi here after in this book)**. Now it is told he is present in a place of the size of Chin Mudra. This is again a divine secret which is to be known through a guru. To be known through GuruUpadesha. With all the humbleness i am making it known to you in this book.

Now read carefully. In human body he is in the place of the size of Chin Mudra. It is not told to sit with this mudra (as told by some yoga teachers). When you do this Chin Mudra Posture your index finger should be bend and touch the middle line of the thumb. This is the Chin Mudra in DivineWisdom way (Gnana Path). When you do this Chin Mudra and turn your hand and see it looks like our eyes. So it means **god is showing himself or he is accessible through our eyes. Light of our eyes is the holy feet of god.** This is the ultimate Divine Secret.

The above information is told in many beautiful ways by many seers, Siddhas in so many code words and made us think about this. Wisdom is complete knowledge. So everyone should think deep. Only then our knowledge and wisdom grows. For this only seers used so many code words and used many similes for the above secret.

In Bible the words **“God is as light, Walk in the Light and you will see lord”;** **“Eyes were the light of the body, if your eyes is full of light your body will be full of light”**. This is the wisdom told by Bible. So it means to reach god who is as divine light increase your divine light in the eye.

Not only Jesus Christ even Mohammad , Buddha , Gurunanak and all other seers from different part of the world has given the same upadesha.

**“So Soul is Lord”**. This is the divine truth. This is divine Wisdom. Knowing this is Guru Upadesham. **Showing the way to realize this is Deeksha.** One who knows this and does penance will reach god.

If one has attained or realized this wisdom then he would have thought this. Realizing oneself and realizing that Supreme god is within as our soul and does penance on this will realize and attain the divine wisdom. One who has realized this will have love towards all the life forms like God. He is the true seer or Gnani.

**“I Withered on seeing the withered crops”**. Such is the compassion that our saint and seer vallalar had on living beings. Since he saw the lord of supreme divine Jyothi he was able to see the lord in all the living beings. (Aanma Neyya Orumaipaadu).

**“Killer of Time is in my eyes, see it”** told by great seer (also one of the 63 Nyanmaar) Thirunavukarasar. The supreme lord is accessible to everyone and displaying himself as the light in the eyes of human beings.

Our soul power is reflected as the light in our eyes. We can see the whole world through our eyes. But we can't see our eyes. God is hidden within us. He is displaying himself in a subtle way through our eyes. All our eyes were handicapped now as it doesnot have the capability to see the lord residing within it. So we should convert our handicapped eyes to divine eyes by doing penance. Our Eyes should display divine light. Only then we can see the supreme divine light of god with our own eyes.

Now the question comes to all. **Does a blind person doesnot have soul?** Yes he too has soul. It is rare to get Human birth and it is still rare to be born without any

handicaps and deformities. To become like this we should have done lot of Punniya or good karma in our previous birth.

We have so far seen that soul is displaying itself through the light of our eyes. But where does it reside in our body? **Soul resides inside the head in its centre of the head and it is accessible through our eyes.**

The above truth is clearly spelt out by saint Thirumoolar in his thirumanthiram. From the top of our head one nerve comes down. Our eyes, ears and nose meet at a point inside our head. This place is above our inner tongue. At this point the nerve that comes down from the top of the head divides itself into two and comes to our eyes. This is again a greater Divine truth.

When a foetus is formed inside the mother's womb, by the union of sperm and ovum the first organ that gets formed is our eyes. A single eye gets formed first. Then it divides itself into two and by the heat available in the womb other parts of the body start to come to shape. Siddhars in their poem have told "Identify a person as Guru if he can tell you which part of the human body is formed first. Such a person is eligible to be called Guru and he deserves one's humble respect". To iterate again the first part or organ to form inside a mother's body is our Eyes.

After this by the grace of god soul will come inside a body. One's body will have characteristics depending on a person's karma. This was decided by the lord only. One who takes birth without any handicap or deformities has done lot of good deeds (good karma) in his previous life. One who comes to world with deformities has done lot of bad deeds (bad karma) in his previous life. So taking birth with deformities is not due to the karma of parents or his ancestors. It is his own karma. Whatever deed one has done goes to the doer as his karma.

The more sinful person takes birth as blind. Without the ability to see he is like a moving corpse as he will not be able to see the marvels of this world. More than this he does not have the ability to see the light of his eye and do penance.

So this means does a blind person not able to get the divine wisdom? "As we seen above soul is residing in the centre of our head which is exactly below the top of our head and above the inner tongue. So if he do penance on this place with the grace of god he too can get the divine wisdom and realize god. **So even a blind person can also get divine wisdom and realize god.**

One who has good eyes were really lucky ones. They can see the lord. One who seeks him will see him. One who seeks him inside the residence of lord i.e one's own body will find him. Knock the door of lord's residence with your consciousness and he will open the door and bless you. You ask and he will give you everything. When you do penance and become lord's child do you require anything else?

Getting birth without any deformities and getting one Gnana Sarguru (One who gives Deekshai) and getting upadesha and Thiruvadi Deekshai from him and also knowing the residing place of god and does Penance on him will convert his decomposable

body to divine light body. He will attain divine wisdom and realizes himself & god. Then he has no death and is always in divine bliss and also becomes immortal.

One is very lucky to get a guru and getting to know from him that God is accessible through our eyes.

Our soul is of similar size that is size of the tip of needle and it is a ever glowing divine flame. For all people this is similar and same.

Now our eyes which were the gateway for our soul is of same size for all the people. This is nothing but our **pupil** in the centre of our eyes which is similar and same for all the people in this world. First organ to form inside our mother's womb is also eye. Even after 100 years also this pupil does not grow or age. Without any support and without directly touching our body pupil is there. This our saint Thiru. Vallalar has told **"He is dancing without any support"** indicating our pupil

Siddhars poem tells **"Know the one which is round and solid and which is floating in the life fluid. This you see and find it"**. Do you know how our eyes were? After our white part of eye we have black part. In the centre of this black part of eye is our pupil. This pupil is there without touching anything. It will be rotating slowly. Inside the blackpart of the eye (Iris) we have the tears (which is called Prana Neer- Fluid of life). So within the Iris is the Prana Neer and in this floats our Pupil.

Pupil called in Tamil as KanMani or KrishnaMani is there as separate entity. It can be as separate entity only, because it is rotating slowly. One which rotates will be without any support. In the centre of the pupil there is a small hole of the size of tip of a pin. In this hole there is divine flame which is of the size of this tip of pin. This hole is closed for all by a small subtle layer. This is the state of our pupil for ordinary man.

First we need to see this divine flame in the hole which is at the centre of our pupil. This divine flame is the holy feet of lord. Hindering this vision is the subtle layer which hides this divine flame. This our saint Vallalar called it as screen. Light of soul is burning bright and this screen is hindering our vision to see this light.

This is depicted in all hindu temples as a ritual before showing the god's statue. Go to any hindu temple before they show the light(Aarathi) to god they will have screen covering the god's statue. Then they will remove the screen and show the flame to god. This is encoded message to us to make us think and know the truth.

In Vadalur, Showing Jyothi during ThaiPooam is to represent this one only. We will see the nature of this screen in the later chapters. This screen is made of three types of impurities (called MumMalam in tamil).

"I saw the Satya Gnana Sabai(TrueDivinePlace) within me" saint Vallalar words. Another siddhar refer this place in one of his poem "Come on let us roam in the forest which is of the size of tip of a pin". When we move in this place it is like a huge forest. What a surprise or miracle is this place. So to see the divine flame in our eyes (God's

Lotus feet) we have to remove this screen (MumMala Thirai) by doing penance. Once the screen is removed we can see his lotus, divine, golden and holy feet.

This is the way to reach god or soul and this way has been told by our seers. To get inside our body and see our soul and to realize our self, eyes were the entrance of the human temple. In the outside world temple is modelled after human body. In a temple TempleTower (Gopuram) is present in the entrance. Our eyes were the temple tower for entering inside the place where lord resides. So getting darshan of temple tower is equivalent to doing 1 crore (10 Million) Punniya.

Now we donate our eyes after our death. Any Normal person can donate his eyes to any one. There is no difference in it. In this world for all persons eyes were same and this is the only organ like this. There is no difference between the eyes. Similarly lord who is residing inside the eyes also do not see any difference between people. He is equal for all.

Saint poet ThiruValluvar in Thriukural has told the below poem

**“One who knows the similarity will live in this world forever, while others leave this world “.** This means one who realizes the lord within his eyes (As we have seen eyes were the similar one for all) will not die while others who donot realize this will die. This divine flame within our eyes is the only Truth (Mei) in this world. Here Truth means no change with time or anything. So this is called MeiPorul in Tamil. This Mei is In our Eyes, so Eyes were called MeiPorul (One which contains the Truth). MeiPorul can be literally translated in English to mean TrueWealth. So Light of our Eyes or Lord’s holy feet is the only True Wealth a person has.

This eyes contains the lord of True Divine Light, hence Eyes were MeiPorul.

Again Thiruvalluvar tells in his poem **“Material world donot belongs to people who donot have Wealth, while Spritual world donot belong to people who donot have wealth of God’s Grace”.** Here Thiruvalluvar by wealth means “TrueWealth” which is MeiPorul. So those people who do not have this MeiPorul this world is not ideal place (for blind people world is not a ideal place). One who meditates on the Meiporul will get God’s Grace and become eligible to live with him.

Within us in our head that supreme lord is hiding himself as our Jeevan, as our pranana (soul).

Me which is my soul has no death to it. I donot know how many births i took. But in this birth itself if i realize that i am part of the supreme lord then i can escape from this never ending birth-death cycle. I am which is soul is similar to God. It is part of that supreme lord. (Agam Thatmaisi). **Our soul is divine light which is tiny part of the supreme divine light.**

## 2. Birth and Death

Because of his ignorance, man has been held in the repeated cycle of birth & Death. The Supreme being's divine play is to get the man out of this repeated cycle of birth & Death. In Hinduism this birth & Death cycle is called as Samsara Saagaram.

**“Death is like sleep and birth is like waking from the sleep”**

- Divine Poem Thirukural by Thiruvalluvar

By this Saint Seer Poet Thiruvalluvar conveys that only the body that is containing the soul is undergoing death but soul is ever there and is immortal. When the soul undergoes deep sleep then the body dies and coming back of the soul from this sleep is birth. This birth happens in a new body. This is divine wisdom and told in simple words by saint poet.

What is the end of this never ending cycle of birth & death?

**Siddhas has sung “When will i attain the state which gives the bliss of sleeping without really sleeping”**. So sleeping in one way is equivalent to death. Human Beings! do not sleep. Open your Eyes, Wake Up and Do work. Keep working till you attain your destiny (true destiny of human beings). Our True Destiny is attaining immortality and divinity.

Birth is nothing but coming of Soul in to our body. Divine wisdom (Gnana) is nothing but making the soul to live ever in this body. That is avoiding death and not allowing the soul to leave this body and making it to reside in the body for ever. This state is divine deathless life. We will take a new birth only if we die, there is no birth if there is no death, isn't. Avoid Death to avoid rebirth.

Why does death comes to a body? Why the soul needs to go out of the body? Only if we know this we can see the ways to prevent death. Death is not the unavoidable thing. One gets death because he does not know how to live. Our seers have told the ways how to live our life. They have told ways of what to do from morning to night.

**“Good Character and Virtuousness is to be given more importance than our own life”**

- Divine Poem Thirukural by Thiruvalluvar

Virtuousness is the only thing that makes the man to become divine. We have to treat our virtuousness more than our life and have to follow the good character and behaviour throughout our life. If one treats this virtuousness more than his life then this virtuousness will show the way for one's to realize god. This is what told by the saint poet Thiruvalluvar.

The Virtuousness is of two types. 1. Virtuousness of the body and 2. Virtuousness of the soul. Since both the soul and body were related we need virtuousness to keep it together. This virtuousness of the soul is what our saint vallalar calls as Jeeva karunyam (Compassion to all living beings) and everything comes under it.



People will understand better if we tell what things that were non-virtuousness are, and what are the things to avoid for getting virtuousness. Whichever destroys our body and which makes our soul to leave our body soon were non-virtuous things. These were called as Pancha Maa Padagam (Five Great Sins) in Hindu Scriptures. What are they **1. Lying, 2. Killing(violence. Even eating meat or Non-veg comes under this), 3. Theft, 4.Liquor and 5. Lust.**

Do not even think or go near to anything which makes our intelligence dull and reduces our alertness. Avoid persons Who ever possess them. "Move away from a person lacking virtuousness".

Food is the necessity for the body. To live we require food, water and air. We have to drink only well boiled water. Plant more trees in our surroundings and get pure air. Eat only pure vegetarian food.

**"All Souls will worship a person who has done away with killing and eating meat(Non-Veg)"**

- Divine Poem Thirukural by Thiruvalluvar

Who doesnot kill any life forms and who doesnot think any harm on other living beings and who doesnot eat any Animal food will be the person who will be worshipped by all souls. Let we not be worshipped at least, we have to behave such that other beings should not have complaints on us.

**One who treats all the Souls as his is a true spiritual person.** He is called a person having the virtuousness of seeing unity across the soul. Since our soul is god means all life forms were the forms of god. All life forms were worshippable. One who realizes this is Gnani or Seer or Siddhan.

First we can become as humans if we follow the path told in the Tamil Book Aathisoodi by Women Saint Avvaiyar.

**"A person who has Ghee after melting it and who drinks water after boiling it and increases the intake of buttermilk will get cosiness" - Siddhar Therayar**

As we see from the above content one has to take ghee after melting it and drink water after boiling it. Donot take curd, but add lots and lots of water and then intake it as buttermilk.

Our life is for living only. We have taken birth for a good and divine living. We didnot take birth to die. We have to live such that our virtuousness is praised by our country, our neighbours and all the people. Only such a life will leads us to immortality.

It is fools opinion which tells one can live life as per his wish. Only if we lead our life as per the advice and teachings of great Gnanis and saints, we can see the supreme lord.

We have to live our life as told by our seers who were realized persons. Our life should be modelled as per their teachings. Our seers have told to get a good guru and know the MeiPorul and do Penance on it.

Life is not just for eating and sleeping. If we sacrifice our sleep our lifespan will increase. If one practices and achieves to sleep just one hour a day (Here not sleeping also means

being alert and avoiding dizziness), then he will get a lifespan of 1 thousand years. This was told by our saint and seer vallalar. Now why we are sleeping for so many hours a day? If we lose our sleep we become tired and dull. Why is it?

Depending on our food intake, state of our mind and physical work, our body becomes tired. When it becomes tired all the internal organs of the body needs rest. So we sleep. Once we awake from our sleep, we feel fresh. In Tamil when one gets heavy sleep we tell Sleep is binding the eyes. Since our soul is inside our eyes (Eye is the gateway of soul) and it needs to take the state of rest or sleep we tell our soul is getting binded in sleep.

When we sleep our soul is suppressed. When our soul is suppressed we struggle to do any work or we feel energy less.

There were many saints who have suppressed their soul in the divine source and go to the jeevaSamadhi State. But our saint vallalar says such a state is not the final one to attain.

**Without consciousness if the soul is suppressed it is sleep. Knowing the soul and suppressing it wilfully in the divine source is Samadhi.** For ordinary people sleep is considered as a blessing. They get rest in sleep. So what is rest? It is a state of “doing nothing.” “Doing Nothing leads to divine wisdom”. Without your consciousness doing nothing is rest. With Consiousness and with realization doing nothing leads us to get divine wisdom. To be with consciousness and to do nothing we need a Guru to guide us.

Knowing our soul and without suppressing it in the divine source and being with our full consciousness is the divine wisdom state or Gnana nilai. This is also called Mona Nillai in Sanathana Dharma. **“Attaining Samadhi State is not the correct thing. Being in the blissful state without doing anything is the correct thing”. – Saint Vallalar.**

Being in the divine blissful state without doing anything will lead us to immortality.

God has made us to take birth in this world. What our saints and seers tells us about our birth is as *“Whatever a soul does in a body becomes as karma. Good thing comes to us because of our good deeds or good karma and bad thing happens to one based on his bad deeds or bad karma. So whatever one does it come back as karma. A Soul is born in this world with a little karma that it has commited so for in all its births. What type of karma one soul should take while in a particular body is decided by the God. This Karma is what is called as Prarathuva Karma. Based on this karma and by the will of God soul takes birth in a particular place, to particular parents and at a particular time.”*

Without knowing about himself a man grows and lives. Time goes on. Lord of Death (Yama) is also called Time in Tamil waits for a suitable time to come and take our soul from the body. When a man is living in the body god provides him with various means to realize him. This is god's divine grace. If god does not bless us by showing us the means to realize him we can never know him.

Only few of the human beings try to realize him and these were the ones who have done lot of good deeds (good karma) in previous birth and who have gods's grace. Even these people first will follow the path of Bhakthi yoga (Saraiyai), Karma Yoga (kiriya) and Raja yoga (Yogam) and at the end if they have good karma will get a True Guru called SarGuru. One who has got a SarGuru and Gnana Guru is really a lucky guy. Gnana SarGuru is one

who tells about the “MeiPorul” and makes one to realize it. He is MeiGuru (Can be taken or called as True Guru”).

It is just not sufficient to know what is meant by MeiPorul. One has to get Deeksha from a Gnana SarGuru. A person who has got Deekshai from a Gnana guru has the advantage to attain the Divine Wisdom. Such a person is called “Aanma Saadhagan”. He is the one who can walk in the true path shown by the saints and seers.

A person will come under the direct monitoring of a seer if he has got Deekshai and who has got the divine consciousness in the pupil of his eye and does penance. A seer takes care of him by giving Deekshai. Such a person is called “Duvichan”. Such a person is said to have been “born twice”. Du – means twice and Duvichan – born twice. A person who takes the first birth in the mother’s womb and by the compassion and grace of a Gnana SarGuru he takes birth in the subtle body. Guru Deekshai is the other birth. One who has taken birth again like this only can attain the Divine Wisdom or Gnana. Duvichan is not some one who has dead and has taken the birth again. Duvichan is called the disciple of a guru.

This is conveyed by **Siddhar Agasthiyar** as **“Need to know how to born differently”**.

**Jesus has told this in Bible as “One who doesnot take birth again will not be eligible to enter the Divine Kingdom”**.

As told earlier Prathuva Karma is the karma with which one takes birth. This karma is responsible for all the things that happen in one’s life. A man who responds to this karma or whatever deed he does in this present birth is called Aagamiya Karma. For Duvichan this Aagamiya karma has no effect on him. It goes to his Guru. Duvichan when doing penance Guru will take care to see that karma is not affecting the person.

