

Who is Philanthropist?

Vallalar



Siva Selvaraj

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17/49P, "Thanga Jothi Gnana Sabai"

Kalaingnar Kudiyirupu – Madavapuram

KanyaKumari – 629 702

Who is Philanthropist (Vallal – Yaar)

Before You Enter:

Dear All. My humble respect and obeisance to all. With my SarGuru Thiru.Siva Selvaraj Grace and Gnana Guru Vallalar Grace i am translating the Tamil book Vallal-Yaar written by our SarGuru Thiru.SivaSelvaraj. Vallal Yaar is one of the 28 books written by our Guru. Thiru SivaSelvaraj in Tamil. In all these books he has established that the way to the lord or attaining the deathless life is same as told by all the great saints and seers of the world.

This book talks about the great saint Vallalar and answers the question “Who is Philanthropist”. It explains everything divine which were kept secret from the mankind so far. Please read the book attentively and with faith.

I have tried my best to translate the book in English. I found some difficulty to find appropriate words to convey the same meaning as told in Tamil. So i have put a reference page for people to refer to. If one has difficulty to understand any of the words, sentence or paragraph do mail to us. We will try to answer you. As much as possible the translation was done literally, but at places the meaning of the sentence or paragraph was conveyed. Please write to us if you have any questions, We are available at as.vijayaan@gmail.com, vasan.click2@gmail.com, vimal7654@gmail.com, vallalar82@gmail.com.

If possible please translate this in other known languages of you so that all people can benefit. You will also gain the blessings and grace of Vallalar.

I thank my dear friends Vasanth and Vimal for posting the articles in our website www.vallalyaar.com. Besides it is Vimal who did all the proof reading of the book and found mistakes and gave very valid suggestions for improving the readability and understandability besides playing a vital part in getting the book printed.

Thanks a lot to our Hosur friends Mahesh, Aravind, Padmanabhan for their timely help in designing the front and back pages of the book.

Thanks a lot to Shankar who helped us to bring this book.

My wife and my parents played a significant part in translating this book by their constant support and encouragement.

I am dedicating this to our Guru SivaSelvaraj and Gnana Guru Thiru Arut Prakasa Vallalar.

From the next page starts the translation from the original book.

Translated by

A.S.Vijayan

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Who is Philanthropist (Vallal Yaar)

ArutPerumJothi

ArutPerumJothi

ThaniPerumKarunai

ArutPerumJothi

(Above Mantra in English)

SupremeInfiniteGraceLight

SupremeInfiniteGraceLight

SupremeInfiniteCompassion

SupremeInfiniteGraceLight

Samarasa Suttha Sathiya Sanmarga Sangam

17/49P, ThangaJothi Gnana Sabai, Kalaingar Kudiirupu

KanyaKumari – 629 702

Humble Words

Dear All with oneness of soul,

My humble respects. Thank You. Let only good things prevail. With the divine grace of supreme lord who is present everywhere and who is capable of everything and with the divine blessings of SarGuru Thiruvartu Prakasa Vallalar Ramalinga Swamikal, and because of the compassion of divine being RamaSwami Desikar and with his stimulation I was made to walk in the path of spirituality and in the date of 21-03-1992 for the first time I published the book titled KanMani Maalai containing all the divine explanations. I got complete blessings of saints and seers and Gnanis (people who have realized themselves and the lord and attained divinity).

With the Simulation of Lord of Supreme Infinite Grace Light (Arutperum Jothi Aandavar) i wrote and published lot of books. All the books and poems that I wrote were all indicating and talking about the supreme lord only. All those songs were showing the way to divinity. Adding to them were my prayers.

As Second step in the date of 21-12-1995 which was the day of Hanuman Jeyanthi and with the blessings of Therur Guru Mahadev RamaDasa Paramahamsar this humble being wrote the book "Vinayagar Hanuman Thudigal". 108 copies of this book was published and distributed freely by beloved Thiru.A.Mahalingam who resides in Madurai.

Thirdly in the date of 23-01-1996 which was the day of Guru MahaPuja of Thotiyoodu Sri Mouna Guru Swamigal and with the guru's blessing 108 books titled "Sri Mouna Guru Swamigal Thudigal" written by me was published and distributed by beloved person Thiru.K.Thiru NeelaKandan who resides in Thiruniyal.

Fourth in the date of 28-07-1996 which was the day of Pradosham and with the blessings of Ohm Un ThiruVaruladi Aananda Kalidaasan swamigal who resides in Marunthuvalmaalai 108 books titled "Sri Sunderaswara Thudhigal" written by me were published and distributed freely by beloved Thiru.Sivathiru Ramaswamy Naadar who is a member of Aaralvaaymolzhi Jothi Guru GnanaSabhai.

Fifth book was in the date of 16-09-1996 which was the day of Vinaayagar Chadurthi and with the blessings of Sri Arugampul siddhar Nataraja Swamigal 108 books titled "Sri Arugampul SiddhiVinaayagar Thudigal" written by me were published and distributed freely by Koonam Sri Arugampul Siddhar Thabovana Trust.

Sixth book was in the date of 13-10-1996 which was the first day of Navarathiri and also 174th birthday of ThiruVarut Prakasa Vallalar and with the blessings of my guru Jothi Ramaswamy Desikar , 108 books titled "Sri AayoorDevi Thudigal" written by me were published by Mrs. ThiruMathi Haimaavathi sister in memory of her late husband beloved Vembanoor Thiru.P.K.Madhavan Naaya.

Seventh book was in the date of 14-01-1997 which was the day of Pongal, the hymns written by me for Therur Guru Mahadev Ramadasa Paramahamsar and "Sri Aalzhagiya Manavaala Vinaayagar Thudigal" were published as a book by the virtuous couple Mr.Thangamani Naadar and Mrs.Thangamani Naadaachi. Totally 108 books were printed and published.

Eighth book was in the date of 07-03-1997 which was the day of Navarathiri , the book written by this humble being titled "Thiru Pannipaagam Arultharum Sri Aanjaneya Swami Thudigal" was written and published. Totally 108 books were printed and published. This was published to celebrate the 80th birth year completion of my father Jayakumari Stores Owner Mr. K. SivaSubramaniyaPillai. The publication was done by my beloved son S.S.SuyamJothi Pre.K.G.