A person born with PrathuvaKarma if he gets a GnanaSarGuru, then Guru will see that Aagamiya Karma will not affect him. By the grace of Guru and by doing penance continuously all the karmas will come and go off just like a arrow aimed at a person’s head going off with head’s hat. When the karma starts to go off like this one will start becoming purer and purer and the Duvichan will walk steadily towards divinity.

When the Prathuva Karma and Aagamiya Karma goes off then remaining karma that is Sanjitha Karma will start coming and affecting the Duvicha. But it does not matter what comes and what goes. If one continues to do penance all the karmas will be burned down by the grace of Guru.

So one who is born by the parents will become Duvicha first and by his effort (Penance) and Guru’s Grace he will attain the supreme divine blissful lord.

A person born with the physical body realizes the subtle body within him through the grace of guru and attains it. He also realises the god who is responsible for all these and get the divine blissful state and attains immortality.

One who takes birth again in this present birth is eligible to become Muktha, Siddha and Gnani. We get this rare human birth only after lot of births. Only after taking lot of births we get this human birth. One who neglects this birth will need to take lot of birth again to get this human birth again.

Of the total 84 lakhs possible births available, this human birth is the best of them and the rarest of them. We all have got such a rare human birth through our parents. So is it not that we need to get the other birth (through Deekshai) through our guru. Only through a Guru we can burn off all our karmas and can realize and attain God. God is ocean of compassion. He is ocean of grace. One who seeks him will certainly reach him.

**“To get rid of ignorance of birth seek the wisdom available through the Reddish thing”**

- Divine poet Thiruvalluvar.

Here Thiruvalluvar tells birth is ignorance. Whoever is in the clutches of Ignorance will take birth again. To avoid this ignorance that is to avoid birth our wisdom & knowledge should grow. We need to go to a SarGuru, get deekshai and know from him how to do penance. **When we do penance our eye will become reddish.** This is what Valluvar tells us as reddish thing. One who is able to get this reddish thing will be able to avoid birth again.

As we saw earlier our soul is suppressed during sleep. During death it goes out of our body. During unconsciousness it is confused. Keeping it in its own state without making it confused, suppressed and not allowing it to leave the body and increasing the divine light of it such that it increases its size from the size of tip of needle to spread completely over our body is divine wisdom. Our body should acquire the divineness of the soul and it should shine with divineness. This is divine wisdom. Our handicapped body should turn in to divine light body and in short this is divine wisdom.

**“One who has completed the process of seeing god as deity as statue, in temple and has bathed in water of holy places will get a SarGuru by God’s grace”**

- Divine Saint Poet Thayumana Swamikal

If a person has true bhakthi towards god and if lives the life with humbles, with full of virtuousness he will get a good SarGuru by the grace of lord. Guru will come to such a person by his grace. Listen carefully if you are a true and dedicated bhaktha of lord then god’s grace is such that if you get a good Guru.

We have to gain divine wisdom by doing penance by the grace of Guru. Study the life history of all the saints and seers, we can see all has done penance and all has suffered a lot. Without suffering or doing penance no one has got divine wisdom! You won’t be paid without doing work right? Similarly unless you go to a Guru, get to know the MeiPorul, realize the consciousness and do penance continuously you will not get divine wisdom and you will not realize god.

In Today’s world people think spirituality means going to the temple or doing puja or bathing the deity in milk and other noble things or going for places of holiness or providing food to the people or doing pranayama or singing bhajans or doing meditation. All these things were the steps to achieve divine wisdom or Gnana. All these will come under Bhakthi, Yogam and Karma Yogam.

Divine wisdom is first realizing oneself. Getting to know who am i. **To get this divine wisdom , to get God’s grace we definitely need bhakthi/devotion. Bhakthi is the foundation for getting near divinity. Without Bhakthi there is no divine wisdom.** You

could see people talking and debating about god by studying scriptures. They are the egoish people. They are more interested to display their knowledge of scriptures. For them there is no possibility of even nearing the supreme divine lord. One who surrenders to the lord in humbleness will get the divine mercy of lord. Love and Humbleness only will give you the divine wisdom.

In today's world there are so many people claiming themselves to be true gurus. They are more interested in establishing ashramas and they attract so many people with their glamorous deeds. They utmost teach yogashanas and pranayamas. We can see all these Gurus life getting over and they suffer threefold miseries of age, disease and death. There are some gurus who will never talk about lord or divine wisdom. They donot even know what is divine wisdom. They are more interested in doing worship to small deities and have acquired small powers. But the world goes beyond these people only. Today these type of guru's has established big schools, hospitals and temples and have consistent income through it.

Beware donot go to these type of Gurus and get yourself cheated. See all type of gurus. Find yourself who is teaching about god and who is teaching you to attain divine wisdom. Read scriptures from all the religions. Read the life history all the saints and seers. Realize the truth.

Is not all the religion talk about the same supreme lord? All religion teach you that way to god is through love and love for all the souls. To reach god one needs good virtuousness, humbleness, love for all living beings, merit full character, one good SarGuru and listening to the discourses of the holy saints and seers.

There is no difference among people in terms of caste, creed, race, language, nation or religion. All the people of the world were the children of that supreme divine lord who is called paramathma. We are all jeevathmas. We all are equal before the lord. He is within us as divine light in the size of tip of needle for all the humans. Take this strongly in our mind and avoid seeing differences within humans.

**“Every Land is mine and Every One were my brothers and sisters.**

**Goodness and badness will not come from others”**

**- Divine Tamil Poet  
KaniyanPoongundranar**

This whole world belongs to the humans only. We all belong to the same divine family. We are all brothers and sisters. We are all Jeevathmas. For all the living beings god is the true father and mother. That supreme diving being is only one. This is the divine truth. No one can deny it.

One who does not know this is equivalent to a child. One who doesnot understand this has no knowledge. One who doesnot accept this is a bigger fool. One who doesnot take this is not a human being at all.

Whatever good things and bad things happen in one's life is due to his deeds (his karma) only. One is responsible for the happenings of one's life. No other one is responsible for it.

Depending on one's deed it becomes either as good karma or bad karma and comes back to him. One has to be responsible for all his deeds. This is divine law.

**“If you do bad thing in the early hours of the day it will come back to you in the late hours of the day”.**

- Divine Tamil Poet Thiruvalluvar.

Whatever good or bad we do to other beings it will definitely come back to us.

Whatever you sow you have to reap it.

The deeds were like a ball thrown on a wall, and it bounces back on you. We have committed lots of good and bad deeds in lots of our birth and these were present in sacks of sacks. We cannot be paid for everything in a single birth. We can't tolerate it. Since god is merciful on us he did not give all the karmas in a single birth. Instead he has taken some good karma and some bad karma of us and attached it with our soul and made to take birth in this world. This is the Prathuva Karma which we have seen already. This is the secret of birth.

**“Only our two deeds (good and bad) follow us everywhere and in every birth.”**

The above is a song by a siddhar. This is the divine truth. So when we take birth the karma we take in to this world is Prathuva karma. With this karma or in response to this karma whatever karma a man does in this present birth is Aagamiya Karma. Prathuvam which is our fate will combine with Aagamiyam to increase or decrease our goodness or badness. That is if we commit good deeds our good karma will increase and if we commit bad deeds our bad karma will increase. By doing either of this and increasing his load of karmas a man dies. After dying he carries with him the karmas alone and nothing else.

So the karma that come with us during birth will be carried on during death. It might have reduced or increased depending on one's action.

Now think about this very carefully and attentively. With god's grace we came to this world with some karma and why we need to die with karma. Instead of doing something as per our wishes dictated by our senses and going to death, if we can burn off or erase our karma by living a life as told by our seers can't we live for ever. Only if we have karma we take birth. Only if we have karma we undergo death. If we get rid of all our karmas we have no death. If we have no death then there is no birth. Isn't?

So following seer's words and putting in to practice is the best way to ward off our karmas. This is the divine way. This is the intelligent way. This is the only way told by our seers. This is the way to attain divine wisdom. The way to this way is in our eyes, alertful and open eyes.

Our divinity is in our eyes and this divine thing is in the size of tip of needle and shining there. We have to realize this through a qualified SarGuru, do penance on this to realize ourself and lord. The lord who is as our soul is hidden by our karma and this karma has taken the form of fate and hindering our vision to see the lord. If we get deekshai from a guru and continue doing penance the layers of karma which is hiding the divineness of our soul



will go off. The karma will be removed slowly but definitely. It is possible. For everyone it is possible. We need not take a separate birth to do this. In this birth itself it is possible.

**“One who tries never fails”.**

To give you the grace of divine wisdom and to remove your karma our saint Vallalar is eagerly waiting to help you.

**“Come on humans, you can all achieve immortality and live a divine blissful life” as told by our great saint Vallalar Ramalinga Swamikal.** He is calling all the people. Come on you people , you all can achieve the divinity and become immortal. Come to Thanga Jyothi Gnana Sabhai. Come to kanyakumari.

Without any tiredness/dullness of the mind if one does penance continuously even all our karmas can be won over. This is told by divine poet saint thiruvalluvar. If we keep doing penance continuously and our mind is kept on the divine light of our eyes and being one with the consciousness without doing anything then all the karmas which is coming and which is about to come will burnt down. If we get rid of our karmas then there is no death to us. This is possible for all the human beings as we have seen earlier.

**“Futility does not comes to a person even a day who does penance”**

- Saint tamil poet Avvaiyar

This is the encouraging words told by Avvaiyar. Who does penance on the divine consciousness as told before will not be affected by the effects of karma even for a day. This is divine truth.

**“One who tries will achieve divine success”**

Get a Gnana SarGuru and get Upadesha and deekshai from him and do penance continuously and your karmas will be done away with and you will be one with the divine lord. This is again divine truth. Only if we have karma it is me. If it is done away with there is no hindrance between me and lord. I am god. I am that. That is me. This is what we want.

When we become that where is death? Where is birth? Where is sorrow? It is always divine bliss and divine happiness. When we remove the hindrances hiding our divinity our divine light will glow more and more and we achieve blissful divine light body.

### 3. MEIPORUL

In this chapter we shall see what is meant by MeiPorul (True Wealth or True Thing).

**“Whatever a thing is and whatever is its state, wisdom is to see the True thing in it”**

- Divine Tamil Poet ThiruValluvar

By the above poem Thiruvalluvar means that True wisdom is to find true wealth(MeiPorul) using any available thing in whatever state it is. This will be the characteristics of people with divine knowledge. They will see the true thing (MeiPorul) in all the things. Now what is MeiPorul?

Mei in Tamil means Truth. Another meaning of it is our physical body. The True Thing in this physical body is our soul. Truth is the one that is indestructible and beyond time. Our soul is the truth and that is inside our body. Our soul is small divine part of the supreme divine being. We call our soul Jeevatma. **Our Soul is accessible to us through our eyes.** Because of this reason seers have called our eyes as MeiPorul. Paramatma who is present everywhere is present within us in our eyes. He is in our MeiPorul.

**“Whatever you hear from whom so ever wisdom is to see the meiporul in it”**

- Divine Tamil Poet ThiruValluvar

Even if people talk and discuss various subjects and things if you think deep you can find out that the base and beginning of all will be supreme divine lord. If you think with divine wisdom you can find that all are talking about MeiPorul. Take any teachings and analyze it with your divine wisdom you can find out that all are talking about the same MeiPorul, the true thing within you. If you want to understand that every teaching teaches about MeiPorul then you have to cling on the MeiPorul. That is possible only if a Gnana SarGuru makes us to cling on it. If you surrender to a Gnana Guru he will make you to cling on this MeiPorul. If you cling on the MeiPorul with Guru's grace then the divine light of the MeiPorul will become yours.

**“Guru will tell you what is meant by MeiPorul” - Siddhar.**

It is the seer Thiru. Thiruvarut Prakasha Vallalar who made me as Guru and sat me in Kanyakumari's ThangaJyothi Gnana Sabai and made me to give Gnana Upadesha and write books on Divine Wisdom and through me giving Gnana Deekshai to all the people of this world. This is the 24<sup>th</sup> book (SakaKalvi) that I am publishing with his grace. I am teaching and showing the way how to become immortal. Come and learn this. Our lord who is as divine light in the pupil of the eyes will not forsake anyone and he is ocean of compassion and grace. Cling on to his lotus feet and he will lift you up and give you a divine blissful immortal life.

“Which is the first organ to form in the body? Which is the place where six five and 2 petals were formed? Which is the place where the troubling five senses gets controlled? If a person

can answer this then we can offer him our humble respects and can call him as Guru. “ -  
Siddhar Poem.

**The first organ to form inside mother’s womb is our eyes.** The divine light of the eyes were responsible for the formation of the body.

It is lord muruga who has six faces and appear as six band of light and it is lord Ganesha who has five hands and who is the head of all the senses in the body and will appear as OhmKara and two petals were nothing but our two soft eyes which were as soft as the petals of the flower and the divine light is the one appearing in our eyes.

The five basic elements were all present in our eyes. Our eye has tears in it. It represents basic element water. The flesh of the eye represents the basic element earth. You have noticed the tears were sometimes hot. This means there is fire inside our eyes. So if fire is there then there should be air. So all the four basic elements can be easily understood to be in our eyes. Now where is the element sky in the eyes? This is the secret. Look at the structure of our eyes.

In the outer we have white layer. In the middle of it we have Iris. In the centre of iris we have what is called as pupil. In Tamil it is called KanMani (meaning bell of the eyes) and KrishnaMani (bell of LordKrishna). This pupil is in the middle of iris and inside the iris and it is hanging there without any direct support. This is where we have the last basic element which is sky. In this way all the five basic elements which represent the five basic senses were present in our eyes. All the five basic senses will come under control in the eyes only.

I have told every divine thing without hiding any thing. There is no secret in divinity. I have told all these with the grace and blessing of my guru. Can this humble being be considered as Guru? I will still tell more. Keep reading.

I told that our pupil is hanging without support. Is it possible for any material to hang without support? How our earth is there. Is it not hanging without any support? Our pupil is hanging there just like how earth is hanging in the sky. Seers use to tell “**Whatever there is in the universe is also there in the human body**”. How it is there in universe the same way it is there in the human body. This is the truth.

Our earth is like a round ball. It rotates on its axis . It is rotating in the sky. For this there should be some reason or force making it to rotate. Is it not? The reason for this is the fire which is at the centre of the earth and by its energy and force making the earth to rotate on its axis. This is also responsible for the gravity of the earth. Now in the centre of our eye pupil in the size of the tip of needle there is divine fire glowing. That is why pupil is hanging and rotating just like our earth. So the pupil is in the sky of the body. By this we can say that there is fire in the centre of the pupil.

The saint seer and **Siddhar Pattinathar says “It is as beautiful as world and has three eyes and it is sugarcane in the shores of Otrriyoor”**. Our eyes were beautiful as our earth. What is meant by three eyes? Outside the eye it has three layers the white layer, black iris and black pupil. If you see inside of the eye the right eye and left eye will go in and meet in a centre place which is straight inside of the forehead. This place is called 3<sup>rd</sup> eye or NettriKaan. By this the human has three eyes. He also tells it is the sugarcane in the shores of a place called Otrriyoor. Now let us decipher this. We can’t take literally these words. We

have to decipher it. We all know that sugarcane will not grow in sea shore. By this he is meaning the divine light of the eyes in which tears flow out like sea and the divine light is in this shore. Our tears were salty like the water in the sea. Is it not. Also in tamil if you split the word for sugarcane it comes as KarumPoo (Karupuu + Poo) which means black flower.

Do you find black flower in any part of the world. We call our eyes as flower (KanMalar). So pattinathhar is refereeing to our eyes only. He is telling it as it is as beautiful as the earth and has three eyes. He is refereeing to our eye structure in our head and making us to think by his words.

Like this all the seers and saints has mentioned about our eyes as the Meiporul as it contains the divine light of the Supreme Being. They have used so many different words to describe it.

You would have heard lot of so called Gurus tell you to meditate on the centre of the eyebrow. Did they tell you correctly what the centre of the eyebrow is? If you ask anyone they will show you the place where we will keep the holy ash or saffron in our forehead. That is they will tell you this place is in between the two eyebrows. The seers have not told it is the centre of two eyebrows. They told centre of eyebrow in singular way (PuruvaMathi). If we see now there is nothing centre for a singular, the thing below the eyebrow is our eyes. We have to think like this and find answers for the poems and teaching by the saint. So all the seers have told about our eyes. We have to know the state of our eyes.

Another siddhar has directly told that eyebrow centre is our eyes only. The conundrum told by a siddhar is opened by another siddhar. Like this way all the siddhars, saints and seers have referred to our eyes as the MeiPorul and told in many ways using many similes.

Another siddhar song **“Eyebrow center is nothing but the top of the earth which is as parabrahmam”**. See how sweetly and how by using a simile he has told. Our pupil in the eye is round like the earth and it has the divine light which is parabrahmam. In this way everything refers to MeiPorul only.

Our seer and saint Vallalar has told clearly “The lock of the eyebrow which is the centre of the eye, you find it, open it with ecstasy, drink it and attain divine bliss.

“The centre of the eye is the lock of the eyebrow”. Do we require further more light on what is centre of the eyebrow.

Another siddhar in his poem has told this “The Lock has to opened with hands and the lock of the mind has to be opened with truth”. So do you want to open the lock in the centre of the eyebrow? How do you open it. With our hands only. Here hands refer to our eyes. Our eyes were the hands for us in spirituality. Our eyes were the holy feet of the lord. Since our divine light is the ultimate truth this siddhar ask us to open the lock with this divine light in the eyes. By this he discloses another divine secret. Our mind is present in our eyes. We have to open our mind with the help of our eyes. What is truth? Truth is one which is not destroyable and beyond time. The truth is supreme divine light which is present in our eyes. So using this divine light open the lock of the kind and the door will be opened. This is the divine secret.

**“The Chakra that is not cut, Mantra that is not spoken, Flower which is not reachable to others, Holy water that is always perennial, Linga that is not bound, Offerings that doesnot go to mind , this is what my Guru has told in his upadesha.” – Siddhar song.**

The above poem refers to the MeiPorul only. It was told in lot of coded words and has to be deciphered to know its meaning. Let us see the meaning of the above song below:

**“The Chakra that is not cut”** -> The Pupil of our eye is round and solid. Like the rolling of the chakra our pupil is also rotating. Our pupil is not formed or made by cutting. Without any cuts or joints it was formed as such by the supreme lord. That's why the pupil of our eyes is the Chakra that is not cut.

**“Mantra that is not spoken”** -> Mantra is the holy word which is uttered by thinking about the lord in our mind. There are so many mantras available. Vallalar has told “What did you get by uttering all the seven crore mantra in the scriptures. “ Another siddhar by the name sivavakkiaar says “I have uttered so many mantras”. By this they mean mantra is not just uttering or repeating the words. Mantra is not just repeating the holy words again and again. Mantra means keeping the mind skilful and strong. You have to keep the mind in a place where the mind remains strong and skilful. This place is the pupil of our eyes only. As we have seen already there is small layer which is covering the centre hole in the pupil. This hole is of the size of tip of the needle. This layer is made up of 3 types of impurities (we shall see about this in the subsequent chapters). Our mind is present above this and functions as per these impurities. The mind comes out through this layer. So our mind is before the pupil in the subtle dimension. If we keep the mind in the pupil itself skilfully it is mantra. So Mantra refers to the skill of keeping the mind in the place where it is originating. This place is the pupil of the eye and it is called mantra. Our Eyes does not speak is it not. So Mantra that is not spoken again refers to the pupil of the eye.

**“Flower that is not reachable to others”** -> We refer to the eye as flower in Tamil. Can someone reach/used our eyes, meaning can our eyes be used by someone else. The eyes which is the MeiPorul is reachable for them only. The flower which is as eight is which is not reachable for others refers to the pupil of the eyes.

**“Perennial water”** – We have water (tears) in our eyes. Can someone tell how much water is there in our eyes. The water comes on our eyes always and perennially generated in our eyes. When we do the penance by feeling the consciousness in the eye and by realizing it in a relaxed way tears/water will flow out from our eyes like a waterfall. This tear coming out thus is the holywater. The holy water in our eyes for an ordinary man is not fetched out and it remains there. When we do penance and when the holy water comes out it is the theertha. Bathing completely on this water is the Ganga Snana. One who gets drenched and bathes in this holy water is the one who gets the divine wisdom.

**“Linga that is not bound”** – In all the temples we see that the linga is bound in the ground. Which ever made by human hand is the linga form found in the temple. But our eyes are not made by the human hand. The shiva Linga upper part is the linga, the central solid and long part is called Avudai. This is used for discharging the water that is performed as abisheka to it. The bottom portion of the shiva linga is of rounded shape and it holds all the upper portions. So the shivalinga is of three parts. How this will become or represents our eyes? If we look at the shivalinga from the top how does it look like? When we look from the top we

can't see the height of the linga. We see three concentric circles. One is the smaller upper circle, next is the circle of the Avudai and the lower one is the circle of the bottom one. So if we look at the shivalinga from the top it will resemble our eyes. So our eyes which hold that shiva in the form of divine light and which is blessed by the lord in our eyes. So **“Linga that is not bound is our eyes”**.

**“Offerings that doesnot go to mind”** – All the actions that we plan and do in this world including the offerings that we make to the lord is done by the help of our mind. First we determine what has to be done and then we do the offerings. Chanting, Doing Homas, Pranayamam, VaasiYogam, puja, bathing the holy lord's form with water and other holy stuff is all done with the help of our mind. But the penance that we do by feeling the divine consciousness, realizing the divine consciousness and in a relaxed way will not trigger our imagination and doesnot go to the mind, instead the wavering of mind is stopped. The divine penance that is Thiruvadi Deekshai which is done on the MeiPorul is the one which doesnot affect or go to the mind. Being still with the mind fixed on the Thiruvadi divine consciousness is the Gnana Nillai. This is the MonaNillai. One who tells this is the MeiGuru. Guru is the one who shows the MeiPorul to us. He is the true guru. He is the Gnana SarGuru.

Our divine saint and seer Vallalar has told thousands of time in his divine poem Thiruvartpa that our eyes, that is pupil of the eye is the MeiPorul and has shown the way for achieving the divine blissful immortal life.

**“Open the lock in the centre of the eyes through a qualified divine teacher and that will give you blissfulness.” – divine saint poet Vallalar also called Ramalinga Adigalar.**

So from this we can understand for all of us the centre of our eyes has been locked. Is it not. Who has locked it? Why is it locked? With what is it locked? Don't we need to know all these?

In the centre of our pupil there is a small hole in the size of tip of the needle. This hole is closed by a thin layer. Inside this the divine flame or light of our soul is shining with divine flame. This layer is nothing but our three impurities. VallalPerum calls this layer as screen. It is the divine supreme lord who has created and made all these. The saints and seers have seen this and realized all this.

The layer of screen which is covering our divinity is the one that needs to be removed. **If we remove the screen, (the screen in the meiporul) then we can see the divine light of our soul.** This is the state which gives us divine bliss and this is the state every human being has to achieve. This is the supreme goal every human has to achieve.

To see ourself and to realize ourself we need to know our meiporul, get the divine consciousness in it with the help of a guru and do penance on this. We have to offer our humble respects to our SarGuru and do the penance.

Our ancestors to help us achieve this state has told about Meiporul in all the stages of one's life and kept all the things in a order to represent the Meiporul. Even the name of the lot of towns in TamilNadu indirectly represents this Meiporul. ThiruKannapuram, EnKan, Ettukudi, Thiruvaduthurai, KurungKudi all this town names represent our meiporul that is our eyes. ThiruKannapuram means divine lord who is residing in the town of Kannapuram. Kannapuram means town in the eyes. The number 8 and 2 is our eyes which is EnKan.



Ettukudi means the lord who is residing in the number 8 of our eyes. The divine supreme flame which is dancing in the place called Thiruvaduthurai. KurungKudi -> since the divine light is present in our eyes in the place as small as the tip of the needle and hence the name. By this we see all the place represent the explanation of the MeiPorul.

“Thambaram” – Thaam means us. We are param. This is the meaning of Thambaram.

“Chidambaram” -> Small Ambaram means small temple that is Chidambaram.

**Lord Krishna in Tamil is called Kannan. Kan means Eye in Tamil.** He is none but the light in our eye. This is the meaning of Kannan. The pupil of our eye is called KrishnaMani or KannMani. The lord Ganesha is called Ganapathi in Tamil. Ganam means senses. So Ganapathi means he is supreme master of our senses. “One who gets darshan of ThiruKannai Mangai Nethra Darshana in Thirupathi will attain Moksha” – divine song. Nethra means eyes. You might have seen the eye hospitals by name Nethralaya. So Nethram or Nethralaya indicates the eyes. There is a ceremony called UpaGnana in India. In this ceremony they will put the holy thread on one’s body. This ceremony is similar to purifying ceremony in Christianity. Upa means Support and two. Gnanam means our eyes. This ceremony indicates the knowledge of our divinity that is residing in our two eyes.

In Villages in TamilNadu elders if they want some one to go to some place and come they will tell go by 2 8. This 2 and 8 is the code word representing our eyes. This has to get to our mind. We have to go to the divinity through our 2 and 8 which is our eyes. Catch this 2 and 8 and you will reach the supreme.

Our supreme divine lord is not somewhere far and away. He is in the place which is easily reachable to us. He is as eight in two and in the MeiPorul.

Till this time all the people has kept this divine wisdom as confidential. There is nothing secret in it. The Divinity is in our eyes only. Everyone has told in code words. With the divine grace and blessings of my guru ThriuvartPrakasha vallalar and by the supreme lord i am the first person to tell this divine secrets to all through my books and released them.

There is no saints or seers who have not talked about meiporul. But all these were in coded form and can be known only by the guru. For the benefit of all the human beings in this world and for all the human beings to attain the divine wisdom the saints and seers have made me as a tool and through me they have written 24 books on this divine wisdom. The grace and blessings of all the saints and seers were with me and protecting me. JesusChrist. Mohhamed Nabi and Vallalar teachings were all the same and indicate the MeiPorul.

In Tamil the parents call their beloved children as Kannae (My Eyes), KanManiyae (pupil of the eyes). A man will call his lover as Kannae and KannManiyae. When we pray to our parents / elders we will keep our hand on their feet and then keep it in our eyes.

In temples after showing the light before the god’s form in statue we will show our hand before the light and then will keep it on our eyes. We will call our parents as the first god seen by our eyes. After seeing our parents as god through our eyes we will see the supreme divine lord through our eyes by the grace of Guru. Kanavan represents husband, literally translates as the person in my eyes. For girls their husbands were the god seen by their eyes. In Spirituality all the jeevathmas were girls and the supreme lord is the Paramatha and

he is the husband of all the jeevathmas. So our husband is in our eyes. He is in our MeiPorul.

One who has got the MeiPorul Upadesha and Deekshai is called **Duvichan**. He is the one who has born again. One who realizes and does the penance on the MeiPorul will attain immortality. They will attain the state of supreme divine lord. One who tells about MeiPorul and who makes us understand the meiporul is called guru. He is the one who gives consciousness to our meiporul. He is the SarGuru. One who does penance and keeps himself still and by this who realizes himself is called Gnani or Saint or Seer. They are the one who will attain divine blissful immortal life.

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-----**Gnana Upadesham! Thiruvadi Deekshai!**-----

-----**Can be got by any persons who doesnot take meat or Non-Veg food.**-----

-----**To get this first go to Vadalur and get the grace and blessings of Vallalar.**-----

-----**Then come to KanyaKumari, bath in the place where three seas merge**-----

-----**Then pray and offer your humble respects to the holy mother Vallai's feet.**-----

-----**Then Come to ThangaJyothi Gnana Sabai.**-----

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## 4. MEI

Mei in Tamil means Truth. Ultimate Truth. Divine Truth. The other meaning of Mei is our body.

**“Tamil Language is divine. It will bring one towards divinity quicker. “ – Saint Ramaliga Adigalar/Vallalar.** How is this? Let us see the composition of Tamil Letters. Tamil Letters has three types of Letters 1. Uyir Letter (Literally meaning Soul letter), 2. Mei Eluthu (Meaning letter for body) and then 3.UyirMei Eluthu (literally meaning letter formed by combination of soul and body). This means the lord who is as our soul will combine with the body and becomes UyirMei (soul and body) and by this combination all the letters and words were originated. So we can say Tamil is something that is mixed in the soul.

The truth in our body is the soul. In this body the soul is the only truth. In Tamil also the Mei Eluthu (that is letter representing body) doesnot function alone. It will always function in combination with the Uyir Eluthu (soul letter). Our body alone can't function itself. Only when it combines with soul it can function. Eight (Tamil Letter A represents 8) and two (Tamil Letter U represents 2) have become letters and words of OmKara (divine sound) and acts as MeiPorul (divine wealth).

Divine seers and saints who were there in the holy land of Tamil Nadu have composed innumerable divine songs which were so sweet in their lyrics and in their composition.

“Kural by Thevar (Thiruvalluvar), Truth in the four Vedas , Tamil Songs by holy trinity and words by great seers , Songs in holy Thiruvasagam and Thirumoolar songs all represent the same divine truth that has to be realized”.

All these spiritual works speaks about the same divine truth and that is the MeiPorul.

So if you take all Tamil literatures like Sangam Literature, Bhakthi Literatures, Tamil Grammer Literatures, Tamil Epics and ArutPa all speak about the MeiPorul as the ultimate end.

The true or real thing that is present in our body is the divine light that is present in the pupil of one's eyes.

**“Saan”->** Metric used to calculate the length by using our hand. When you stretch the thumb and index finger in your hand, the length that comes between the thumb and index finger is called one **Saan**.

When we measure the length of our body using the metric Saan it will be always comes to 8 for everyone. So there is saying which tells “In the body which is of 8 Saan the head is the most important one”. Head can be symbolized as the captain of our body. The head always ll always measures one Saan. The captain will always be in the capital. The Captain or the soul is present in the capital of our body which is head.

So the lord of our body that is soul and the supreme lord himself is in our head. This supreme lord is present in our body as our Jeevan, our pran (soul) in the centre of our head. The body which is the vessel is containing the most important and the only real and true thing which is our soul in its centre of the head. This soul is the MeiPorul.

The body which is like a vessel has the MeiPorul soul in it and which is accessible through our eyes. This is the divine truth. This soul which is tiny part of divinity is making itself available to one as the divine light present in our eyes. Since our eyes has this divine light it is called MeiPorul.

Our human body has 72000 Naadis (Literally Pulse in our body) which is true. This truth is told by the saints. All these Naadis were linked to the place where our soul is residing. There are 7 basic (Aadaram in Tamil) sources/foundation in our body. For all these foundations/sources MeiPorul is the source. Our Universe is made by the combination of five basic elements. Even our human body is also made up of 5 basic elements. This is also true/Mei.

As we have seen in our earlier chapters, eye is the first organ to form inside our body. Blood, bones and skin were all fully formed by the help of divine light and heat in the eyes. Soul comes to our body after 3 months by the grace of the supreme lord. This soul and body will be united and fully developed at the end of 10 months or 270 days. When we are inside the womb of our mother we were depend on mother's life for our living. When we come out we were separated from our mother and left alone in this world.

When we realize that the purpose of our birth is to unite with the supreme one who made us to take birth as child, then we will survive.

The knowledge for the merger with the OnlyOne (Supreme) will be imparted by divine guru. One has to offer his utmost respect and humbleness to such a guru, then he needs to realize one's MeiPorul through him and then needs to do penance on one's MeiPorul. One who does penance on the Meiporul with the guidance of the guru will be delivered.

Find the gate for the supreme in the two eyes and enter through this gate and you will find the supreme one and who enters through this gate will realize him and gets the supreme divine bliss.

One who constantly meditates on the single supreme lord who is displaying himself as divine light in our two eyes will realize him and with this realization the jeevatma can unite with the supreme paramatma. He will be called Jeevan Mukta.

If one can unite the two divine lights of his two eyes in to one (by meditating on the two divine lights) then one can see the supreme divine light in his third eyes which is closed for all the unrealized persons.

The divine syllable OM is composed of A, U and M. As we saw Aa represents 8 in tamil letter which is our right eye and Uu represents letter 2 which is our left eye and Imm is the third eyes which contains the soul in it. This third place or residence of soul is called by various names like Agnikkalai, Internal Eye, Divine Eye or Forehead Eye. This place is called forehead because it is in the straight place from forehead inside.

Our body is not something which has to be left alone to be decayed. It has the capability to become truth/divine which is immortal. Since our body is containing the divine lord within it, it is not to be considered as mere stool. By the knowing the right way of making our body divine we can make our physical body as Mei (Truth/Immortal) by practising this right divine way.

With the help of Truth (Mei) present in our body we can make our body to become immortal. We can falsify the statements made which discredits our body as false. If we can see the supreme lord present in our body then our body will also become truth. Our saint Vallalar has told to take care of our body like gold. If we can see the Golden divine Jyothi in our body our body itself will become like a golden body. These are all divine truths. Lord is also called Ponambalavan in Tamil (Pon means gold and Ponnambalavan means one with body glittering like gold). If we can see this Ponambalavan in our body our body will also become Pon. This is also Mei (truth).

**“It is very very difficult to get a human birth and still very difficult to get a human body without any deformities like blindness, deaf and other illness” – Saint Tamil Poet Avvaiyar.**

We have got this human birth because of our good karma we did in our previous births. To get a human birth without any deformities we have done lot of good karmas in our past births and also due to god's grace. Is it not our duty to see, realize and thank the one who has given us this body and soul?

Remember our life/soul/truth is not given to us by our parents. This is truth. Our parents, relatives and friends were all due to our karmic due which we have occurred in our previous births. This is true. The supreme lord is our true father and mother, he is Sarveswaran (Meaning one who can do anything), he is the one without beginning and end, he is the one who is present everywhere (Parabrahman), he is the one who is the divine supreme jyothi (ArutPerum Jyothi). This is Mei (true). He is the one who has become our soul and who has given us this body through our parents. He is the divine truth who gave us the true wealth namely soul (a part of himself) and physical body.

Our body always has heat in it. Why is it so? It is because the supreme lord who is supreme divine light/flame has come to the body as tiny divine light in the name of soul. For a normal human being the heat should be same (96F) and should be maintained as such. If it increases we get fever and if it decreases we get cold related diseases. If this heat is not maintained we have to go to the Kaalan (Demi God who is responsible for death).

From this we can understand that one of the characteristics of soul is heat and light. Also if soul goes out of the body the body becomes cool. From this we can say whether the body has life in it or not. So when soul is there body has heat in it. So this soul is of divine light. So in our MeiPorul (That is our eyes) this divine light is accessible and this is the divine truth.

The great Tamil sage **Agathiyar in his book “Thuraiyaari Villakaam” has told “When we look at the Thiruvavaduthurai which is hot we can see both sun and moon”.**

Thiruvavaduthurai meaning comes as “Thiru + Aadu + Thurai Thiru Means Respected/divine, here it represents the supreme lord, Thurai means place, Aadu means dance so combining them it comes as the place where the divine is in divine dance”. Now the meaning of the song is when we look internally within ourself at ThiruVaVaduThurai (seat

of soul) we can see the light of Sun and moon which is nothing but the divine lights of our right and left eyes. These two divine lights of our eyes will unite on seeing Thiruvavaduthurai. This is the experience that one gets on doing penance.

In the above poem the sage Agathiyar has talked about the divine experience one gets on doing penance. When we increase the heat of our eyes by meditating on the divine consciousness of our eyes and then seeing internally with this consciousness the two divine lights of our two eyes (Sun and Moon) will be merged. We get divine experiences with in us in this state. Our beloved saint, sage and Gnani Vallalar tells how to do Penance/Thavam as **“Do Penance (Thavam) with concentration, with consciousness (divine) and in relaxed state with alertness and by keeping our eyes open”**. If we want to get the true (divine) experience we have to catchhold the truth (divine) which is present in our Mei (True- here represents our body). This is the divine wisdom told by all the great saints, seers and Gnanis. This is the only divine truth.

In our Mei(body) in MeiPorul(Eyes) in Pappa (called KanMani in Tamil) of the eyes there is a small opening of the size of tip of pin and inside this opening the supreme divine lord is accessible as small divine light. In this tiny place this divine light is dancing. Devotees of the lord call this movement of divine light as divine dance. **This place is called “ChirSabai” (Chir -> means small, Sabai means assembly place/senate)**. Since this place is the one where everyone can see him it is called ChitrAmbalam (Chir + Ambalam -> Chir means small or tiny, ambalam means place where can be accessible or seen). Since he is divine we called this as ThiruChitrAmbalam. (Thiru here represents Divinity). If we go further inside through this ChirSabai we get PorSabai (Pon + Sabai -> Pon means gold). The meeting place of our two eyes inside the head in the shape of triangle is the third place AgniKalai. (Agni means fire). **The meeting place of two eyes (Sun and Moon) is the Agni kalai which is the seat of our soul. This is the third eyes which all the human being has.**

In our body straight below the top of head and above the inner tongue, in short in the centre of our head is the place where our two eyes meet internally. This is truth. This is ascertained by siddhar ThiruMoolar in his great work “ThiruMantiram”. Another siddhar also has confirmed this truth in his poem as **“Below the top of head and above the inner tongue there is a lamp which is ever glowing oho my mother goddess Vaalai”**. I am also telling the same truth (Mei) which were told by great Saints, Siddhars and Gnanis. Whatever i am telling here is divine truth only.