Ninth book was in the date of 15-06-1997 which was the day of Kumbabhisheka of the temple in paeyaedu Sri Bhadra Kaaliyamman, the book titled "perarul puriyum paeyaedu Sri Guru Thavasi Ayya Paamaalai" was published by the people of Paeyaedu who were the family members of Sri Guru Thavasi. 108 books were published and distributed freely.

Tenth book was in the date of 10-09-2002 which was the day of Vinayagar Chadurthi, i added new parts in the book "Kanmani Maalai" which i have published first. We published this book after submitting this book under the golden feet of Graceful divine goddess Sri Bhagavathi Amman in Kanyakumari.

Eleventh book was in the date of 18-02-2004 which was the day of MahaSivarathiri, by the stimulation of SarGuru vallalar i wrote the book “ArulMani Maalai” which contains divine explanation and published it after submitting it under the golden feet of Graceful divine goddess Sri Bhagavathi Amman in Kanyakumari.

Twelfth book was published after praying to the ever merciful Goddess of the universe, divine power, Kanniga parameshwari, Bala, vaalzhai Thai, Kanyakumari Graceful Sri Bhagavathi Amman by the name “Sri Bhagavathi Anthathi”. This was due the great help from NagarKoil Genga Jewellers. It was published in the date of 23-06-2004 which was the day of AaniMagam and Manichavasagar Guru Poojai. This publication was done after submitting the book under the golden feet of goddess of Aaghilaanda Koti brahmaanda Naayagi (Meaning goddess of Crores of universe), MahaMayai Graceful Kanyakumari SriBhagavathi Amman.

Thirteenth book was about the supreme lord who is capable of doing anything ArutPerumJothi Aandavar (Lord of Supreme Infinite Grace Light). This book talks about the greatness of the lord and the way he showers his grace. This book is possible because of the grace of SarGuru and named “ArutperumJothi Andadhi”. It was published in the year 25-01-2005 with the help of Thiruvannamalai Aakash hotels Thiru.S.R.MuthuKrishnan in Vadalur DharmaSalai.

Fourteenth book was titled “Sanmarga Deivam” and released in the date of 23-11-2005 which happened to be the 80th birthday of SathiyaSaiBaba. This was released and published with the help of NagarKoil JaiKumari Book Store Owner S.Ashok Kumar and because of this he was blessed with punniya.

Fifteenth book was titled “SarGuru Govinda Swamigal” and released in the date of 30-12-2005 which happened to be the day of Sri Aanjaneya Jeyanthi. The publication was done by AaralVaymohzhi Ramalinga Swamy member Jothi Sri.N.Kanaka Sabhapathi

Sixteenth book was titled “AstaManiMaalai” was released in the date of 06-04-2006 on this humble being 50th birthday (as per the stars). This book was the combination of all the eight books that were published and distributed freely so far. This was possible because of the help done by Jothi Sri.Tha.Murugesan , Jothi Sri. G. Narayana, Jothi Sri. G. Gopala Krishnan. These three souls were helping me right from the year 1992 and i consider them as MumMoorthies (Three Stalwards).

Seventeenth book was titled “Selvamae SeerThaarumae” was released on the occasion of the humble being golden Jubilee and spiritual Silver Jubilee and also my 14th year completion of my marriage which happened to be the date of 08-04-2006. This publication was done by JChennai yothi Sri R.Sivalingam who has united in my soul.

Eighteenth book was titled “SenthilAandavarPaamaalai” and released in the date of 11-4-2006 which happened to be the day of PanguniUthiram. This publication was done by respectable R.ThuraiSwami and my beloved and sweet friend S.B.Subbaiah. Thanks. Thanks.

Nineteenth book was titled “Anbu Udaya Malar” and released in the date of 14-04-2006 during tamil new year day and publication was done by chennai Sanmarga Sangha Jothi Member Sri.Rajappa and got lot of punniya because of this noble help.

Twentyyath book was titled “Vallalar Vizhiyae” and released in the date of 14-04-2006 during Tamil New Year day and was released as the Guru’s Golden Jubilee (50th) Year. The publication was done by chennai Sanmarga Sangha Jothi Sri Ganesh and by this noble act he earned lot of punniya. I pray the almighty lord to bless them with all the noble and good things in life and live a long life.

Twentyfirst book was titled “Jothi Mani Maalai” and released in the date of 24-07-06 which happened to be day of Aadi Ammavasa. This was published by member of Neyveli Samarasa Suttha Sanmarga Sathiya Sanga Jothi Sri Nirmala Devi, his son Jothi Sri Nagulan and daughter in law Jothi Sri.D.R.ArulMozhi and by their complete love and help.

TwentySecond book was titled “Jothi HaiKu Andadhi” and released in the date of 15-08-2006 which happened to be the independence year of our great country. This publication with the help of Chennai Sanmarga Sangha Jothi Sri Gopi Sivam and by this noble act he earned lot of punniya.

TwentyThird book was titled “SarGuru Jaaki Vasudev” during the celebration of Isha in september 2006 by Nagarkoil beloved Prabhakar and he earned punniya by this act.

TwentyFourth book was titled “Satya Sai Baba” and released in the date of 23-11-2006 which was the 81st birthday of Sai baba. This book was published by Samidhi Anbar S.Krishna Pillai and earned lot of punniya by this noble act.

TwentyFifth book was titled “Sanadhan Dharmam” and released in the date of 30-01-2007 and it was the 134th year in which Vallalar attained light body and filled everywhere. This publication was done by great compassion of Kanyakumari disciples SuyambuKesavan Indirabhai couples.

TwentySixth book was this book “VallalYaar”. This book was due the stimulation done by Singapore Jothi Sri A.SivaKumar who is spreading the praise of Vallalar and is a great devotee. The publication happened in the date of 24-05-2008 Which is Vaikaasi 11 in Tamil date and which is also the 142nd birth day of Dharmasaalai.

I am ever thankful to all the pure souls who were helping me.

Ever Truthfull

Siva.Selvaraj,

KanyaKumari

My Words

People with oneness of soul.

Welcome. Good. Thanks. Live Long.