The divine truth is that the supreme lord is in our Mei (body). If we can see him in our Mei (body), realize him in our Mei (body) then we can see him everywhere through our penance just like Prahaladha Maharaja. By this we can advance ourself spiritually.

We are not capable of making even a single hair in our body. Everthing is his work and his will. This is truth (Mei). Is it not wonderful and glorious his act of feeding the unborn child in mother womb and also to the toad of frog? Does he not know how to protect and deliver us? So man **“Just be present and do nothing” (Summa Iru)**. This is the truth. Truth (Mei) given truth.

Did you ever think who is the one carrying our body? When we die we need four people to carry us. How is that we are carrying our body when four people struggle to lift it. When we get disease we find it difficult to move even our hands and legs. When we are fine and in

good shape we easily carry our body and do lot of work. How is this? This is because the lord who is present in our body is the one who is carrying us and roaming around. The salary that we pay for him is the food we give to this body. The offering we make to the lord is called "NeiVethiyam". We should not trouble the one who is carrying us by doing Pancha Maa Pathagam ( 5 great sins -> drinking alcohol, Killing (eating animals & egg), Stealing, Lust on girls other than wife, lying). If we surrender to him and always "Just be there and do nothing" then he will embrace us.

Only if we take the Mei (truth) with us we can see the divine truth in our Mei(body) , realize the truth and by that we can always get supreme divine bliss.

I am Mei (truth). My body is Mei. My parents and relatives were also Mei. There were hundreds and thousands of kings who have lived before and ruled this world. This is the truth exponent by history. The world we live rotates on its own and revolves around the sun. This truth is told by science. All the nine planets, their characteristics and their effects were all true. Who has created all this, who is maintaining all this, why all these were happening? Why is this drama? Am i part of all this. All these above facts were true. I believe all this but how to realize and experience all this. Is it possible? Our saints, seers and great siddhars tell that "Yes it is possible". By penance we can know everything, realize and experience everything. Only way is penance.

Till a man attains adulthood he remains as a child. Eating, Sleeping and playing were his only task. When the wisdom grows he starts thinking and then he takes responsibilities. His playfulness vanishes. He starts to think about him and his life. He gets school education. But he never learns or get "Pulli" Education (Pulli means dot in Tamil). **The education which imparts the knowledge about Brahman who is present as small dot in our body is Pulli Education.** No one gets the knowledge that the supreme lord is present in the papa of our eyes like a small dot of Jyothi (divine flame). To know this one needs a guru. If one gets a Gnana SarGuru his soul will attain its divine purpose. This is divine truth.

Our birth and our life that we are living is Mei (true). We can realize the divine truth (Mei) through our MeiPorul (Eyes) is the truth thought to us by our realized ancestors. It is also true that our present birth is due to the karmas we got from our previous births. It is also true that we can win over our karmas by our wisdom and by doing penance on the Mei (divine truth).

Our life has been separated in to four stages by our seers. They are 1. BrahmaCharyam, 2.Illaram, 3.Vanaprastham and 4.Sanyasam.

**BrahamaCharyam** -> Means first stage of one's life till one gets married.

**Illaram** -> The life of a householder. Living with spouse and children.

**Vanaprastham** -> Retired life.

**Sanyasam** -> Life which is lived by searching and seeking the supreme lord (divine truth).

**"Learn when you are young" -> words by great Tamil poet saint Avvaiyar.** One who learns the life education (materialistic education) along with Pulli Education (spiritual Education) from a qualified guru will get realization. This is truth. One has to learn this

spiritual immortal education when he was young. **Also it is very important for a person to avoid lust on girls till he gets married. This is truth among truth.** He should be like a stone in his emotions and lust till he gets married. Lust or Union should be only with one wife.

In the life of BrahmaCharaya one gets tempted and this temptation can be overcome with the help of spiritual education. This education is called MeiGnanaKalvi (Education about the divine truth present in our body). Parents should take care of their child very carefully and skilfully and impart them with good values, virtuousness and bhakthi. A girl should grow with modesties and a boy should grow with humbleness. The divine duty a parent has is to see that their children get "Spiritual Immortal Education" from a qualified Gnana SarGuru. Only those were the parents who have did their duty earnestly. This is truth.

It is not that one should become a saint like person by always talking about god. There is a saying "Learn even the art of stealing and then forget it". So is it not good to get the knowledge of Mei (Truth). Is it not necessary to know who am i?

In the 1<sup>st</sup> 8 yrs of age growth, 2<sup>nd</sup> 8 yrs education, 3<sup>rd</sup> 8yrs get married, 4<sup>th</sup> 8yrs beget children, 5<sup>th</sup> 8 yrs earnings, 6<sup>th</sup> 8 yrs do your duties prescribed, 7<sup>th</sup> 8 yrs go for pilgrimage and 8<sup>th</sup> 8 yrs go for sanyasam. Like this our siddhars have divided our life in to 8 parts with 8 yrs each. Why they have separated in terms of 8 why not they choose 10. It is their wish that every one should remember 8 in their daily life. Because this 8 is the one that represent the eye and it the divine wealth one has got and it is through this 8 one can achieve divinity. This is truth.

In the Bhakthi Yoga (path of devotion) one will unnecessarily trouble their body by going on fast. This is only for people who donot have necessary spiritual knowledge. Even then it is not correct. The lord is full of love, grace and compassion. To attain him we do not need to trouble our body. "**Lord is love**" -> All the seers have told this. So love is the only way to attain him. Love the lord who is the ultimate truth (Mei) in the Mei (body) and do penance on him with love, concentration, consciousness and in relaxed manner. Without troubling our body we can know the Divine wisdom(Mei Porul) through a MeiGnana SarGuru and by the divine consciousness we get from him we can progress ourself in spirituality. This is truth (Mei).

The senses in our body act as per our Karmas and this is its nature. We should take care that we should not let go our senses as directed by our mind and should stop it by making our mind clinch on our MeiPorul and do penance as described earlier. If we do like then we can attain supreme divine bliss and deathlessness.

To make our body strong and make it everlasting brahmacharyam is very necessary. Till we enter the stage of Illaram (householder life) we should maintain 100% discipline as for as lust is concerned. In household life a householder can unite with his spouse and get chittrinbam (pleasure that is small and not everlasting) once in every 15 days or twice in a month. One who considers all girls/women other than his wife as his mother will have the qualification to attain the divine wisdom and deathlessness. This is very true.

For a householder the seminal fluid is like water in a well -> Vallalar. A brahmachari should avoid places and things that tempt his mind and should always have his mind thinking and meditation on the divine lord. He should have only good and virtuous friends with good



values. He should also get himself involved in spiritual speeches and listen to spiritual discourses. He should visit temples and get darshan of noble peoples. All these will help him to glow in his spiritual life.

Since we came to this world with our Mei (body) it is very important for one to discharge his duty in a correct, honest and sincere way. By doing our prescribed duty we are clearing our past karmas. Doing penance and discharging our duty earnestly will help us to get the divine wisdom (Gnanam) soon.

One meaning of Mei means body as we have seen so far. God has created male and female with attraction between them. Since it is his will that he wanted movement in this world it became necessary for male and female to unite. He made us one of the tools for the creation. Depending on our karma we have got our present body and suffering.

Both male and female are equal. In the soul level both are same. Even though there is difference with respect to body, with respect to divine consciousness they are same. The supreme lord who have kept difference in our body structure have created our soul with same characteristics. Even though one can get a body of man or women, the right part of body represent male feature and left part of the body represent female feature. Right side is sivam and left side is sakthi. This is truth.

A male and female with difference in body structures living together is Illaram or household life. This life should be a virtuous life. We should not consider wife as a machine giving birth to children but should be treated equally with husband. Husband should consider his wife as his other half. Only such a husband is a virtuous husband. To such a husband, wife should treat him as the lord seen by her eyes. A wife with this character only will be called as chaste wife and virtuous wife. One who gives importance to his wife and considers all other girl/women as his mother will get divine wisdom.

Our mother has carried and suffered for us till 10 months to give birth to us. These sufferings cannot be told in words. After delivering us after 10 months she still suffers for us in mind always thinking about our safety and welfare. There is no one equivalent to mother in this world. Even if the child is not good she still considers her welfare. So one's mother is equivalent to the supreme lord.

If my opinion in this world wife is the best person one can have. She is better than one's mother. The reason only a wife can acquire the status of mother. One's wife is always chaste and virtuous. Only wife shares in equal half all the husband's pleasure and sufferings throughout his life. Wife of Lord Shiva is his other half as Sakthi. In Lord Vishnu's heart wife Lakshmi resides. Wife of Lord Brahma resides in his tongue giving him knowledge. In this way gods have shown us how we have to treat our wives.

Wife is the caption of our house. Even the divine realized persons tell that wife is the one who is mixed with the husband in both body and soul. A good wife will treat his husband and his children as her two eyes. A good wife to her husband will be like his minister, like his mother, like his servant, gives all the bodily and mind pleasure. A husband who has a wife with good and virtuous character with the above said qualities is the one who has done lot of punniya or meritorious deeds in his early and present life. It is lord's grace to get a wife.

Marriages are made in heaven. We get a wife based on the some of the previous birth's bonding we had. We don't know which birth's bonding. We need to treat our wife with respect and care. One who ignores his wife and treats her badly is to be considered as animal. One who considers his wife as his soul is the virtuous person. One who lives his life with only one wife is to be considered as a noble and meritorious person.

One who succumbs to his lust is the biggest fool. One who leaves his vital seminal fluid will die suffering. We get Chitrinbam (pleasure by the union of male and female, it is called Chitrinbam because it is not everlasting and not infinite and considered to be very negligible when compared with divine bliss) by the disposal of seminal fluid and in this all of our 72000 naadis will vibrate. This pleasure we will get for very small time. After this only suffering result. We need to recharge our seminal fluid reserve after discharging it. Even in this union maintain a limit and be wise as advised by our seers and saints.

Because of lust seminal fluid will go down and will result in loss of Prana (life force). With Penance the seminal fluid will go up and become Ojus. Our prana will be stabilized. If we live a virtuous life our body will be in good shape. If we succumb to our lust and do illegal things we will get dreadful disease and our life will end. If we maintain discipline in our body and mind it will lead one to deathlessness. This is truth.

As we seen earlier wife is better than one's mother. Only a good wife can become a good mother. Father and mother were the one who has given us our physical body. They are to be considered as god's seen by our eyes. But the supreme one is the one who has given the Mei (soul) in this Mei (body). This body as we know without realization or divine grace will be destroyed. Mother has only give us the body will be destroyed. A wife is the one who like the truth (Mei) in the Mei (body) can give pleasure to a husband in both body and soul. Only wife can give Chitrinbam, mother can't give Chitrinbam. Mother's affection ends after giving birth and taking care till our adulthood. But wife affection comes from nowhere and exists till our death. Husband and wife relation is the one which cannot be separated.

Mother's affection will be split among her children but wife's affection is only to her husband. A mother carries the child only for 10 months. But wife comes from different family and gives affection and carries her husband in her mind throughout her life. So in all these cases wife is better than the mother. These facts very few know. This is truth.

A man's life will be good or bad based on his wife character only. A virtuous wife with patience and good characters will be got by a husband who has done lot of good deeds in his early life. Such a person is the lucky one.

A husband and wife should live like two bodies and one soul. They should live like nail and flesh in the hand. The relationship should be like sacred couple Vasuki and Valluvan. The biggest thing a wife can get is that to be called Pathini (chaste women). This belongs only to wife. A girl first becomes wife and then only mother. So wife is the best. This is true, true and true.

Only because of wife does a husband get pleasure. A man becomes husband after marrying a wife and unites with her with his body and consciousness and gets little pleasure called Chitrinbam. This is truth.

Our soul is feminine. So spiritually we are females. Only the supreme lord is male. For all jeevatmas the supreme lord is the only husband. Union of Jeevatma and Paramatma is the supreme divine pleasure and bliss. This divine pleasure and bliss is called Perinbam (meaning everlasting and infinite pleasure). This union is called as Jeeva Brahama Ikiyam by the seers.

The pleasure we get in this world by our body is Chittrinbam. The pleasure got by our soul when union with paramatma is perinbam. In this world we get pleasure because of wife. In the spiritual world also only when we become wife to the supreme lord we can get supreme divine pleasure and bliss. So we should become very good wife to our lord.

The union of Jeeva with Brahman or Paramathman is what we have to know, realize and attain. This is truth.

The truth which is our Mei (body) can be made as Mei (Truth) and which has been told here has to be understood completely.

The truth is one only. Knowing what is the true divine wisdom which is the truth in our body and with our eyes open and alertness if we can increase our divine light then we can also become truth.

It is our saint vallalar who has asked this humble being to propagate the truth. So for everyone has hidden this truth telling it is divine secret and made it hidden. Starting with the book "**Kanmani Maalai**" so far 26 books have been published by me conveying the truth without hiding anything. This is because of the blessings and grace of all the saints and seers. This is truth. This is my great pleasure and because of this I have become graceful and matured.

## 5. DONATION & PENANCE

We are all lucky to have got a rare human birth. We are still lucky to have got a birth without any deformities; luckier still are people who are fortunate to have got Education and learn about divine wisdom. This divine wisdom and divine education is the spiritual science of human immortality. Immortality will be gained by people who have divine wisdom. The education which teaches the way to acquire divine wisdom is the Immortal education called Saakaa Kalvi.

Is it enough just to know what is meant Saakaa kalvi (immortal education)? **“It is rare among people to know about divine wisdom and divine education and still rare for people to use this divine wisdom and education to do Penance and Donation”**. So important thing for people like us who have learnt immortal education (saakaa kalvi) is to do penance and also give donations to the needy.

In the world whomsoever it may be without penance no one can gain divine wisdom. Without donations no one can get divine wisdom. This is divine truth. The good quality/character of a person who does penance is charity/donation. This is considered as a qualification for a person who is doing penance. So Penance and Donation goes hand in hand.

We should donate. We should become philanthropist. Donation is of various types. We can donate anything that we have. In our Tamil Land we have studied about so many personalities who were famous or known for their donation. These were the people who can be considered as the example of humans who can consider all the souls as theirs.

To alleviate the suffering of a pigeon the king Sibi Chakravarthy cut and gave the flesh of his thigh. To help the spread of branches of jasmine plant the king Paari donated his chariot. To alleviate the shivering of the peacock, king Beagan donated his blanket. Our great saint Vallalar Sri Ramalingar withered on seeing the withered crops. So this mind which has compassion on other lives and tries to alleviate other's suffering is the residence of the supreme lord.

The great people donated everything and whatever they had. They lived like an ocean of compassion. Karnan is philanthropist among philanthropist. Karnan's charity cannot be compared with anyone or anything.

Eventhough we are not like them atleast we should have good mind to donate and feel happy with our donation. We should feel happy to help others. Saint Vallalar has told that compassion is his soul. Everyone gives material things as donation. But our great saint vallalar has donated the supreme divine wisdom with which every soul can be happy and a human can realize himself. He started spiritual revolution by donating the divine wisdom to all. This is divine donation. By his grace whatever has been hidden and considered as secret has come to light for all the people.

Everyone can attain the divine wisdom. Human birth is the only qualification for that. He called every one as **“Come on brothers we can all achieve the supreme divine immortal life”** and gave the divine wisdom to everyone and broke all the secrets that were kept so for.

I was overwhelmed by this great saint vallalar and by his grace only i am revealing all the divine secrets through my books for the welfare of all the people. It is by the grace of my guru Vallalar i was able to do this divine donation and divine charity work. Donate this divinity to all and you will get divine wisdom.

There is a saying which goes like this **“If you feed and nourish other’s children your child will be fed and nourished automatically”**. If you give the divine wisdom and divine knowledge to all God will be sympathetic on you and will overwhelm you with his divine grace.

All material things like gold, clothes, land and food is being donated. Every holy book and scriptures praises the donation and the donor. All the poets have sung praises on the act of charity and donation. Wise people will tell the best among donation is offering food to the hunger. It is food that helps the soul to be in our body. In those days people kept water pots and butter milk pots in common place during summer for all the people to satisfy their thirst. But today price of one litre water is same as that of price of one litre milk. This is time of Kali Yuga. Is it not better to buy milk instead of buying water?

Our body needs food for its nourishment. Whomsoever it may be whether he is very rich or poor every living being needs food. So offering food is considered to be great donation. Our sain vallalar in the place of vadalur has built satya Gnana Sabhai and made arrangements for offering food to all people who come there. Every after 150 years this place is still providing food to all people who come there free of cost.

India is a land of divine wisdom. There are innumerable saints who have taken birth here. There are innumerable holy places and temples here. In all these holy places offering of food or donation of food is considered holy and it happens regularly. The offering of food is called AnnaDhanam in Tamil. AnnaDhanam is now happening in almost all the temples. People of india know the importance of AnnaDhanam. “All the places were ours and all the people are our brothers and sisters” Indian people live according to this passage. Hospitality and treating the guest with love is considered to be the greatest culture here. “One who gives food to a being is considered to be the one who has given soul to that being”. This is the culture practiced and followed in India.

Till this day the world has praised the act of donating/offering food. Because of our punniya or good karma the great saint vallalar took birth among us. He is still living with us. He is living with us as divine light. He is the one who overcame death and attained divine light body. The challenge he threw to the world is deathlessness and divine immortality and SaakaKalvi.

Because of Vallalar whatever has been hidden as divine secret has come to light. He gave all the divine wisdom in his poems and in his teachings. It is impossible to comprehend his compassion. In our Tamil Land innumerable saints have taken birth. It is our punniya/good karma to have taken birth in this holy tamil land. In this land only the saint Ramanujar without heeding his Guru’s word (his guru asked him to keep the divine knowledge he taught to be kept as secret) he told the divine knowledge he learned to everyone for the sake of spiritual upliftment of all the humans. He is the great human and saint who without caring for creed, caste and religion dispersed the divine knowledge to everyone. For this divine philanthropist

Sri Sri Ramanujar my obeisance in crores and crores. For the humble person like me if saint Vallalar is like one eye then Sri Sri Ramanujar is like other eye.

It is saint Vallalar who has revealed the meaning of Sathya Gnana Sabhai to the whole world by his divine poem ThiruVarutpa and through the way of eye. Vallalar is the divine philanthropist who has donated the divine wisdom for the whole world and to the humanity. There is no one equivalent to him in divine donation. So for all the divine knowledge and wisdom is kept hidden in Vedas and were highly codified. Vallalar is the one who after deciphering it told to the entire world without anything hidden. It is his divine grace by which i was asked to do this divine donation through my books. This is true. So for by my 24 books i have revealing all the divine secrets and divine wisdom to the whole world. This is very true. I feel very happy to know that this humble being is also one of the reasons to donate this divine wisdom to all by means of internet. My obeisance in crores to my guru and great saint vallalar for making me to do this divine donation.

**“Do the Act of Donation” – Saint Tamil Poet Avvaiyar.** Here by donation she means divine donation only. It is better to donate the knowledge about the divine truth and means to attain divinity then to donate material things. It is the greatest donation one can do by showing others the way to realize themselves and attain divine bliss and divine immortality. Telling others the way to realize them and god is the greatest divine donation one can do. So do this divine donation. Do this divine donation till you live. Tell to everyone about the divine truth (soul) present within them. Tell everyone the way to achieve this divine wisdom. Tell everyone this is the only thing that is only truth. These things were called divine donation.

**“Do not make me to go and ask for anything to anyone but in the same time do not make me to tell no when someone ask me for any thing or any favour”** our saint Vallalar is praying god to give him this grace. We should never beg anyone for any favour or any materialistic thing. In this world even though we give whatever thing we have people will never be satisfied and their mind will always ask for more and more. To these people the only donation we can give is to show them the way to their divinity and to know their soul crossing their mind. To make all people deathless the only way is divine donation.

**“Eat after offering the food “ – Avvayar** , the same Avvayar has told “Accepting something from others is dishonour”. So donate to one who doesnot have. Is it not dishonour to accept someone’s donation? If everyone thinks like this in this world there will be no need of any donations. In the age of LordRama’s Empire everyone were so content and had everything they need and so there is no donations or charity happening in his kingdom. Oho lord bring the age of Lord Rama again. Ohoo saint Vallalar save all of us. The only donation that can be given in this world anytime is the divine donation as the humans now donot know the way to divinity. A person who wants to get divine bliss and divine wisdom has to get divine donation from a qualified divine/Gnana SarGuru. For any human this is his foremost duty and is very important.

**Any human born in this world should receive divine donation from a qualified SarGuru.**

From whom can we get this divine donation? We get only from the people who already have that with them. Is it not? Our soul is nothing but the donation which we got from the supreme being. Even this human birth is because of his compassion towards us. The supreme lord

who is infinite divine light has given donation to us as our soul which is tiny divine light. Are we not slaves to him who has given us our soul and human body. So is it not our duty to surrender at his lotus feet.

We have received our donation from our supreme father our supreme lord. We should receive divine donation from a good and qualified SarGuru and know the divine truth within us which was given to us by our father. We should all do divine donation by showing others the way to divinity. Everyone should realize themselves. To realize the lord it is very important to receive divine donation.

With a help of a divine SarGuru we should receive Upadesha and Deekshai and by this we should do penance after getting this divine donation and by this we will get all the divine experiences and can realize ourself. Learning (Listening & Reading), Correct Arguments and Reasoning, Clear Thinking and Experience will help us to attain completeness. After getting divine donation and reading the divine books and with the help of our knowledge clearing our doubts and by doing penance we will get divine experiences.

Now how to do penance? Penance doesnot mean repeating some mantra. It also doesnot mean doing some puja or doing homas. It also doesnot mean doing Pranayama, vaasi yoga or anyother yogas. Penance doesnot mean any act which tortures or make our body suffer.

**Penance means the practice of trying to be just there (without any mental activity) and doing nothing after getting divine donation from a SarGuru and with this getting to know who am i!**

Lord is present in our body in a tiny hole of the size of pintip in the centre of the pupil of the eyes as divine light. This hole is covered by small layer and this layer is called as screen by our saint vallalar. This screen is made of three impurities (Illusion, Lust and Ego). This layer is further split into seven layers. These were all in subtle dimesions. Inside this we have divine flame. In Vadalur this same philosophy is represented by the building SatyaGnanaSabai. There will be seven screen hiding the lamp and during the auspicious time of ThaiPoosa these screens will be withdrawn and the flame will be shown. Vallalar has told "I saw the Satya Gnana Sabhai within me and i got all the SanMarga siddhi (divine powers)".

After getting Deekshai from a SarGuru we will get divine consciousness in our Eye. We need to have our mind on this divine consciousness in our eye and because of this consciousness and with our mind just in the consciousness tears will keep flowing out from our eyes like water fall. This is the way of doing penance. If we keep continuing our penance regularly we will get lot of divine experiences. If we keep doing this penance then we will become deathless and get divine light body and achieve divine immortality as told in **Gnana Sariyai** by our saint vallalar. By this we will overcome our birth and death cycle. We can become one with the supreme lord. We can become divine light and can unite with the supreme divine light of ArutPerum Jyothi. We will get supreme divine bliss.

The way of doing penance is as told above. By this penance only we will get divine wisdom. In this world we see lot of people claiming themselves to be guru and giving lot of trainings. All these will never help us to attain divine wisdom. By these training atmost we will get good body. Someone sometime may get some supernatural powers. All these were not divine wisdom. **Divine wisdom is realizing oneself.**

**“One who does penance will never face futility because of penance” – Saint Tamil Poet Avvayar.** The same poet has asked us to donate and do penance. She tells firmly if we keep doing penance continuously we have no trouble or sorrow in our life. So get divine donation and Deekshai from a SarGuru. You also do divine donation by telling the way to divinity and about divinity to others. With utmost humbleness and respect to guru and without deviating from his words do penance. Even your biggest karma which is considered to give all the trouble to a person also will not affect you.

For doing the penance you need not go to the forest. You need not forsake your family. You need not wear saffron dress, have big beard and roam the world. We should not hate our body and trouble it. You need not hate your food as well. Need not do tough things like tougher pooja and Japa. To tell in short you need not do anything. Just be there and do nothing. This is sufficient.

Marriage is not hindrance to the divinity. Whatever you are doing now and whatever way you are now be like that. Keep doing the penance as told earlier for around 30 minutes to 1 hour and it is sufficient. **Truth, honesty and virtuousness will enhance your penance. Do not act. See that you do not have any bad habits.** Realize your duty for your family and do it well. Is not the supreme lord within you? So no need to search him in temples, tanks and in mountains.

The supreme lord who is full of grace will embrace you and will protect you. He will see that no trouble comes to you. He will not forsake you in any circumstance. He will shower his love more than that of a loving mother and will upbringing us more than that of a dutiful father. He will become our guru and will monitor us and will make us realize that we are divine and give divinity to us and with full love he will make us unite with him.

**Another important thing for people doing penance is that they have to take only vegetarian food.** Being in the company of good people will bring benefit to us. Hearing the words of virtuous people will clear lot of our doubts. Being in the company of virtuous people and acting with them will help us to get lot of good karma or punniya.

If we can wake up in the BrahmaMukurtha (3 to 5 in the early morning) and do penance it will be very good. We can do the penance anytime and anywhere. There are no restrictions. A person doing penance should not go hungry. He should take small quantity of food. It is better to move out from any problem. Talk sweet words in limit. Also practice to be without any talk.

Donot think is it the penance. Penance is not just opening our eye and keeping the mind in the consciousness of the eye. Whatever we do in our life should become penance. With honesty, goodness, virtuousness, humbleness, devotion, lovingness and with clear mind we should discharge our duty with patience. Only then doing penance will become easier. Just doing penance for 1 hour will not be sufficient. In all the 24 hours our words, thoughts and deeds should reflect our penance. Only such a person can be called student for divine education.

We should always maintain divine hunger like our penance should be successful, should realize ourself, and unite with the supreme lord. We are doing penance for ourselves. Initially it is selfishness. Unless we increase our divine strength and get fruits of our penance we cannot give it to the world. So first we have get the divine strength. So till achieve some state



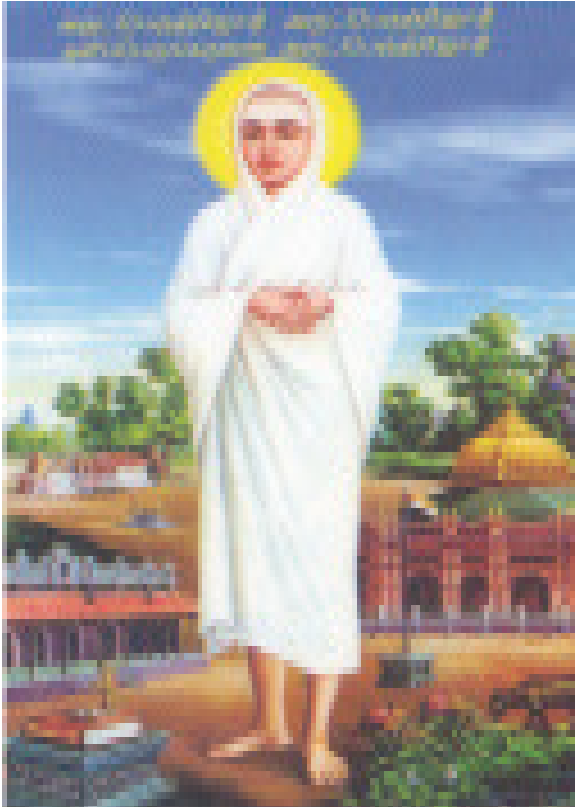
we should see that we don't get into trouble and try to be alone as much as possible. We are doing penance to gain divinity and divine wisdom. Do not close your eyes and flow with your mind. Do not believe in the people who cheat. Open your eyes and see everything clearly. Think clearly and with listening, reading (Suruthi) and with correct argument and reason and also with experience know the truth. Always maintain the consciousness in your eyes and be alert. **Always do penance by keeping the eye open.**

All the saints and seers have told do penance by keeping your eye open and also they have told that the supreme father is with us always. If we close our eyes it means the person is dead. Without sleeping and without intoxication and without qualm but with alertness and with consciousness in the eye if we do penance we will be deathless. The penance we do is Consciousness in our eyes. To get divine wisdom this consciousness is very important.

In our puranas, epics and scriptures we find lot of examples of seers doing different types of penance. We have heard about the very difficult and torturous penance done by demons and demon kings. After hearing all these people of the world lost their heart. They thought it is not possible for them and they thought they need to take a separate birth to do these penance. Like these there were so many people.

Oho people of the world do not have disbelief. To uplift this world so many saints and seers have taken birth in this world. They have written so many divine books for our welfare. So there is no need of any worries. It is because of the time that the way to divine wisdom is kept hidden. It is because of some selfish people that it has been kept as secret. To show the way for all the people to attain divinity the great saint who is like sun of divinity took birth in this world. To remove the illusion surrounding the people he gave them the path to divinity. Because of him divinity started showing itself. He came, told about divine wisdom, attained divinity, attained divine light body and divine bliss and overcame death and became immortal. Whatever divinity and divine wisdom and divine life he got he wanted everyone to attain it. So he is calling all the people to take the path to divinity and attain divine immortal life and divine bliss. Today through this humble being he is teaching this. The path of Gnana (divine wisdom) is very simple and easy.

By doing divine donation and by the merit one gets by doing that will help one's penance to become fruitful and hence one get divine wisdom and divine bliss pleasure. Divine Donation and Penance is the only way to attain divine wisdom and divinity. Only divine donation and penance will help one to attain the lord.



Our's is the first divine website preaching the way to divinity. See with the wide open eyes and you will get divine consiouness in your eyes. Our website is [www.vallalyaar.com](http://www.vallalyaar.com)

## 6. AADHIGURU (FIRST GURU)

**“In India there is no dearth of qualified divine guru’s but it is difficult to see a good student of the guru (called sishya)” - Saint Vivekanandar.**

The world came to know about great saint and seer SriRamakrishnaar because of his student saint vivekanandar. Sri Adhi Sankarar got a very good student by the name PadmaPaadhar. Sri Guru Ragavendra got a humble and true student by the name of Appanna.

There were innumerable Gurus and innumerable sishyas. There were so many virtuous Gnanis. But virtuous students were very few. In our land of India there is no dearth for Gnanis. In our land Divine wisdom only is sown.

In this land only great Gnani Buddha took birth. He is a great Guru. There were so many people in this world who follow Buddha.

In our land where sanadhana dharma is followed Buddha is one of the realized gurus who took birth here.

It is because of the sanadhana dharma that is being followed in this land which is responsible for so many people to attain divine wisdom and divinity.

Sanadhana Dharma teaches divinity to the whole world. It teaches how a human being should live like a human. Do you know who created this Sanadhana Dharma?

It is none but the Supreme Being! Sanadhana Dharma is his grace for humans for their spiritual upliftment. Sanadhana Dharma is the art of living for the humans given to us by the supreme lord.

In puranic times (or in the beginning of time) four sons of lord brahma (responsible for creation) called sanakaadhi sages were well versed in Vedas and scriptures and were very knowledgeable and intelligent, but they are not able to attain completeness despite their vast knowledge. Without completeness and complete divine wisdom and for want of them they became anxious and distress.

They wanted to know about the supreme being who is present everywhere, who can do anything, who is beyond time, who doesnot have beginning and end, who is of supreme divine grace, who is responsible for the creation, sustenance and destruction of the material world and who is present as atom within atom and source of light even to the atoms.

With this in mind they prayed sincerely and with full of devotion and with their mind melting with devotion. They prayed to the lord to show them the way to divinity. They were very distressed without knowing the path to divine wisdom.

Knowing the anxiousness and wishes of Sanakaadhi Sages Lord Sarveswaran (Lord is called by this name which indicate he is capable of anything and everything. Traditionally lord shiva is called by this name) decided to shower his graces on the Sanakaadhi Sages.

He appeared before them. On seeing the form of lord before them the Sanakaadhi Sages were surprised and were stunned.

They thought – We wanted to see the supreme lord but we are seeing a strange form before us. Who is he? Why is he here? What is the reason for him to be here? They asked these questions among themselves.

Since they are well learned and very intelligent they were able to reason and find out answers for the questions that have risen in their mind. We wanted to see the supreme lord and we were praying sincerely for that and suddenly we are seeing a huge form appeared before us. They realized it is none but the supreme lord who has come before us and remaining still and showing the way to realize him.

To know the supreme lord who is beyond our senses, mind and intelligence is it easy? We should be spiritually mature enough to know him. Even for the great sages of Sanakaadhi calibre, lord did not shower his grace directly!?

To Sanakaadhi Sages who knew everything in this world and through them to the whole world lord himself appeared as Guru and gave the moona upadesha as his grace.

To reach him he showed the importance of getting Guru Upadesha by himself becoming a guru. The supreme lord himself became guru and appeared before Sanakaadhi Sages as Lord Dakshinamurthy. By his appearance as Dakshinamurthy and by its form and shape he showed the way for divine wisdom and to reach him.

Before them without any speech, with half eyes opened, sitting with left leg folded and with right leg planted on the demon sitting below the stone tree the Supreme Being himself as Dakshinamurthy. Dakshinamurthy is having four hands and in one hand he is having fire, in his other hand he is carrying a small drum, in his other hand he is having Vedas and in the fourth hand which is giving grace kept in Chin Mudra (index finger folded to touch the middle of thumb finger). In this way they saw the four hands of lord Dakshinamurthy.

In the right side of Dakshinamurthy's head which is wearing crown there is sun and in the left side of his head there is curved moon. His face is displaying calmness, dispassion and equanimity and is very beautiful with a mild smile. They studied this form and shape, thought using their knowledge and wisdom, discussed among themselves and finally arrived at the correct conclusion. What is that?

The form that appeared before them is none but supreme lord himself. To overcome death (lord yama) who is represented as south direction and to achieve divine immortality lord Dakshinamurthy is facing south and we have to sit in the direction of north facing Dakshinamurthy. Since lord is sitting facing south they called him Dakshinamurthy (Dakshin -> means south and Murthi means form of lord available for his devotees).

Since lord is sitting with complete silence and without any speech they realized one has to maintain silence and avoid speech. This is called Moona Nilai.

Since lord is carrying fire in his one hand they realized god is of form of divine flame or divine jyothi. Since he is carrying drum in his other hand god is also of the form of divine sound which is Ohm. Which means god is of both divine sound and light. This is nothing but vindu naadham.

By carrying vedas in other hand he is imparting to the sages that Vedas teach them that god is of divine light and sound and also it teaches the way to reach him. The fourth hand is giving grace to the people with the sign of Chin Mudra.

God who is of divine light and sound is showering grace upon us and his grace can be realized from the place of Chin Mudra. Know and realize what is Chin Mudra and do penance there with silence. This is the message that thatchinaa murthy is conveying to the humans with his form.

The divine message that thatchinaa murthy bought is “**Keep you eyes open and be just present without any action**”. This is what told by Dakshinamurthy without any speech. This is the secret wisdom of divinity.

Vedas tell the same truth in coded and hidden way. The lord who is present everywhere is of the form of divine light. With this divine light divine sound is also present and this divinity is present in human body in the place of Chin Mudra. If we cling on to this Chin Mudra and be just there and do nothing we can realize and reach the supreme lord. Sanakaathi sages came to know this and by following this they realized him and reached him and attained divine blissfull immortal life.

In this the important thing is Chin Mudra. This is the place in the human body through which he is accessible and we can reach him. This is the place in which we have to do penance. This is the place where we have to be just there. Lord as Dakshinamurthy has bent his index finger and touching the middle line of the thumb with his other three fingers stretched out.

The Lord Ayyappa in sabarimala is also showering his grace in the sign of Chin Mudra. With Chin Mudra in your hand and if you turn your hands the region in which the index finger is touching the middle finger resembles like our eyes. Our eye length is same as the length of thumb finger from the tip till the middle line. So Chin Mudra means Eye and this has been represented in coded terms so that we may think and realize this. To make us use our knowledge only these things were represented in coded form.

In KathaUpanishad the hero character Nachikethan asks the lord of death yama where the lord is residing in human body. To this lord yama replies the supreme lord is present in the human body which is of the size of thumb and is present as smokeless divine flame. This is one more proof that eye is the way to reach god.

In our human body the length of thumb from tip to the middle line represents the eye as both are of same length. The lord who is of divine supreme flame and light is of flame without any smoke. He is inside our eyes as the divine light without any smoke. This is divine secret. Only if we get to know this we can be just there and do penance with our eyes opened as indicated by Dakshinamurthy.