Where is today's world going? Without knowing "Who am I" and with his intelligence disturbed man is trying to know the external world. Today's human is talking about science. But a man without divine wisdom is a fool until he finds the divine wisdom of Truth in his body. Complete knowledge is divine wisdom and is called Gnanam.

Pooranam means Completeness. One who knows everything and realized everything is a complete one. He is called divine wisdom person or Gnani.

"One who knows with clarity and without any doubts, for such a person soul is the SivaLingam" – Saint Thirumoolar.

One who knows everything without any doubt and with complete clarity only can tell the truth to others. Such a person only is called Gnani or divine wisdom person.

One who is full of compassion and love, and who considers all the souls as his is a Gnani.

Is there such a person?

Was there such a person? Is it possible for one to be like that?

Yes there were so many persons like that throughout the world. They lived during different times. Even today they are living and they have won over their death and living a deathless life full of bliss.

Those people are the one who have realized the supreme one, the one who has no birth and death and who is there everywhere and who is almighty and who is like shower of compassion and who is the Philanthropist-the supreme lord.

So who is the Philanthropist? It is none but the supreme lord. Who knows this truth realizes it. One who realizes it becomes a divine person (Gnani). One who becomes Gnani becomes "that". The soul which is me gets the qualities of the Paramathma (Supreme Being).

One who realizes the supreme Philanthropist the Supreme Lord becomes the Philanthropist.

Time after time there are so many Philanthropists who have come here in our world.

During the 19th Century there came one Philanthropist who took birth in TamilNadu, lived and showed the way to divinity for all – made everyone know the greatness of "Eyes" – became Philanthropist – called as Vallalar – became "as that"- attained the divine light body and is there everywhere.

He is the one who is called with love by the people as “Thiru Arut Prakasa Vallalar Ramalinga Swamigal”.

He is called in short as Vallalar who initially had the name of Ramalingar. When You become as “that”, then who are you – “that” only is it. “That” is supreme lord only is it not? Philanthropist!

Vallalar who realized what is “That” and told “That is this” is what I have compiled in this book.

We cannot tell in words the amount of greatness and blessings that he got and achieved. We cannot describe all the suffering that he has undergone.

With the compassion that the sufferings he has undergone should not be suffered by anyone he has shown us the right path/way for us to follow.

What is that way- the right way – which is the way – This is what told in this book.

To make the people know about the right path and lead them to the blissful deathless life is what I have been asked to do by Vallalar Ramalingar.

“Go inside this book ! It is inside You!

You can know “that” as told.

Realize “that” and you can become Philanthropist.

Come! Hail! “

The book Written by Siva Selvaraj “Kan Mani Maalai” was praised by Vallalar

In the Year 1992 Vallal Peruman made this humble being to write the book titled “**Kan Mani Maalai**”. The divine truths that were kept hidden for so long time by all the people and which were considered as secrets were brought out in light through the book **Kan Mani Maalai** and it is Vallalar who made me to write and publish the book. I will call this as spiritual revolution! Even today no one is revealing as openly as I do. It is because of the motivation given by vallalar to this humble one.

Knowing that after 150 years a book titled “**Kan Mani Maalai**” will come, our vallalar on that day itself has written a poem in his great work “ThiruVarutpa”. This is a great boon got by me. I consider my present birth itself has become noble.

The greatness of the book “**Kan Mani Maalai**” if praised by vallalar himself means, then how much thanks can I offer to him, for it is the grace of the great philanthropist of grace and philanthropist of Gnana vallalar himself who kindled me to write this book. He made me to do the work that has been done by him. I consider doing the work given to me by him as the way of showing my thankfulness to him.

In ThiruVarutpa Second ThiruMurai – ThiruSadana DeivaThiran – 2nd Song

With my Eyes I never see your Devotees

Even for **Kan Mani Maalai** I never mature and stand for it

Despite seeing the Procession of people with holy marks on forehead

I did not fear and I remain without any purpose

With tongue throughout my body I talk all the condemned words

My grave tongue unless heated by unimaginable fire will not be enough

My mother My mother.

Want Prosperity.

During Gnana Guru ShriSivaShri Siva Selvaraj Golden Jubilee Celebration, his beloved devotees presented the below Poem in Praise of him

To Establish the glory of the Completely blossomed flower (Eye) in the holy body,

oh the great one you have come.

Initiating and inducing the holy nectar of divine heat in the point in center of eye,

you the treasure of true divine wisdom.

To gift the mankind the art of deathlessness through the great gem (our eye)

and also to be a witness

You did great penance and attained the fruit by attaining great states in Gnana,

oh the great guru our Siva Selvaraj

To become the cause and to do the duty of four yugas,

you have become the divine fire in the pupil of the eye

Protecting us from re entering birth and going to grave,

you are like god mixed in our eyes as the circles in sky.

To make us realize the one which is as great jewel, as our beginning and shining

in the center of our head, you have come as a great wealth

Making us realize that the catching of holyfeet gives immortality and divine wisdom,

you are a magnificent guru of Truth and divine wisdom

“Inside You Have”

1. **One** Human
2. Greatness of **Two**
3. **Three** Institutions
4. States Past the good **Four**
5. **Five** United in One
6. Beyond **Six** Sixes
7. **Seventh** Place
8. Catch hold the **Eight**

1. One Human

In Chennai in a place called ThiruVotriyoor and in the street where chariot of gods used to be drawn, a naked saint was sitting and commenting on the members who were walking on the street. He was commenting on the people by telling “see a cat is walking, a dog is walking, a donkey is walking, a pig is walking, a snake is walking.”

When our saint Ramalingar came that way he called him “See here a man of great virtuousness and nobleness is coming”.

The saint who is commenting on the people is called Dhigambara Saamiyaar. He is calling people based on their character. When he saw Ramalinga Adigalar he called him as a man of great virtue.

In middle of people who were born as human but behaving and living as animals, Ramalingar roamed as a man with great virtue.

He is the man who has controlled his mind and not the one who goes/acts as per the whims of his mind. By constantly thinking on the supreme lord he has made his mind pure, matured and divine.