I am telling this divine secret to the whole world. Our eyes were the lamp of our body. The divine light present in our body is nothing but the supreme lord himself. One who does penance by constantly thinking of the light of the eye with consciousness in the eye and with eyes open and with alertness and by just being there without any action will see and realize the supreme lord. One who knows what Chin Mudra denotes and who are just be there in the consciousness in the place of Chin Mudra with the eyes open will get the pleasure of reaching the supreme lord.

**“Cling on to Thumb for getting divine pleasure and bliss” – Siddhar song.** Showing Chin Mudra they are indicating our eyes. So siddhars were asking us to cling on to our eyes, for getting divine pleasure and bliss.

So appearing as Dakshinamurthy the supreme lord's teaching is “realize the divine light in our eyes and be there with our eyes open”. Since Sanakaadhi sages were highly learnt, knowledgeable and intelligent they can understand lord's teaching and can realize him. Since Dakshinamurthy imparted to them without speaking they were able to realize the truth. This is the truth. This is satya and this has been certified by different Sages, Seers, Siddhars and Gnanis.

This humble one for the sake of all the being realizing the divine truth i have wrote them openly in my books.

Whatever lord as Dakshinamurthy imparted is also confirmed by another incident in another Gnani's life. This saint is none but great Arunagiri Nathar (Author of famous tamil divine poem and song Thiru Puzhal). Aadhiguru imparted the teaching to Sanakaadhi Sages without speaking whereas in the case of ArunagiriNathar lord muruga took the form of a Brahmin and imparted the teaching by speaking the words **“Just be there and do nothing”** and saved him.

In all the above incidents god did not showered his grace directly instead god came as guru and imparted his teachings and blessed them as guru. By this the supreme lord tells about the importance of guru and imparts the teaching which is “Just be there and do nothing”. Those who does penance with the divine consciousness in the eye and with the eye open will get spiritual maturity and only for those person the supreme lord will show himself, will make them realize him, will embrace them and will overwhelm them with his grace.

In Thiru Puzhal ArunagiriNather praises lord muruga as how he has been shown grace by the lord as guru by speaking the words **“I am telling you to be just there”**.

So AadhiGuru means the first guru and it is Dakshinamurthy. Dakshinamurthy is none but that supreme divine lord. His teaching was “Just be there with Alertness and with eyes open”. This is the divine wisdom and way to divinity.

The same divine wisdom is conveyed by all the seers, saints, siddhars, Gnanis and our divine saint Vallalar who have come in the family of divine members who were sent to uplift this world. This divine wisdom is told to people in different ways using different words and with coded forms. This same information is told as divine secret so as to make people search for it.

The lord who is of infinite divine grace light is in our eyes as tiny divine grace light. If we do penance with our eyes open and just being there and do nothing we will get divine pleasure and bliss called Perinbam.

Even if we learn everything we should still learn from a guru. We should realize whatever we learn is just the size of sand that can be held in our hand. This knowledge is the true knowledge. “Do not try for union without guru”! “Donot see without guru showing it” ! “Without Guru any art/skill is of no use to oneself”! “If guru sees us crores of our karma will go off”!

“Guru is brahma, Guru is Vishnu, Guru is Maheshwara, Guru is none but supreme Brahman”! “Mother, Father, Guru and then only comes the supreme lord”.

In this way we can keep on telling about the importance, nobleness and honour of guru. To let us know about the importance of guru the lord himself imparted the teachings as Guru. So it is very important for every person to get a guru to show them the way to the supreme lord.

Can be there any other way then what has been imparted to us by the supreme lord himself as Dakshinamurthy which is “Just be there and do nothing”?No.

Right from the beginning of time all the saints, seers and Gnanis has conveyed the same divine wisdom in different ways and different forms. Nothing else.

The same old ParamaSivam is AadhiGuru. What is there to tell as new? Nothing. Every difference is due to difference in language and difference in words but the underlying wisdom is one and the same.

If the supreme lord is one then we have to unite with him in the divine light of our eyes. Doing penance with our eyes open and just being there doing nothing is the only way to him. All the ways that has been said to reach divinity should converge in this way. Because this is the way which leads us to the door to the house of lord. Our eye is this way. So open your eyes, do not sleep, do not be lazy and do penance.

One who without seeing any differences get to know that lord Dakshinamurthy is none but supreme lord himself and realize that his teaching is “Just be there and do nothing” will be saved. One who acts with the strong belief that guru is parabrahamam will be saved.

**“Whatever words i tell were the words of my hero the supreme lord” – saint vallalar.** I am not telling anything myself. Whatever told through me is by the lord himself. By this he offers all his words humbly before the supreme lord. If this is the case whatever told by our saint vallalar is the same as told by AadhiGuru Dakshinamurthy is it not.

Not only for saint vallalar but through all the great saints, sages and Gnanis it is Aadhiguru who is imparting the wisdom to the world through them. Everything is his deed.

In today’s world lots of people without knowing Dakshinamoorthy is supreme lord himself and without realizing his teaching is the “Eye” way to the divinity is going in different paths and falling down and suffering.

One who knows this teaching has also hidden it to the world and because they have earned lot of Pabha or bad karma and because of this they too despite knowing the truth has not achieved completeness or divinity.

We are telling this secret to the whole world. Come all the people of this world. Time after time the teaching imparted by great saints and our saint vallalar i am imparting to the world using eye and waking up everyone with the eye. I am giving upadesha and dekshai to all the people of the world. So all the people of the world please come and let us all walk in the divine and pure path of light.

**Realize that the eyes were the only way to divinity. Realize doing penance is the only way to divinity. Eye is the way. So open your eyes to this.**

In today's world there were so many people who do prediction based on horoscope. In horoscope we have 9 planets called Navagraha. In this come the planet of Jupiter also called Guru Graha who is brahaspathi. Only this guru undergoes changes from one constellation to other constellation. This guru is not Dakshinamoorthy. So thinking that they are offering puja to GuruGraha people are offering puja to Dakshinamoorthy. So realize this. **Dakshinamoorthy is not the guru of Navagraha.** Dakshinamoorthy is supreme lord himself who is showing the path of divinity to us.

The teaching imparted by Dakshinamoorthy which is "Just be there and do nothing" , one who gets to know to do this penance by a guru upadesha and getting dekshai from the guru and does penance will get divine wisdom and will reach the supreme lord. By this way by doing penance one who has committed sin and karma for thousands of his birth will be done away by the grace of the Aadhiguru. Only when we get the vision of this guru will our sins be washed off. Aadhiguru should see us from within us. We should get the grace of Dakshinamoorthy. Only then all our karmas will be washed away with and we will get divine spiritual immortal life. So to get rid of our karma seek Aadhiguru. To know aadhiguru you offer your humble respects to a SarGuru here get upadesha and Dekshai. Do penance. **"One who does penance the penance will never go futile" -> Saint Avvaiyar.**

**Our father told by Jesus Christ, Alla told by Mohammed, ArutperumJyothi Aandavar as told by our saint vallalar were all same.** The lord who is as supreme divine light can be reached by increasing our divine light in our eyes and we ourself getting the divine light body. This is the teaching accepted by the whole world. This is the only important thing that has to be know by everyone.

Tamil Poet Kachiyappa Sivachariyar in his Thiruvilayadal Puranam tells about the form of Aadhiguru thatchinnamurthi is his following words

"Who sits beneath the tree of stone and who is as everything and also beyond them and who is imparting the divine knowledge to the four who were wellversed in Vedas by being just there without any speech we shall think of him without any thinking to get rid of our sins".

In lots of temple in tamilnadu we see lord Dakshinamurthy statue is sculpted facing south which is itself very famous.

But the sad part is people think lord Dakshinamurthy as NavaGraha Guru (Planet Jupiter) and offer the garland made of chickpeas and yellow color towel to him to get rid of the bad things bought by planet Jupiter in their horoscope. These all should be offered to Lord of planet Jupiter. This ignorance is due to fraudulent astrologers who subscribe offerings as atonement for one's bad karma did in previous births. Realize this it is not lord of planet Jupiter who is lord Dakshinamurthy.

One good thing is people without knowing about Dakshinamurthy still offering their worships and offerings to him. As we know the sin committed even without one's knowledge brings punishment and similarly good deeds also done without one's knowledge will bring fortune and blessings to one. So by accepting the offering of the people even though they do without



their knowledge lord Dakshinamurthy still blesses them by guiding them to get some type of guru in their life.

Even if one get any type of guru it is important. The duty of one is to be sincere and true to a guru. If a sishya or disciple is true and good it doesnot matter whether the guru is qualified and good or not. By being true to any guru and if the guru happens to be a fraud then lord aadhiguru on merit of being true and good will bless that disciple and showing him to a true guru. Since aadhiguru is one with ocean of compassion and divinity himself.

Can there be any good student then Ekalavyan who took dronar as his guru in his mind and practised and achieved greatness in archery?

The great philanthropist karnan is also the one who has praised his guru. Rama and Krishna who were considered to be lord himself in the form of humans has also approached guru and trained under him to show the importance of guru to the world.

Jesus Christ who initiated using divine fire also took initiation under Yovan using water.

So all the saints, seers and Gnanis who have taken birth in this world had some guru in their life and offered them their respects. So in short everyone needs a guru. We need a qualified and true guru. We should know about Aadhi guru.

**“One who doesnot offer respects to the feet of guru, for them lord will always be elusive” – saint tamil poet Avvayaar.** If we get a good guru who can tell us about Aadhi guru, his teachings and can give dekshai then we are very fortunate ones. One who accepts that the teaching of Aadhi guru and lord muruga to be **“Just be there and do nothing”** and makes us realize the divinity through our eyes and shows us the way to divinity through our eyes is the true MeiGnanaGuru. To get such a guru we should have done lot of good karma in our previous births. To such a guru we have to be true and follow his words sincerely and do penance and do this divine donation. By doing the door to the house of lord will be opened and we can reach god.

To his father to lord shiva it is lord muruga who gave the upadesha of Pranava Mantra and hence he is called “Thagappan Sami” meaning “Lord to the father”. The supreme lord became as Guru in the form of Lord Dakshinamurthy is what told by Lord Muruga as guru.

Lord Muruga is there wherever there is a hill. Hill in our body is our head. So lord muruga is present in our head. In the seashore in the place of Thiruchendur with Rudraksha Maalai in his hand he is imparting the divine wisdom to us as our guru. He is showing the way to deliver our soul. The place of Thiruchendur is the place of Guru.

## 7. RAMALINGA ADIGALAR (VALLALAR)

In this world there came many saints and seers for the uplifting the man. In this family of divine men in the year 1823 and in the month of October and in the 5<sup>th</sup> day there born a son who has come in this world to deliver the people who is named as Ramalinga Adigalar.

Near the town of Vadalur in Tamilnadu there is a small village by the name Marudur and in the place Ramalinga adigalar was born as the last son of the couple Ramayaa Pillai and chinnamaiyaar.

When Ramalinga adigalar was just 6 months old their parents took him to the famous Nataraj temple of Chidambaram. In this temple there is a small opening and this small opening is called Chidambara Ragasiyam meaning (divine secret of Chidambaram). When the divine child ramalinga adigalar saw this he laughed continuously and in that age itself by the grace of lord as chidambara he came to know what is meant by chidambara ragasiyam. His divinity is shown in that age itself. Is he not a man of great compassion who withered even seeing the withered grass?

Our Ramalinga adigalar was bought in love by his mother. Since his father died his family was disturbed as who will take care of the family. Because of the love of his elder brother ramalinga adigalar was taken care of and he lived with them. When he reached suitable age for getting education his elder brother arranged for his studies but his mind always turned towards lord muruga in the temple of kantha kotta (situated in Chennai).

Later without getting school education he learned divine education from the lord muruga who is also called as Thakappansami (meaning lord who is also one's father). Wanting to remain alone always he avoided crowd and visited kantha kota often. Lord Muruga removed the sufferings of ramalinga adigalar and gave him the desire to seek him.

Ramalinga Adigalar went with his brother who gave discourses on spirituality to the common people. With his brother's permission he stayed in the first floor of brother's house and worshipped lord muruga who is present in everyone in their head. Because of his intense devotion tears of joy came out from his eyes like waterfalls. He got divine grace. He saw lord muruga who form is of six heads and full of divine light in his inner mirror and surrendered himself completely to lord muruga.

Once his brother was not able to give discourse on PeriyaPurana (Saivite scripture explaining about the 63 nayanmars/siva's devotees life and their songs). In that time our saint Ramalinga adigalar went and gave discourse to all the people who have conveyed to hear the discourse which is supposed to be given by his brother. The discourse was such that all the people who have gathered were spell bound on hearing his words from a young boy. After this incident the whole town came to know about his divinity and spiritual prowess. Only after this his family members came to know about his greatness and slowly all the places came to know about him.

Wanting to remain in solitude he visited the temple of thiruvotriyur and seeks the lord thiyagasan and divine mother vadivudaiamman. This temple was many miles from his house. Despite this he visited this temple daily by walking all the distance. He had the divine hunger and in bliss he sung glory of the lord.

Our vallalar who got the grace from lord muruga in the age of 9 started singing and writing songs of divinity from that young age. He first composed the songs for lord muruga and then his divine songs increased praising and glorifying lord Thanigai Natha (one of the name of lord in Thiruvotriyur). Were they the songs sung by a small boy! These songs were so intense with lot of divine wisdom and divine experience in it and all the learned and holy men were amazed by the content and richness of the song.

By his songs and devotion he was in the state of divine bliss. By his songs even the men who offer puja to god also had their doubts cleared. The lord himself who is present in every human being as the divine light in the eyes came to him and showered his grace. **It is lord himself who gave the Thiruvadi Dekshai (Explained in earlier chapters) to our vallalar.** The divine mother Vadivudaiamman also showered her grace and gave the divine milk (Amirtha) to our ramalinga adigalar! Our vallalar.

Our saint vallalar also practised penance in the jeeva Samadhi of the divine seer Patinathar which is present near the temple Thiruvotriyur. This saint also showered his graces on our vallalar.

By roaming from place to place and searching the supreme lord he realized the supreme lord within himself as well as everywhere. This realization gave vallalar bliss and his mind was full of divine ecstasy and divine bliss.

Lot of saints and holy people realized our saint vallalar and his love by their knowledge. They also came to know about his Aanma Neya Orumaipadu (meaning seeing oneness in all the soul).

His relatives by compelling him arranged for his marriage and married him to a girl. Our saint vallalar told other than the supreme lord he is not related to anyone and left his house to seek the divine house of the supreme lord.

By severe penance he attained supernatural powers one by one and at the end he attained completeness and got divine wisdom and full divinity. He tasted the divine nectar and wished all the people attain this state and hence preached about the way to divinity to everyone.

Our saint vallalar had no interest in the materialistic things and always seeking the mercy and grace of the supreme lord. We have seen he was overwhelmed by the lord Nataraja when he was just at the age of 6 months. Now also the lord embraced him with love and grace and protected him. The lord gave him all the siddhis (supernatural powers) and made his greatness known to the world. The lord himself told that vallalar is his child.

All the people gathered around him. Everyone was attracted towards him because of his divine spiritual fire inside him and also because of his grace. He gave discourses daily. With love he called all the people of the world to vadalur to get the life of divine immortality and overcome death. Lot of good people became his disciples and followers. They all earned good karma (punniya) by becoming part of his divine work. He saw the suffering of poor

people because of hunger. To alleviate the hunger he started sathya Dharma salai (A place where food is served to all people free of cost, even till this day it is still functioning).

Now for the people who have hunger to attain lord he started Sathya Gnana Sabai. He called all the people who were seeking lord and for them to show the way to divinity internally he showed the divine flame in the SathyaGnanaSabai.

Because of this spiritual revolution was started. People who were immersed in devotion he showed lord is none but ArutPerum Jyothi Aandavar (meaning lord is none but master of supreme divine flame or one who is ruling over supreme divine flame/jyothi) and he is not somewhere very far off in the sky but is present in our body as divine light in our eyes which is MeiPorul (Truth) and is represented as 8 and 2. By this he opened the divine wisdom which was kept secret to all the people. People who heard and understood his discourse praised him and were surprised to know about the simplicity of the lord. He told everyone to see within themselves the supreme lord through their eyes.

There are no words to describe about the greatness of our saint vallalar. Till that time all the seers and saints were praising only lord as philanthropist of grace. But the disciples of vallalar gave the name "Thiru Arut Prakasa Vallalar" to him. Thiru Arut Prakasa vallalar indicates Thiru means divine, Arul means grace, Prakasa means bright, Vallalar means supreme Philanthropist. So it indicates a person who out of infinite compassion gives the divine grace of supreme brightness to all. This is very suitable for ramalinga adigalar.

When vallalar himself learned about this title he split the word Vallalar as (Vallal + jaar) meaning a person who seek to know about the philanthropist of Thiru Arut Prakasam and humbled himself. He is a person of such simplicity and humbleness. There is no one equivalent to him in this entire creation.

He is the one who made it simple all the difficult teachings of saints and seers for attaining divine knowledge and divine bliss so that all the people of the world can understand it. He is the hero of divine songs sung in praise of supreme lord. The book he wrote ThiruVartupa is tastes like nectar which can be tasted again and again. It is made of sweet Tamil and tastes like superior honey. It is sung by all the simple people and everyone can taste its sweetness. They are songs of divine bliss.

ThiruVartupa is the essence of the teachings by all the great seers and saints who have took birth in this world. We can call this as the divine box which when opened or read will give the divinity to all. Our Saint Ramalinga Adigalar has combined the greatness, sweetness and divineness of Thiru Mantiram (also called tamil Vedam) and ThiruVasagam and given in simple poems as ThiruVartupa.

The greatness of the Saint Ramalingar is that he can explain even the experiences felt by a child in the womb. He saw the sufferings of all the living beings in this world and felt deep sadness. His mind withered on seeing even the withered grass. Such is his compassion towards all the life forms. The living beings without realizing that the supreme lord is within them as their soul were suffering endlessly, our saint felt deep compassion on the state of the living beings. He begged to the lord for bliss and happiness of all the living beings. This became his only prayer to the supreme lord.

He began his penance at the age of 12 and did penance for long time. By this he raised in his spirituality step by step. **The final stage of attaining divine wisdom and getting a spiritual body of divine light and bliss is also bestowed upon him. By this he became deathless and immortal.** In the year 1865 he established Samarasa Sutha Sanmarga Sathya Sangam for the upliftment of the entire world. The philosophy of this sangam is "The supreme lord is only one. He is none but ArutPerum Jyothi Aandavar (Ruler of supreme divine grace light). He is of supreme divine light and can be reached by increasing the divine light of our eyes by doing penance on this divine light of our eyes. There should be no worship of small deities and fairies. Much more important is that we should not have sacrifice of living beings in their name. The only way to the supreme lord is by pure love. We should treat all the living beings like us and love all the souls.

There should not be any distinction among people in the name of caste, creed, religion, language, region or race. Everyone in this world were the son of the supreme lord. So we are all brothers and sisters. In the way of divine wisdom we are all souls. We should leave aside all the superstition. Whatever festival we have there should be distribution of food to all people. All the humans should take only vegetarian food and everyone should live a life of devotion towards lord, should be virtuous, honest, culture, love and lead a life which is praised by everyone." These were his teachings.

In lots of town and cities in india and abroad there were lot of sanmarga sangam functioning. For all the sanmargis (one who follow vallalar sanmarga) **"Compassion towards living being is the key to the house of supreme father"**.

But everyone has misunderstood that Compassion towards living beings means just providing food to the living beings. Our saint RamalingaAdigalar has written a book titled "Jeeva Karunya Olukkam" (meaning Morale of compassion to living beings). Read this book and become disciplined. In this book he has told the way so that our soul will always be in our body and attain deathlessness and also the way of doing penance for achieving the above. This is compassion for all the living beings called Jeeva Karunya Olukkam. By this a living being can understand that lord is present as divine light in their's eye and then by doing penance can achieve Moksha. This is the divine blissfulness or Perinbam (superior supreme pleasure). This completeness should be got by all the human beings. Only for this god has given us this human birth. Realize this truth! All come to Vadalur! With all this he calls all the living beings.

**"One who does not die is a real sanmargi"**. This is truth. One who dies has not overcome death and hence he does not realize the supreme divine immortal state. Is it not. In one siddhar song **"Inorder to remain without death milk the milk in the head"**. When we increase the divine light in our eyes it intrudes in our head and in this state divine nectar will overflow and drops in our throat. This milk is called divine nectar. Kudambai siddhar also in one of his songs indicates this as **"Those who drinks the perennial milk and be in the hill"**. Our saint vallalar also talks about this state only.

**"Do donation of food to the needy" but this alone is not sufficient.** You need to donate the divinity or way to divinity to everyone as everyone is in need of this. Only this donation will fetch you a place in the lord's kingdom. "Telling everyone that lord is as the true wealth in our body and to reach him doing penance on the divine light in our eyes is the divine donation".

Saint Poet Avvaiyar also sings “**It is very rarity for a person to do penance and donation**” also indicates divine donation. This divine donation is told by vallalar as the key to god’s kingdom as “**Compassion on living beings is the key to the kingdom of lord**”. This is asserted by Tamil poet bharathiyar as “Instead of building 1000’s of place to supply free food it is better to impart the knowledge of letter to the poor”.

By the above poem bharathiyar means if we build one place for supplying free food we can serve 1000’s of people. If we build 1000’s of such place we can feed 10 lakh (1 million people). But according to him this is not such a great thing. What is great than providing food to 1 million people is to provide knowledge of letter to at least one person!

Which were the letters? They were alphabets A and U in Tamil which denotes 8 and 2 in numbers. These two letters were considered divine letters. Imparting the knowledge of 8 and 2 to other is the most significant and rare thing. Seers tell great is to take the birth of human still great is to get a good birth without any deformities still greater is learning the divine education of 8 and 2, still greater is to realize the divinity by doing penance and doing the divine donation to all people. Only divine donation is considered as most rare deed better than the great deed of providing food to the needy.

Providing good and tasty food to any people who were hungry is our culture. Tamil culture is based on serving the guest. Bigger than this is the divine donation. This donation is being done by all the seers and sages. Starting with the publication of the book “Kanmani Maalai” and with this book “SaaKaa Kalvi” this humble being has released 24 books and doing divine donation. It is because of the mercy of Ramalinga Adigalar i am doing this divine donation. Doing divine donation to all is the work given to me by our saint Vallalar. By his grace only this divine work is proceeding in correct and right way.

Our saint Ramalinga adigalar in the year 1867 in the town of vadalur he established satya Dharma Salai and provided food to all the people who came there. This he need because he does not want food to be hurdle for the people who come there to receive divine donation. He does not just stop only with providing food. In the evening whoever came there he gave divine discourses which were very sweet for the ears and for anyone who heard, it became nectar for the soul to satisfy its hunger.

Not only he stopped giving discourses, he gave demonstration of what he is teaching to them. This is the incomparable and unique thing. In the year 1872 he established the building of Satya Gnana Sabhai and with that he explained all the divine and inner experiences to the humans by showing Jyothi darshan. Every word and deed of our graceful saint Ramalinga adigalar is divine. His life itself is divine. There is nothing other than divinity in him.

We can keep on talking about the innumerable miracles performed by our compassionate saint vallalar. He is not only master of 8 siddhis (8 supernatural powers) but master of 647 crore siddhis as told in his poem “**All the siddhis of 647 crore i got from the supreme graceful lord**” and by this he was like siddhar of siddhars and greatest of the seers and saints. The supreme lord himself called vallalar as his dear son and gave him his seal-ring, bracelet and sceptre and asked him to spread the grace for the upliftment of the world means we can understand the greatness of our saint vallalar.

**“I saw the Sathya Gnana Sabha within me”**. “I took the sanmarga siddhi from the supreme lord”. “I was blessed and given immortality all time”. “No one in this world has been blessed with your divine grace like me”. “All the worlds have become my possession”. “Strike the drum telling i have become ArutPerum Jyothi”. -> All these he has told about himself the state he has achieved in ThiruVartupa. Is these sample words not sufficient to indicate his greatness and divinity.

He published three books by the name “Olivilodukkam” (1851), “Thondai Mandala Sadakam (1856) and chinmaya Deepikai(1857) and hence is a publisher also.

Vallalar was also author of two prose literature called “Manu Murai Kanda Vaasagam (1854)”, “JeevaKarunya Olukkam (1879)” and hence he is a book author as well.

The songs sung by vallalar which number around 6000 was released in six volumes and was available for long time by his grace. He is such a great poet and this can be seen by reading these six volumes of Thiruvartupa. These collections were first released in the year 1867.

Vallalar first held classes on the divine poem Thirukural. Vallalar started the first school for the aged people imparting education to them. Vallalar is the first person in TamilNadu who possessed mastery to study the inscriptions carved in stones

Vallalar who started the sanga for Sanmarga also created a flag for Sanmarga. The buildings Sathya Dharma Saalai, Sathya Gnana Sabhai and the book Thiruvartupa were the explanation for sanmarga.

The Thiruvartupa sung by Vallalar is the updesha for sanmarga. The Sathya Gnana Sabai created by him is the explanation about divine experiences in sanmarga. He showered grace on all people so that everyone can achieve the divine immortal state achieved by him.

In a place called KarunKulli (meaning hole that is black) he lit a lamp with water. Similarly in his body the eyes which were karunkulli and which has divine light in it he did penance on this divine light such that tears were flowing like water fall. Because of his sincere penance he attained divine bliss and spiritual pleasure called Perinbam. In order for us to achieve this divine bliss and pleasure he gave us the collection of divine songs ThiruVartpa.

Today whoever reads ThiruVartupa and has the hunger to achieve divinity vallalar himself will overwhelm them with love and grace and will make them realize the unity of all souls/seeing all the souls as themselves (Called AnmaNeyaOrumaipaadu). Starting from vadalur and in the place of our body he will make us know the MeiPorul (True wealth) and will protect us and shower his grace for us to achieve divine wisdom and divinity.

Vallalar, the great spiritual guru and teacher is also expert in different fields and hence a great saint and seer. He thought about the daily duties of a human, discipline in taking food and what food to take, virtuousness, Penance and Divine donation. By following this any human can attain divinity and become a man of great excellence and purity. Such is his compassion and grace he had on all the human beings.

Vallalar is also a social reformist. He worked hard to remove the superstitious beliefs. He worked hard for spreading discipline of sanmarga and to remove barriers of caste, creed, religion, race, language and nationality.

Vallalar a great human led such a simple life. He wore only white dress and ate very simple vegetarian food. He showered love on all the living beings. He preached the same to all the people.

Vallalar told people not to worship him. He asked people to worship the Supreme Being. He taught that the purpose of this human birth is to get the grace of the lord and told he will help them to achieve this purpose.

**Telling clearly that there should be no distinction among humans he divides all the humans in two categories. AgaVinathar and PuraVinathar.** People who were not virtuous and who eat meat and kill other beings will never get the grace of lord. Such persons were called PuraVinathar. People who are virtuous and does penance were called AgaVinathar. These were the people who will receive the grace of lord and attain divinity. Only these people will get the life of immortality and will overcome death.

If the PuraVinathar leave aside their non-virtuousness and meat eating they will also become AgaVinathar and can attain divinity with the grace of Vallalar and Gnanis.

It doesnot matter if you are PuraVinathar till yesterday. But from today you become agavinathar by being virtuous and shunning from eating non-vegetarian food. You can attain divine wisdom and divinity. Does not a thief become a great sage? (Author of Ramayana Thiru.Valmiki initially is great thief, later he realized his faults and by penance and virtuousness he became MahaRishi or great sage). A highly libidinous person becomes a Gnani after realizing his fault. He then sang thousands of poems to lord muruga and became a great spiritual guru after doing penance and by the grace of lord muruga. This person is none but authot of highly divine poem Thiru Puzhal Arunagiri Nathar. So anyone can come to sanmarga. Everyone can get divine wisdom and divinity. There were innumerable saints and seers and siddhars and Gnanis who were always ready to help us to achieve our divinity and protect us. Particularly our saint Ramalinga Adigalar is waiting for us with his eyes to show us the way to divinity thorough our eyes.

Our Vallalar prays to god as **“Whatever great things i got and archived can’t be told in words and i wish everyone in the world get all these supreme things”**. Yes we can’t describe in words the greatness and divine states that he has achieved. He prays to lord to give the divine state that he has achieved to all the human beings. Such is his compassion.

Our Vallalar has learnt everything from the lord himself. He got everything from the supreme lord himself. Our Vallalar learnt, got and resided only in the lord. Is it not only the Supreme Being who can get this divine child?

Without realizing his sacredness and glory there were some people who scolded him and told all the wrong things about him and questioned about Thiruvartpa. They went to court telling that whatever vallalar has written and sung were against spirituality and supreme lord. In the court there happened a miracle. When our saint of white dress entered inside the court all the courtiers including the people who bought the case against him stood up and showed him their obeisance. The Judge told if a person is being worshipped even by persons who were against him, then it shows his divinity and whatever words comes from his should be very divine. So using this incidence the supreme lord showed to the world the greatness of our saint Vallalar to all the people.



Right from the time immemorial there has been people of both PuraVinathar and AgaVinathar. When the persons of Puravinathar increase then god comes to this earth and reduces the burden of this earth as he is the one ruling us.

Thiru Arut Prakasa Vallalar is sent to this earth by the supreme lord himself by his grace. In his 51<sup>st</sup> year in the date of 30-01-1874 in the place of Mettukuppam SiddhiVallaka building he became ArutPerum Jyothi (Supreme divine light). He had his destructible body converted to divine light body and attained the 3greatbodyofsiddhi and united with the supreme divine light of the lord.

In the entrance of the SiddhiVallaka building in Mettukuppam (near Vadalur) we can read his last upadesha. He asks every one to think about the ruler of supreme divine light and by this thought get the divine consciousness and with alertness and with realization about the truth do penance. Do penance on the supreme lord who is present as divine light in everyone's eyes. He told "At present i am present here and from now i will enter inside everyone".

The above words of vallalar contain lot of divine secrets. How is it possible for vallalar who entered inside the siddhivallaga building and became divine light to enter into every one? How can he mix inside everyone? Think about it. Whoever you may be you first become agavinathar shunning meat eating (all non-veg foods) and being virtuous. Then seek a guru who can give you the consciousness of MeiPorul (divine wealth) to you. If you get MeiPorul Upadesha and get consciousness in your eye which is deekshai, then during the process of getting deeksahi vallalar will get inside you. Deekshai is the way for allowing vallalar within us. Eye is the way through a guru who gives MeiPorul Upadesha.

Don't you need to get such a Punniya in your life? Does not your birth become pure? Come to kanyakumari, this humble one will be your guru and will give you Upadesha and Deekshai will pave the way for vallalar to enter inside you. It is vallalar who is making me to write all these things. It is vallalar who is giving deekshai and upadesha through me.

It is vallalar who is inside me and making me to act. Inorder to see the Supreme Being inside us as goldendivine light come to Thanga Jyothi Gnana Sabai in kanyakumari. To see the divine light within you which is demonstrated in vadalur Sathya Gnana Sabai please come to Kanyakumari.

In order to tell the name of Thiru Arut Prakasa Vallalar this humble being tongue should have done crores of punniya. In order to sing the praise of Vallalar who is like a sun of Gnana and write and publish more than 26 books this humble being hand should have done crores of punniya. In Order to make all people realize about the divine immortality and deathlessness whatever the great saint told and gave deekshai, this humble being is able to do that through my eyes means what a great birth and punniya i had?

Vallar himself is coming as Guru and giving his grace to us. If we see, if we know and if we realize then he is a very lucky person. He will get complete grace.

It is my guru Thiruchy Gnana Siddhar Jyothi Ramasamy Desikar who gave me deekshai and made vallalar to enter into me. When he took Samadhi he made me guru. Vallalar completely overwhelmed me and removed my karmas and made a human and then as guru and blessed me with this grace. What a compassion vallalar has.

If we tell the name of vallalar itself we will get punniya. When we go to vadalur and see the jyothi darshan we will get divine wisdom. If we read ThiruVarutpa we will get the blessings and grace of lord. If you come to Thanga Jyothi Gnana Sabai then you will get Deekshai. If we get deekshai and MeiPorul Upadesha and know and realize it then we will get supreme bliss and pleasure. It is very important to do divine donation. Become Agavinathar and be part of Sanmarga Sangha. Come and we can all reach Arut PerumJyothi Aandavar (Supreme being who rules the divine supreme Grace light).

Vallalar, who preached that God is one and he is full of grace and of supreme divine light. His love and compassion were infinite and has no limits and he gave us a mantra describing his gracefulness and compassion. The mantra is

**“ArutPerumJyothi ArutPerumJyothi**

**ThaniPerumKarunai ArutPerumJyothi”**

In English form it translates as

**“Supreme Divine Graceful Light Supreme Divine Graceful Light**

**Supreme Divine Infinite Compassion Supreme Divine Graceful Light”**

In Bagavat Geetha lord Krishna tells “Among Mantras i am Gayathri Mantra”. The meaning of Gayathri mantra is “I am meditating on the supreme divine light of lord which has filled all the worlds”. This mantra which is in Sanskrit language has been blessed to us in Tamil form by our great saint vallalar as the above maha mantra. In this mantra the supreme lord’s form, nature , quality were brought out. This is the greatest of the mantra. This is one of the graceful thing that vallalar has given to this world and is very special.

“With Karma being my body and in this body

With eyes as the accessible/displaying place you are shining there

With body as my house i am getting near to death daily

Oho my dear lord and captain of my house will you not embrace me

I have given myself and my guru Vallalar has given himself and overwhelmed me

I have surrendered to you and you own me please protect and save me”

This is the song that i wrote with ThiruVartprakasa Vallalar on my mind. When i think about vallalar, who is the author of great Thiruvartupa, thousands of songs flow in my mind like a waterfall. Will he not bless us to be ever without death? Yes certainly he will shower his grace on us.

## 8. SPIRITUAL EDUCATION FOR DEATHLESSNESS

Is it possible to avoid death? Is there a way to avoid death? The answer to the above question is yes, it is possible. We see a lot of Gnanis who were in Jeeva Samadhi state. When in Jeeva Samadhi our body will not die and our soul will always remain in the body and there is no death. Sri Ragavendra is one such example. Similarly there were thousands of Gnanis whom we know have achieved this state. There were crores of Gnanis who have achieved this state and whom we don't know. This is India. This is a place of divinity.

Much higher to this divine state of Jeeva Samadhi is the divine state of becoming divine light. The saint Bhadragiriyar became divine light and united with lord Siva within split second in the holy town of ThiruVidai Maruthur near Kumbakonam in TamilNadu. The great women saint Andal united with the supreme lord by becoming divine light in the holy place of Srirangam near Tiruchy in TamilNadu. Saint Thiru ManickaVaasagar united with lord Nataraja by becoming divine light in the holy place of Chidambaram. Much greater than this is the state achieved by saint Thiru Gnana Sambandar. Whosoever came to the marriage of this saint, all became divine light and went to the supreme abode of lord.

There were crores and crores of people who have attained the highest divine light body and became immortal. Latest to come was in the year 1874 in the place called vadalur and in vadalur in a place called Mettukuppam our divine saint and seer Thiru Arut Prakasa Vallalar Ramalinga Swamigal became divine light and united with the supreme lord ArutPerumJyothi Aandavar.

As we know it is very rare to get this human birth. Our Vedas, puranas, Idhikaasas were all divine scriptures and it shows four divine states in which a human should strive and can achieve the supreme lord. The four divine states were called **Sariyai, Kiriya, Yogam and Gnanam**. **Sariyai** means devotion and by this path to achieve the divine wisdom and lord will take lot of births/Janmam. With extreme devotion divinity will be known and only after that one can achieve mukthi. **Kiriya** means doing Yagam and pooja as done in temples, with extreme pooja, divinity will be realized and after that mukthi will be got.

With the techniques of **Yoga** like Pranayamam, VaasiYogam it will take lot of births for one to achieve Divinity. Only after extreme Yogas it is possible for one to achieve divine wisdom and after getting divine wisdom only one can get divine pleasure and divine bliss.

**Gnanam** – The effort of one in order to know himself, will get oneself to divine wisdom faster. With constant and extreme effort to know oneself one can get the divine wisdom in this birth itself. We can become Gnani in this birth itself. Once we become Gnani then deathlessness is achieved. This is immortal state.

Devotion, Karma, Yoga will take lot of time and many births were needed for achieving divine wisdom. All these efforts will lead one in the state of Gnana. In the state of Gnana, by doing penance one gets divine bliss.

**“One who have completed the path of worshipping lord as Moorthi, Visiting the holy places and bathing in holy waters properly, for them they will get a SarGuru who will tell them way to divinity”** – Saint Thayumana Swamigal. So think about the above words from the saint. One who visits holy places often, one who always give food to the needy, One who always do good deeds and one who are always helpful and chaste, for them god will first show them to good and qualified guru. So with the help of the guru through whom one gets deekshai and one who does penance and divine donation will reach him. They are the one who will overcome death. After getting guru and from him learning and mastering the spiritual science of immortality and does penance will get divine wisdom and divinity.