Ramalingar lived according to the saying “Donot go as per your mind wishes”. According to the divine saying his mind is always in a place where it is controlled. **(The mind will be controlled when always kept on the lotus feet of the lord which is the divine light in our eyes in our body.)**

Since he controlled and lorded over his mind our saint Ramalingar has become a human.

This man becoming/attaining saintness is Gnanam (divine wisdom).

So the first thing for us is since we have taken birth as human, we have to first become a true human(both in body and in our character) and only then we can attain nobleness and divinity.

Our saint and seers tells **“Getting human birth is the rare thing.**

It is still rare to learn the education of Gnanam (divine wisdom).

Still rare is doing divine donation and penance. “

With the great birth of human our Ramalinga Adigalar learned the rarest education of divine wisdom from the supreme lord himself. With Singularity and oneness and by always thinking of the lotus feet of the lord he realized him. He did penance all the time by constantly thinking, realizing and relaxation on the lotus feet of lord (Lotus feet of the lord in our body is the divine light in our eyes).

The benefit of his penance is that his wisdom grew so much that it went beyond universe of universes. **His physical body became body of divine light.**

The blessings and attainment he got is such that there is no one equal or greater than him.

This great man being born in the date of October 5th 1823 lived with the physical body till the age of 51 and then he converted his physical body to divine light body and is still living with us.

Like all of us Saint Ramalinga Adigalar (also called Vallalar) is also a simple human born inside the womb of a mother. Because of him constantly thinking of lord he lived in the state of Moona (Tranquility, peace and silence of mind).

He lived with no attachments on the temporary worldly things and hence he is not affected by the materialistic world.

Since his mind is always in union with Lotus Feet of the Supreme lord, his wisdom and knowledge radiated brilliantly. Because of this he realized everything without reading any book or going to school.

He tells "I learned everything from you (Supreme Lord)". He learned the supreme spiritual education of Deathlessness from the supreme lord.

Remaining in a single place with the state of sleeping without sleep and in a state of complete silence and peace (moona) and with ever hungriness of soul and with his mind fixed firmly on the lotus feet of the lord and with his eye flowers blossoming he did penance with his eyes open and with alertness.

Result of this is the human Ramalingar became saint Ramalingar and was called Thiru Arut Prakasa Vallalar.

He realized "that" which is present in him is nothing but is part/feature of the supreme thing that is present everywhere and is almighty.

He also realized that the same divinity present in him is present in everyone. He saw that the same divinity is filled everywhere in this universe.

He became "that". The strength he had possessed got transformed to divine power. He realized infinite bliss and supreme pleasure because of this.

Because he came to know "that" and realized "that" and became "that" he got the qualities of "that" which is of infinite compassion. Because of this our Vallalar Ramalinga Adigalar became a Philanthropist.

He saw every soul as his. He withered on seeing the withered crop.

He felt sad for the suffering of soul because of ignorance. He felt bad on seeing the people doing immoral and bad things. He feared on seeing people doing atrocious thing because of their ego. He felt the pain suffered by other living beings.

Seeing other soul as his is Singularity. This is the spiritual oneness. This is the quality of a person who has become a philanthropist.

As a human atleast one has to remove the hungriness of others.

Because of food a living being will get life and live, and then it will mature. (Spiritually).

Once the soul matures it will immerse itself in finding who the philanthropist is.

One who searches the supreme lord who is the supreme philanthropist, such a man will naturally help the poor and needy. Such a person naturally will develop love and compassion.

So, for the people who have just begun their search for the philanthropist, our vallalar thought food should not be an issue. So to alleviate the hungriness of the people vallalar started Dharma Salai (in vadalur) which provides food to all with no cost.

He removed the suffering due to hungriness of the people. He called all the people to provide food to the needy.

We the humans who have taken human form and for us to become noble humans, he told us his divine experiences. This collection is called **“ThiruVarutpa”**. It contains around 6000 songs and teachings.

ThiruVarutpa contains collection of all the teachings by saints and seers who have taken birth during different times in this world. This teachings were explained with simplicity and clarity.

Combining the teachings from great book of ThiruManthiram and ThiruVasagam , vallalar has given us the incomparable book of ThiruVarutpa which explains about the divine greatness and ways to reach the supreme lord.

A man who has got struck in the birth-death cycle, he defined the way to come out by telling the divine words **“Stand in the Supreme Path of Chakra”**. This chakra is our eyes and through his eyes vallalar is making us to realize that the way to divinity is through our eyes.

By realizing the supreme lord he got supreme bliss and supreme pleasure. He prays to lord that like him every soul should get this supreme bliss and supreme pleasure.

In ThiruVarutpa he sings **“The whole world should get the blessings and attainment as I have got”**.

If a human removes all his impure and bad character and then follows the teacher who knows the supreme philanthropist and lord then he will become a true human and then will become a saint and then will shine as philanthropist.

“Protection to our eyes is the lotus feet of the supreme lord”

The holy feet present in our eye which is the divine light of our eyes, is the one that comes with us on our way to divinity.

“Two divine lights of our eyes which were shining were the sun and moon in our body”

So in our body the divine light of our eyes were the sun and moon, and this was conveyed by all divine philanthropist and great seers and saints.

“So the place that is needed to know to realize oneself were the divine light of our eyes. Only the one who realizes himself will know and realize the supreme lord”.

One who realizes the supreme lord who is the supreme philanthropist will become a philanthropist.

If we enter inside the pupil of our eyes and fix our mind there then we can see the supreme lord, realize him and attain nobleness, Saintness and greatness. This is what Vallalar teaches us. We can live a supreme life which is a life of deathlessness with supreme bliss and supreme pleasure.

Our noble ancestors were advising us to live a life with lot of disciplines and has defined us a way for good living.

We have to get before the sun rises. After finishing our morning bodily needs we need to pray the lord and do chanting of lord names and do meditation. Take breakfast only at 11 AM. Before that take only liquid food. During afternoon take pure vegetarian food. Then before the sun sets eat dinner in small quantity. During evening also involve yourself in doing chanting and meditation. Do your daily duty dutifully. Be with truth, sincere, honest and pure and follow the life disciplines. In all ways for a human to live life like a human our saintly ancestors have given as life code for us to follow.

If we follow the life disciplines and live our life in this way, then we will get peace of mind. Only when we get peace in our life, then will our wisdom start working and growing.