To tell in short wherever you go and whatever you do in the end one who surrenders at the holy feet of guru will get divine wisdom and divinity. One who learns the spiritual science of immortality through a guru only will get mukthi.

So to learn the sacred spiritual science of immortality we need a qualified SarGuru. For a human to become complete and for the union of jeevatma with Paramatma, to become deathless and to avoid rebirth and to achieve divinity he should learn this spiritual science of immortality. It is SarGuru who is the teacher to this sacred divine science.

One who learns the education through a SarGuru and does penance will become a human. We can't call everyone human who have just the human body. A human who has taken birth because of his karma and who acts as per his karma and get struck in the illusion (Called Maya) will be caught in the repeated birth and death cycle. It is very difficult for him to overcome this birth death cycle (called Samsara Saagaram) till he gets a good SarGuru.

It is SarGuru who imparts us the knowledge of deathlessness and gives us necessary experience for us to attain necessary spiritual maturity and deathlessness. This science of spiritual immortality is not something that is very difficult. This path is the path of Gnana. Gnana is easier than the path of devotion. Gnana is easier than the path of karma. Gnana is easier than the path of Yoga. Only thing is one has to get a qualified and divine SarGuru.

We should first understand what is meant by deathless education. We could have seen in the magazines which displays that a person after death has attained the post of Siva Loga or the post of Vaikunta Loga? No way is this possible. When one dies he will reach heaven or hell. He has to take birth again. One who dies will be born again. This is truth.

**All the great people have worshipped and prayed lord not to make them born again.**

On seeing this our saint vallalar thought that i have already taken birth and only if this birth ends then i need to born again. Only if my present birth ends and death comes then only i will be born again.

We can take birth only if we undergo death. Is it not. If we don't die birth will not occur to us again. We need not think about other birth. Our saint vallalar thought in this way. Since we have already taken birth and if we can avoid death in this birth itself we need not required to be born again.

So to avoid rebirth we have think ways of avoiding our death. Only then avoiding rebirth is possible. We should seek for a person who can teach us the way to deathlessness. We call a person as guru who imparts us materialistic knowledge. One who imparts us the divine knowledge of deathless can be called SarGuru. Not everyone can become a SarGuru.

No one can be born without the presence of father and mother. Our parents have given us only the destructible body. In the destructible body it is lord himself who is present as our soul. In order to see the lord as our soul it is important to get a guru who is equivalent to our father and mother put together. Only with the upadesha and deekshai of a SarGuru we were born again. In order to avoid birth after death we are born again in our body with the deekshai of SarGuru.

SarGuru is one who awakes our soul and makes us realize ourself through the way of eyes and makes us to reach the supreme lord. He is Gnana Guru! Mother, Father and Guru (who is equivalent to both father and mother put together) and then only comes the supreme lord. One who has got a SarGuru who is like father and mother to him can be considered to be a blessed person. Only such a SarGuru can impart the deathless divine education.

Below is one of the phrases from Thiru Manthiram written by seer Thiru Moolar

“For the Supreme Lord  
Our inner mind is his sanctum,  
Our destructible body is his temple,  
Our mouth is the entrance of this temple,  
For the realized people jeeva or soul is the sivalinga,  
The sense which deceive us were the lamp of beautiful bead”

The divine book Thirumanthiram is the great holy book which shows the divine way to the whole world. In the above poem the saint Thirumoolar clearly says that the human body is the temple and the sanctum in this body is where we find SivaLinga which is our soul. If we unite all our five senses and increase our divine light by penance we can see the lord as our soul who is residing in our body. Another poem from Thirumanthiram tells about the relation between body and soul

**“If the body gets weakend the life force weakens,  
Such a person cannot seek the divinetrueth and attain it,  
I got the knowledge of conserving and developing my body and with that  
I developed my body and so my life in it.”**

See how big truth is easily told by Thirumanthiram. If we increase the divine light of the soul by doing penance and also maintain our body in healthier way then our body will not be destroyed, the divine light of the soul will increase and will attain the supreme infinite divine light of the supreme lord”.

**“The purpose of attaining this body is to seek the lord within the body”**

- **Saint Tamil Poet Avvaiyar.**

Saint poet Avvaiyar also exponents the importance of maintaining a healthier body. The supreme lord is who is present everywhere is also present in our body and is accessible through our eyes, knowing this by guru upadesha and doing penance on this divine light will get us divine wisdom/Gnana. This way is called Gnana Valli (Path to divine wisdom).

This way is the highest path and noblest path. This Gnana Valli (Path) is the only way with which one can reach the supreme lord and by his grace can get supreme pleasure and bliss. By this way of eye only all the great saints and seers have achieved divine greatness. There is no hint of doubt in it. This is the only way to realize lord and this is the true way.

To attain the everlasting soul we have to realize that lord called by names like Nirmalan (means one who is devoid of faults/impurities), Vimalan, Visweswaran (who can give anything and do everything), ParamPorul(One that is present everywhere) and heavenly father is accessible through the pupil of our eyes. This is the education for deathlessness.

Whatever you know, whatever you do and try you need to leave everything and should know that lord is present as the soul in our body and the way to reach him is through the pupil in our eyes. After knowing this you need to get deekshai from a SarGuru and get the divine consciousness in eyes. With this you need to do penance on this consciousness and only then you will get divine wisdom. You need to do divine donation (see chapter 5) for achieving completeness.

There were crores and crores of saints and seers in India who gave discourses on Vedas, Upanishads and other scriptural literatures. There were crores and crores of people who have heard these divine discourses for many yugas. These seers and saints have come to this world whenever there is a need for them, and taught us about the MeiPorul (divine truth) and showed way for everyone to achieve divinity. For the past 150 years it is our saint and seer Thiru Arut Prakasa Vallalar who is the topmost seer in guiding people towards divinity. It is lord Buddha who took birth here and attracted people all over the world. People were attracted by the saints like Jesus Christ, Mohammed, GuruNanak and MahaVeer. Their work is to make us to know about the supreme lord and show us the way towards the lord. These works were called divine donation.

The quality of these saints is to give the divine knowledge and bliss that they acquired to the whole world and to take the world towards good path. It is because of the love and compassion they had for the whole world. For this sake they have to suffer innumerable pains. This stupid world never realized the greatness of these saints when they lived among them.

This stupid world crucified Jesus Christ in the holy cross. This stupid world pelted stones on the saint Mohammed and made him to leave his place. This same stupid world gave poison to Socrates. It shot Mahatma Gandhi with the gun. Like this we can cite so many instances. The reason for this is in this world the majority of the people were immersed in stupidity, ignorance and ego.

So this world gave the saint and seers and Gnanis lot of trouble. But the Gnanis accepted all these sufferings gracefully and still did only good to the people and had lot of love and compassion towards them. They all did divine donation. They struggled hard to remove the ignorance of the people. Not a single Gnani has seen any difference among people. They saw all people to be children of the supreme god. They showered love and compassion towards all the people. This is the character one occurs when he gets the divine wisdom and becomes a Gnani.

From Songs of Vallalar we can see the nature of Gnanis.

**“Wherever there is compassion in one’s nature there you can see the divine supreme grace light”.**

**“Whoever seeks to him it is divine supreme grace light which will fill their desires accordingly”.**

These were the nature of any Gnanis or seers or saints. Their mind will wither on seeing the withered crop. These were the nature of great Gnanis.

We have seen

“The purpose of this human body is to search the supreme lord within it”. This is Gnana or divine wisdom. The education which teaches this is the education for deathlessness.

Worship any people who have seen him (lord). Fall on the feet of those people who were teaching this education. Whatever Vallalar has taught in his Sanmarga is the Sanadhana dharma. This way of life (Sanmarga) is meant to make humans live as humans and not as animals. This way is to get divine consciousness in our eyes and reach lord. This is not something that is taught new. This is the way taught by all the Gnanis and seers and saints for reaching the supreme lord. All the Vedas talk about this Gnana only.

**“A Sanmargi is one who will never die”**

This is the answer given by Vallalar when asked who the true sanmargi is. Sanmarga Sanga is for showing the way to deathlessness. In satya Gnana Sabhai during the auspicious day of ThaiPoosa Jyothi darshan will be shown. It is the demonstration of seeing the lord as divine flame/jyothi within. This is founded by Vallalar to show people path to divinity. It demonstrates the divine experience one gets while doing penance. Vallalar is guiding the people without appearing directly and he is the one who opens our eyes and shows the way inside us. One who knows this will know it. They will be made known by their knowledge. One who has faith will receive the divine wisdom or Gnana. People with faith will see their divine light in their eyes. They will see their pupil and they will see the supreme lord.

There is a saying which tells “People way of living will be reflected in the way they die”. One can understand whether one has done good or bad deeds after his death.

This is for ordinary and normal people. But for great people they can remain deathless by suppressing their soul and attaining the state of Samadhi. This is a great state to achieve.

But still great were the people who by doing penance will convert this body made of 5 elements into any one of the elements. This is still a higher state. Example for this state is of saint Pattinathar who took the form of shivalinga. Sri Rama merged with the waters of Sarayu River. All these acts were extraordinary and noble.

But much more divine and noble and highest is the state of becoming divine light. For this example we have saints like Bhadracharya, Andal, Nandanar, Manivasagar, Thiru Gnana Samandar who along with his near and dear ones achieved the divine light state. There were so many saints who achieved the divine light body in our country. I have spelt only few examples. We also hear that Mahavatar Babaji has given darshan in the banks of Ganga as divine light.

Jesus Christ came out from the grave as divine light. This is satya/truth. Vallalar tells “By the grace of Arut Perum Jyothi Aandavar (Lord of Supreme infinite grace light) the dead will come alive” and sings. Is Jesus Christ not example for the above verse.

Oho people of the world! Do not see difference with respect to caste, creed, religion, language, race and nation. Read and think all the teachings by great saints and seers. You will realize that the truth is one only. The supreme lord is one. He is full of grace and divine light and is present everywhere. He is the Arut Perum Jyothi Aandavar and is without any beginning and end. He is present in our body as divine light in the pupil of our eyes. So lead a life of love and compassion. In order to deliver your jeeva/life do penance. Tell the divine secrets to everyone and this is divine donation. Do penance and divine donation else you will die.

**“My way is deathlessness giving sanmargam. Come on oho people of the world let us all live a life of immortality and divine bliss”.** So you humans come to kanyakumari. I am teaching the same education for deathlessness as taught by vallalar and by his grace.

From Kanyakumari i am giving Gnana Upadesha and imparting the knowledge about divine thing (MeiPorul) and giving deekshai. For this purpose i have established “Thanga Jyothi GnanaSabhai” and by vallalar grace i am giving deekshai to all by the grace of vallalar. It is vallalar who is protecting me and giving grace. Vallalar has told **“I will only run the Sanmargam”** and through me he is making this words to come true. This Thanga Jyothi Gnana Sabhai is established with the help of donations received by my beloved students who have taken deekshai from me. So people come over here.

The state of Gnana is seeing the light in the pupil of the eyes and with just being there and doing penance. This is called Mona nilai. This state of being just there is what conveyed by Aadhi guru Dakshinamurthy. “Just be there and do nothing” is what told by lord muruga who is also called “thakappan sami” to saint Arunagiri Nathar. This is what taught by all the seers and saints who took birth in this world. This is the spiritual education for deathlessness. The reason for the birth of Thiru Arut Prakasa Vallalar Ramalinga Swamigal in this world is to teach this spiritual education of deathlessness to the world. This is what this humble being is doing at present.

To this humble being and sinful person it is vallalar who overwhelmed me with his grace, gave me Thiruvadi Deekshai and made me to realize MeiPorul (truth), gave me good divine experiences, removed my evil karmas and after lot of hard trials mended me and then made me as guru and gave me lot of good souls as my disciples along with Thanga Jyothi Gnana Sabhai in kanyakumari and by this making me to teach the education of deathlessness to the world. It is our beloved vallalar who is with us everytime and guiding us. So you people come to kanyakumari for getting deathless life.

It is vallalar who showered his grace through the book Thiruvartpa is also teaching this divine education of deathlessness to the world. In order to make one to realize this education he established Satya Gnana Sabai in Vadalur. He established jyothi darshan as a demonstration for seeing the lord within as jyothi/divine flame. Maanasa pooja is nothing but “just being there and do nothing” which is what taught by AadhiGuru Dakshinamurthy, vallalar is calling us to realize this and by this achieve divine pleasure. Arut Prakasa Vallalar is a great spiritual revolutionist.



Being called a human is the only criteria for learning this education for deathlessness. Having the good virtuous of human is the only criteria for learning this education. There is no difference among men.

**“Did i shy to worship my Guru”**

**“Did i forget to give Kaanikai (offerings) to my Guru”**

These were the words conveyed by vallalar in his book “Manu Murai Kanda Vaasakam”. So be humble and learn this education from the guru. Do divine donation. Learn this education of deathlessness without any fault, realize and understand it and do penance. Vallalar grace will be definitely got. Our SarGuru will always protect us.

Being humble before the guru, worshipping him, giving him necessary offerings learn the teachings of deathlessness and get Thiruvadi Deekshai.

It is he who has learned the education of deathlessness from a SarGuru and got to know about meiporul and one who have got deekshai through the eye of a SarGuru and who does penance is considered to be a worshipable person.

**“In the Pupil of the eyes keeping his mind still**

**In the sky where the truth is present**

**Who thinks day and night and worships**

**Is the person i worship as my lord?”**

This is the divine song sung by Thayumana swamigal. We can see the seer doesnot say that he worships the lord. He worships the person who always does penance by realizing that the supreme being who is present in the sky as supreme divine light and who is the truth is also present in the pupil of the eye and keeps his mind always there day and night and by this way does penance is the lord whom i worship.

So who has learnt this education of deathlessness and the person doing penance is the worshippingable person. If this is what told by seers and saint then realize the greatness of this education and penance. We can clearly see this is the state of great divinity. Don't you want to know about this? Don't you want to gain divine wisdom? Come.

So for lot of people has written so many things and published as book telling that they are explaining divine wisdom. But none has written about the divine wisdom and divine secrets openly as written by this humble being. It is because of the guidance of vallalar, by the way of his eyes and because he is making this humble being write the books i was able to write and publish about 26 books explaining this divine wisdom through them.

I am the humble follower of spiritual revolutionist Vallalar. Because of the motivation given by him and by his grace only i was able to disclose all the divine secrets openly.

Oho people who have established big ashrams and calling themselves spiritual gurus, at least after seeing my books you can with clear mind tell the divine secret (divine wisdom) which is **“the supreme being is present in the pupil of everyone's eye as divine light**

**and doing penance on this divine light is the way to reach lord.”** So disclose this to all, let all people attain divine wisdom and realize themselves and reach the Supreme Being.

Leaving aside all the hatredness and realizing the oneness of the soul and with open and broad mind disclose the divine secret to all. First you realize the truth. One who come and seek you always tell them the true path to supreme lord.

**Never tell that you can do whatever you want and just doing penance is sufficient.**

This should never be the case. You tell how one should be and tell them about sanmarga which is living virtuous and disciplined life. Only if you lead a virtuous life as told in sanmarga which is sanadhana dharma one can get divine wisdom or Gnana. Persons who do not lead a virtuous and good life can never get Gnana. One who has improper or bad habits will spoil his own body. His mind will be spoiled. Their bad karma will increase. If this is the case then how can one even think of getting divine wisdom and divinity and Gnana? Beware of the persons who act as noble one, there were so many persons acting like seers, if you go after them you are certainly ruined.

There are some people who have learned some things and claiming themselves as guru. And the disciples with those gurus fight among themselves after the guru's death claiming themselves as the guru. This is spelt very well in ThiruManthiram as **“Blind man led by blind man and following blind path will fall in the pit of death”**. In this way it warns us about the fake gurus.

There are some people who try to teach their guru itself. Doesn't a guru know what is right? They order guru to listen to their words. These people are big idiots and they don't have any qualification to be good student or disciple and they can never realize the truth and can never attain divine wisdom.

Guru is God. Guru's words are Vedas. Seeing guru will help to overcome the burdens of karma. Guru's feet are the ultimate divine destination. Service to the Guru is the biggest divine service. One who humbles and worships a guru only will get divine wisdom. One who praises his guru will get completeness in divinity. One who always does penance by just being there with guru as everything and all thing will definitely reach the supreme lord.

Spiritual education of deathlessness is the spiritual art of deathlessness. If we are there without death then we will attain the state of not being born again. This is what all the seers and saints have asked lord. This is what told by Vedas as the highest state of deathlessness. This education of deathlessness is what gives us the great life of deathless and it is the same told by our saint vallalar. This is what we have to achieve and this is the purpose of taking birth in this world.

This is what conveyed by AadhiGuru (first guru) Dakshinamurthy.

Spiritual Education of deathlessness is what conveyed by our Gnana Guru Thiru Arut Prakasa Vallalar.

If you are a human then you have to get this Education of Deathlessness from a SarGuru. Then you will become noble.

**Let all the living beings live a life of happiness and bliss.**

Following were the List of other books published by the grace of Gnana SarGuru Thiru Shiva Selvaraj

<b>Book that started spiritual Revolution</b>	<b>Kanmani Maalai</b>
<b>Book that gave spiritual Clairty</b>	<b>Arulmani Maalai</b>
<b>Book for the divine mother who made to realize the soul</b>	<b>Sri Bhagavathi Andadi</b>
<b>Book for the oneness of the Soul</b>	<b>Gnana Mani Maalai</b>
<b>Book that is dedicated to the Gurus of Sanmarga</b>	<b>AstaMani Maalai</b>
<b>Book which indicates one to be a Sanmargi</b>	<b>Agara Ugara Maalai</b>
<b>Book about shiva selvaraj who is on the path of siddhars</b>	<b>Sanadhana Dharmam</b>
<b>Book about the teachings of Sanadhana Dharmam</b>	<b>Vallal Yaar</b>
<b>Book in the way of Sanadhana Dharma</b>	<b>Iyasu Elbathu (Jesus 70)</b>
<b>Book which tells this is Sanadhana Dharma</b>	<b>GnanaKaadalPeerMohammad</b>
<b>Book which tells Sandhana Dharma is nothing but Sanmarga</b>	<b>Thiruvartupa MeiGnana Urai (4 books)</b>
<b>Book containing explanation of ThiruMoolars ThiruManthiram</b>	<b>Mantira Mani Maalai</b>
<b>Book conataing explanation of Manikavasagar's ThiruVaasagam</b>	<b>Vaasaga Mani Maalai</b>



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