When a man's wisdom starts acting then he will start respecting others. Where there is peace and calm only there the divine light will be visible.

“Come oho people with divine light in your eyes

Come oho people with very strong heart” – Song by Tamil Poet Bharathiyar.

MahaKavi Bharathiyar lived a very good life.

Mahatma Gandhiji lived a very good and noble life.

Our Saint Thiru Ramalinga Adigalar Vallalar lived a very good, noble and virtuous life.

One who does not see differences based on caste, religion or race is a true human.

One who suffers on seeing the suffering of others and shows compassion to all is a true human.

One who sees all the soul as his is a true human.

Buddha, Jesus, Mohammed Nabi – all these people were example for good and true human.

Our Philanthropist Vallalar sings “Oho supreme lord and supreme philanthropist, whenever I sing about you my mouth is emitting sweet fragrance and all my bad karmas were getting removed from my house (my body)”.

Only our ancestors have defined the code for a human to live like a human. Right from the time immemorial there were so many people in our country who lived as humans and saints. There were so many people who lived a noble and complete life. They lived the life realizing that the supreme lord is the “beginning and the one responsible for everything”. With this realization they sang praises on him and lived by surrendering to him.

In the beginning there is no death and disease. After living a very long eventful life they attained the state of Jeeva Samadhi. Jeeva Samadhi is the state where the soul doesn't leave the body with the state equivalent to that of supreme and in which all the outward activities were withdrawn inside. This is one way of overcoming death.

Leaving a life without any disease they overcame death by attaining the state of JeevaSamadhi. This is because the code and discipline that they followed in their life is very noble and great.

In this way India is the only country which gave and still gives the code and discipline for a human to live like a human. This code and discipline is called as “**Sanathana Dharma**”.

In India there were so many people who lead their life as per this Sanathana Dharma. That is why we find so many people here who have got the grace of the supreme lord. Who are the persons who lead the life as per Sanathana Dharma? We find answer from vallalar who tells “Who doesnot see any sort of difference among the souls and who sees all the soul as his” were the people who lives the life according to Sanathana Dharma. Vallalar calls those people as “**sanmargi**”. Doesn't we people want to become Philanthropist?

So for us to become a good human first and then become a saint let us follow the foot steps of our great saint Ramalinga Vallalar.

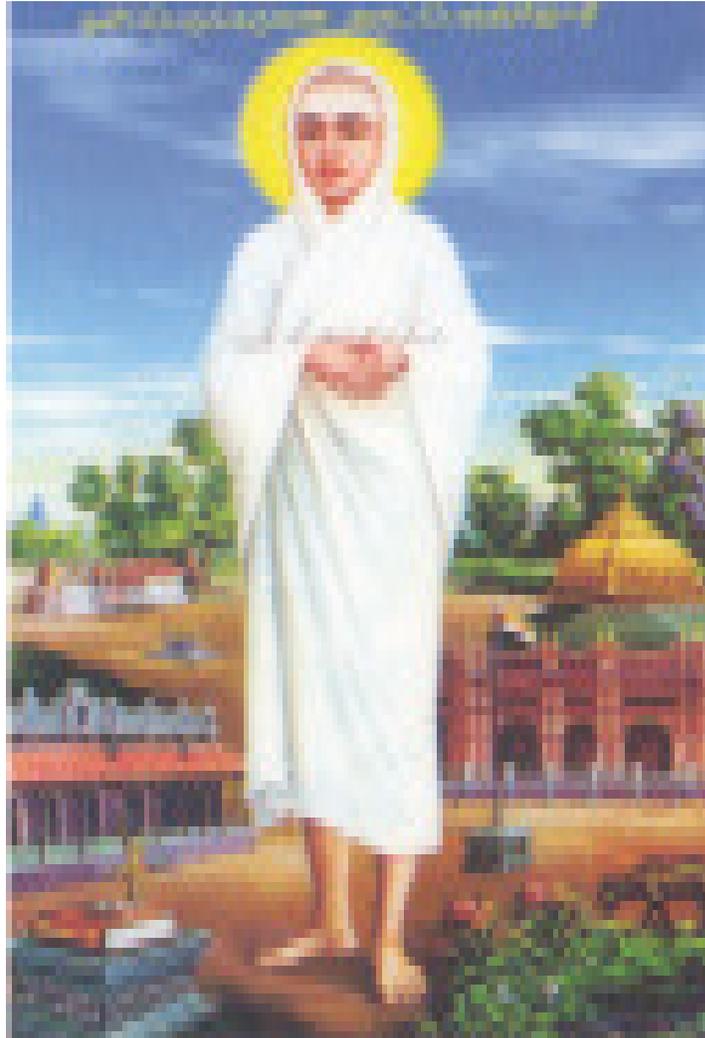
So let us live our life as per the teachings of our saint Ramalinga Adigalar (Vallalar). Let us follow the Sanmarga path shown to us by our vallalar. Let us become humans first.

When vallalar Ramalinga Adigalar was just six months old his parents took him to the holy Nataraja temple in Chidambaram for a darshan of Nataraja. There is a place in the temple which is called “Chidambara Ragasiyam” (Secret of Chidambaram). When the child Vallalar saw this he laughed big. On seeing this the priest in the temple blessed the child by telling that in future this child will become a great saint.

Our vallalar did not attend any school and even when put on school he did not go there. Instead he had this habit of often visiting the Lord Muruga temple near his house and praying to the deity there. It is his teacher who was the first to know the extent of his knowledge and intelligence.

Vallalar's elder brother is the one who gives religious discourses in the temple. Once when he had ill-health, his younger brother vallalar was sent to give the discourse. Our vallalar gave discourse and explanation for a single hymn throughout the night. The discourse was so good and so deep that those who heard the discourse were completely spell bound and enjoyed every word of him. After this they wanted only vallalar to give them the discourse and not his elder brother.

His Elder brother realized the greatness of his younger brother only after this incident. This is the incident after which Vallalar's greatness was known by all.



GNANA GURU (VALLALAR)

2. Greatness of Two

Atma (Soul) and Paramatma (Supreme Lord) is the two things, whose greatness has to be known by all.

All we humans were souls.

Right from single celled living being to millions of living beings, all were soul only.

All these souls were the creation of the supreme lord (Paramatma), who is there everywhere and who is capable of all and everything.

This Paramatma is also present inside each Jeevatma (soul) and is mainly responsible for its living.

If you consider paramatma as ocean, jeevatma is a small drop of this ocean.

By this way, is it not this single drop also part of the ocean? The same characteristics of paramatma are there in Jeevatma also.

If we want to do research on the ocean are we bringing the entire ocean to our lab? No. We just bring small amount of the ocean in our lab and then research on that drop.

Similarly if we research, know and realize our Atma (soul), then we can know and realize, that paramatma is there inside our soul and lords over our soul.

This research of the ocean is Science and the research of our soul is called Mei Gnanam (Knowledge and Wisdom about Truth. Only Truth in our body is soul. So Mei Gnanam is the Knowledge of our soul). In Tamil the supreme lord is also called as Kadavul. This word kadavul when you split becomes Kada + Ul, which means Kada -> go beyond Ul -> Inside. So if you go within you, you can see the supreme lord within your soul. Within and inside your body you can see the lord.

So where is this supreme lord, Paramatma? This supreme lord who is present everywhere and who is of ocean of divine grace is also present inside our soul. Inside our soul also he is beyond and inside and is responsible for the motion and movement of the soul. Every time and all time he is doing his activity. He is in the state of blissful dance.

On seeing this divine dance of the supreme lord our saint vallalar was attracted towards it.

In the temple which is also called Ambalam, and in the outside also he is dancing openly for everyone to see. Yes lord is not somewhere very distant that we cannot see. **For everyone to see and realize him he**

is dancing as divine light in our eyes. Yes Lord is there in our body in our eyes – pupil in the eyes – divine light in the pupil of our eyes.

There is a saying, that in the holy place of Chidambaram lord Nataraja is dancing a divine dance and if he stops his divine dance then this whole universe will stop.

If you visit Chidambaram there you can find that Lord Nataraja is only as statue and he is not dancing. But this world is not destroyed, is it not?

If this is so then what is the correct explanation? The correct explanation is as :

“Chidambaram in Tamil means Chinna-Ambalam - Ambaram - Chinna-Ambaram, Chitrabalam. Natarajan means dancing king - the supreme lord. Part of supreme divine light is tiny divine light. So light will always be dancing isn't!

So the explanation for the above saying is **the supreme lord who is present everywhere has become a tiny divine light and is present in our body as tiny divine light of our eyes and is dancing there for everyone to see and realize.** In our eyes the divine light is dancing. When do our eyes will stop without any motion and will be fixed at a place? Once we die isn't. If there is no motion in the divine light of our eyes then it means life has gone out of our body. So if there is motion and dance in our eyes it means life is present.”

Only the above explanation is conveyed in code words, if the dance of lord Nataraja in Chidambaram stops then the functioning of whole world will stop. So the supreme lord who is as divine light in our eyes stops dancing we will die.

Similarly in all the way our saints and seers has conveyed the information that **“our soul along with the supreme lord (Paramatma) is present in our body and can be realized in our body.”**

There were innumerable scriptures present in our holy country. All scriptures is about Sanathana Dharma – Sanmarga only. Our country India is not Hindu Country. It is a holy country which taught to the whole world the Sanathana dharma and which contains the greatest culture and which gave the teaching to this world so that a man can live as a human and not as animal.

Here there is no distinction or difference in caste, religion, race or language.

There is no culture in the world equivalent to the culture present in india.

For the complete humanity our culture – Sanathana Dharma – Sanmarga is the one which gives one the state of greatness and divinity.

“All are equal” this is our culture. **“There is only one race and Only one God”** is the truth that our culture conveys.

“Every Place is our Place and Every one are our brother and sisters”. – This is the culture of India.

Vallalar has conveyed very clearly that the supreme lord is Paramatma and he is present everywhere as supreme divine light and this supreme divine light is ArutPerum Jothi (Supreme Infinite divine light). This is the truth that is accepted by Vedas, Bible and Koran.

If Pramatta (Supreme Lord) is supreme infinite divine light then Jeevatma (Soul) is tiny divine light isn't.

This tiny divine light which is of the size of tip of the needle is available as our soul and is accessible in our two eyes. This is divine secret. Divine Truth. In the Purana it is said that Goddess Paarvathi did penance on lord Siva standing in the tip of the needle.

So if we keep our vision fixed in the centre of the pupil of the eyes in a region which is of the size of tip of needle, then lord siva will appear out as divine light and shower his grace. This is the inner meaning of story in the Purana.

One of the Siddhar sings in this following way **“Come let us roam in the forest which is of the size of needle tip”**.

How can there be a forest of the size of needle tip or how can a needle tip become a forest. The tiny divine light of the size of needle tip is present in the centre of pupil in our eyes. If we enter inside this divine light it will expand and become very vast space. This is what our siddhar is singing in his song.

All the seers and saints have conveyed the above information that the Supreme Paramatma has become a tiny divine light and is present and accessible as jeevatma in the center of pupil in our two eyes and is of the size of needle tip. This information is conveyed as **“Answers to Questions”** or as **“Code Words”** or as **“Symbols”** or as **“hidden things”**.

Even our great saint vallalar also has sung as **“Oh My Eyes, Oh my Pupil of Eyes and Oh my divine light in my Pupil of the eyes”**.

Even the great saint Abhirami Pattar also sings **“Pupil of Eyes, Divine light in the pupil of the eyes” (In Tamil it is Maniyaae, Maniyin Oliyaae).**

This divine light in the Pupil of our eyes, this divine light in our right eye is coded as SunLight and the divine light in our left eye is coded or called as Moon light by many siddhars.

The brave Tamil Poet Mahakavi Bharathiyar in his song openly reveals this secret as **“Burning Light in our two eyes were Sun and Moon, Oho my dear”**.

Sage Agasthiyar in his book Thurai Ari Villakam breaks this secret wisdom of divinity as

“When you look at the place which is hot and where the lord is dancing,

There both sun and moon will be visible”

What is the two thing that is with heat and burning, Only Our two eyes has heat and light in it isn't.

So our eyes only are the sun and moon in our body. The supreme lord is of divine flame or Jothi and when we look at the place where he is dancing then both the sun light and moon light will be visible, this is what all the saints and seers have told decisively.

Paramatma has become as Jeevatma and in our two eyes is present in two states.

Uniting this two states or two divine lights of our eyes is what is Penance.

Vallalar tells how one has to do penance as “Thinking & Thinking with Consciousness and with relaxed and calm mind and with full love and bathing with overflowing tears from the eyes”. Vallalar says this is the way of doing penance. Thinking of our eyes and thinking of the divine light in our eyes and with consciousness that is got in the eyes, with the mind fixed in the consciousness your mind will become calm and relaxed. When this calmness and relaxation increases, then compassion will blossom. Because of we fixing our mind on the divine light in the eye there will be increase in sensation in the eyes which result in tears overflowing. If we keep on continuing this penance as said, the divine light in our eyes will increase. Slowly it will spread throughout our body and will convert this physical destructible body to divine light body.

This is the noblest penance. The divine art of making Jeeva (soul) as Siva. Everyone in this world should learn this divine art. This is the only way for us our jeevatma which is of tiny divine light to reach the supreme infinite divine light which is Paramatma the supreme lord.

This general way for all the humans which teaches humans to live as humans and then shows and guides one to unite with the supreme lord is called Sanathana Dharma. This is what said by Vallalar as Sanmarga.

Our saint Vallalar has divided all the people in this world in two types. One is called **Agavinathaar** and other is **Puravinathaar**.

Agavinathaar is a person who tries to reach the supreme lord present in his body. He is one who searches the lord inside his body.

Puravinathaar is a person who searches the lord outside.

Our Vallalar tried his best to convert all the Puravinathaar in to Agavinathaar. He openly exposed all the divine Secrets and way to divinity. All the code words told so far were revealed openly to all by our saint vallalar.

He called everyone to come and get the divine life of Immortality and divine bliss. For this the sufferings he has undergone cannot be told in words. If we hear the sufferings he has undergone then even the hardest mind will melt. Why should our vallalar suffer?

Having got the divine wisdom and Gnana, he could have gone right isn't?

If one acquires divine wisdom (Gnana), divine bliss and divinity his nature will be of love and compassion only. With kindness and noble thought of not allowing others to undergo suffering like him,

he called all the people telling them that he will show them the way to reach the supreme lord and he will be with them guiding them and protecting them on the journey to the supreme lord.

In our holy country we had lot of Philanthropist. The king Chibi Chakravarthy donated his flesh to protect a pigeon. For the sake of cow King Manu Needhi Chola laid his son life under the wheel of the chariot. For the sake of Peacock King Baegon donated his costly coat. For the sake of Jasmine plant king Paari donated his chariot. Without saying no, King Karna donated anything one has asked him. For the sake of his younger brother Kumanan was ready to donate his head. In this way there were so many philanthropist who have lived in this holy land of India. They are the example of Sanathana Dharma. For the sake of sheep lord Buddha was ready to sacrifice his life. Our saint Vallalar withered on seeing the withered crop. They are all the protectors of Sanathana Dharma. They lived their life as per Sanathana dharma. These were the people who lived in this holy land of India. Their way is the way of Love. Their way is the way of divine wisdom (Gnana). Theirs is the only way for the world to improve upon.

Our two eyes were very significant and unparalleled one. In our body both eyes are very similar and this is the first organ to form inside the womb of the mother. Right from our birth till death it does not grow and does not age. Our eyes do not have bone or nerves in it. In this world for all the 700 crore people eyes (Pupil in our eyes) was the only organ that is similar to everyone. Even if it is present in our body it is there without touching our body. Our life is there only on our eyes. In our eyes, in the pupil of our eyes and in the centre of the pupil of our eyes there is a small hole in the size of tip of the needle and in this hole divine light is present. For all the people of this world the pupil of the eye is of same size.

Eye donation can be done by anyone and anyone's eye can be used by anyone. The reason for this is the eye is similar to all the humans. There is no difference in eyes for anyone. This is the only similarity that exists among all the people of this world.

So the important organ in our body is eyes only.

In Thirukural Saint Poet Thiruvalluvar writes as

“One who knows the similarity of all the living beings will live while others will eventually die”

If one knows the correct meaning of this one Kural then we can consider him Gnani.

One who knows the Similarity will live. What is the similarity? In our body one eyes looks similar to the other eye.

What is this similarity? For all the people of this world only eyes were similar?

Why were the eyes similar to all the people in this world? **It is because the supreme lord is present as divine light in the hole of the size of tip of the needle in the centre of the pupil of our eyes for everyone.** Supreme lord knows no differences or distinction. Every one of us is his children. So as equal

to all and in the same state with everyone, Paramatma becoming Jeevatma is shining as divine light in everyone's eyes.

These were a big divine secret.

Without our Father and mother we would not have taken birth in this world! They are our gods whom we can see with our eyes.

If we do not have our eyes, think the state of our life? We will be blind.

So those who doesn't realize the greatness of our two eyes is definitely not a human!? He is a animal.

Those who don't realize the supreme lord – the divine light who is hidden inside our eyes is definitely a blind man even if he has eyes.

In outside world the god whom we can see with our eyes were our parents.

But the divine light that is present inside our eyes is the supreme lord. Our real goal is to see it.

So the supreme lord whom has to be seen with our eyes is the divine light that is present inside our eyes.

This world is the combination of Shakthi and Siva.

This world is the combination of Sound and Light.

This world is the combination of Moon and Sun.

Knowledge of 8 and 2 is the divine wisdom.

For this world these were the foundations.

If the two lights of sun and moon unites with the 8 arts of Agni only then divine wisdom will occur.

When we unite the two lights of sun and moon the first thing that will happen is we will hear divine sound within us. This is the first step in Gnana (divine wisdom).

After hearing ten types of divine sound and getting ourself immersed in the bliss attained because of the union of three divine flames (Sun, Moon and Agni) and worshipping the Holy Mother Vaalai within us and after drinking the Amurtha from her we can get the darshan/vision of Siva.

All this can be got only if we enter through the way of eyes which were two in number.

This is the final state of divine wisdom or Gnana. **Till this time all the saints and seers have attained divinity by this way only.** They attained the great state of Moksha by this way.

So by the greatness of two we can get rid and overcome the darkness of our present life and attain divine light body and can overcome death.

The above words are Satya (Truth) !

Right from saint Vallalar to all other saints, have spoken this divine truth only.

Our saint Vallalar often use to visit the temple at ThiruVotriyoor and sing and pray the lord Thiyagaraja there. He will often cry there and have fallen unconscious many times because of extreme devotion. When he started reaching the supreme lord all his worldly desires were gone off.

He sung praises and hymns on the goddess Vadivudai Amman and felt happier. He will go to the seashore and sit on the Samadhi of Saint Pattinathar and will do meditation there for a long time.

Once it took very long time for him to reach his house. So he slept in the verandah with hunger. After some time his Sister in law came and fed him food. Vallalar ate them and slept. After some time her sister in law came again and asked him to come inside the house and take food. Only then Vallalar realized he was fed by divine Mother Goddess Vadivudai amman in the first instance coming as his sister in law. Unable to see his dear son going hungry, the divine mother herself came and fed our Vallalar.

In this way the supreme lord has blessed and showered his grace on vallalar on many occasions. Our Vallalar was overwhelmed by the grace and love of the supreme lord. Our Vallalar is the dearest son of the supreme lord.

3. The *Three* Institutions

The great saint of Vadalur, Vallalar has given three great institutions for the people of the world to lead a disciplined, virtuous and blissful life. They are:

1. Dharma Saalai - Established by Vallalar in the year 1867.
2. Siddhi Valaagam - Established by Vallalar in the year 1870.
3. Sathiya Gnana Sabai - Established by Vallalar in the year 1872.

First he established Dharma Saalai and by using the donations given by the noble souls he provided free food to lots of people daily.

Vallalar established Dharma Saalai with the noble intention that people who come to see him and people who seek the supreme lord should never suffer from the disease of hunger. That's why he build the Dharma Saalai.

The fire that was started by Vallalar in the stove in Dharma Saalai is still burning and is providing food for all the people who come there.

All the people praised our saint vallalar hailing him as the divine doctor who has come to remove the disease of hunger.

Do you know what the teaching of this divine doctor is?

“Be with Hunger!” Vallalar who removed the hungriness of the body asked the people to **retain in hungriness in the soul**. He also asked to remain one to be hungry for divine knowledge. This hungriness of the soul will lead one to acquire divine wisdom (Gnana) and leads one to the supreme lord. He asked one to be hungry to know **“Who is Philanthropist”**. This hunger is the hunger to know the truth. One has to remain with the hunger to unite with the Supreme Philanthropist who is the supreme lord by acquiring the divine light body.

As second Our Vallalar created Siddhi Valaagham. This is the place where our saint vallalar spent lot of time and did divine research to find out who is philanthropist. For the great Discipline of Sanathana Dharma to spread, vallalar who also founded Samarasa Suttha Sanmarga Sathiya Sangam gave a flag to Sanmarga Sangam. In his Writing of Urai Nadai he has told even the explanation of this flag is also divine wisdom and shows the way for Gnana to the divine seekers.

Even today we can get the darshan of this holy room in siddhi valaagham where vallalar went inside and locked himself and from where he became divine light and united with the supreme space. Our Vallalar says the significance of this place as **“In Siddhi Valaagham I got all the siddhis (divine powers)”**.

Our Vallalar who gathered people together and held the Sanmarga Sangam, do you know the teaching he gave us? **“Be Alone”**. Vallalar who asked us to remain in the company of people who follow sanmarga and be in the Sanmarga Sanga gave the second teaching as **“To be alone”**. So what does it mean?

“Be Alone”. We should always be in the individual state that **“I am Soul or Jeevatma”**. We should be enquiring the white moon of our body (divine light of our left eye) to show the way of realizing oneself and attain divine bliss, and with ever increasing interest we should enquire about the divine truth and this enquiry should be done alone within ourself.

He asks us to enquire on the white moon (left eye) to show a way to realize us. By this he means that one who is doing divine enquiry, for him the divine light of the moon (divine light our left eye) will separate and unite with the Agni/divine fire of our soul. (Our soul light is also called as Agni and the seat of the soul is below the top of our head and above the inner tongue in the place where the nerves from right eye and left eye unite). This union is possible only when we do the penance alone. That is why our vallalar asks us to be alone.

In the year of 1874 and in the Tamil month of Thai and in the day which is of the star of Punarpoosam, he called all his beloved people and told that he is going to enter in the holy room of Siddhi Vallagam and the supreme lord has shown himself to him. Do you know what is the teaching / Upadesha he did before entering and applying the divine lock on the room?

Every human must know this upadesha which are the supreme words of knowledge, secret of divine wisdom and the guarantee that he has given to us. This words were told by vallalar when he had the physical body and divine light.

“I am here now and here after I will enter in the inner recess of everyone’s heart”. This words has to be sculpted by everyone in their mind.

So what did vallalar meant by these words.

Before applying divine lock and entering in the room in Siddhi Vallagam he told that he is there now, which means he was present before every one. From now means that after applying the divine lock he will enter in everyone’s heart, means that he will enter in every people’s heart which is pure and who live according to the teachings of vallalar. Only for those person’s he will enter in their heart and will guide them. See how much compassion our vallalar has. He is Infact Ocean of mercy.

His words mean “Even though my physical body is converted to divine light body and will not be visible to ordinary eyes, I will present on all the beloved people as divine light and through the divine light of eyes I will show and guide them to get the divine life of immortality and divine bliss. Who will get such a great pleasure!”

This humble being got such a pleasure. In the year 1980 he gave me Thiruvadi Deekshai (Lotus Feet Deekshai). From that on I did the work of sanmarga and he gave me the great honour of being a SarGuru and entered inside my heart. From the first book Kan Mani Maalai he made me to write 25 books of Gnana/divine wisdom and publish them.

From inside me he has given Thiruvadi Deekshai to more than 1000 beloved peoples.

Even now whosoever is seeking him, he is giving Nayana Deekshai (Other name of Thiruvadi Deekshai) through me.

It is his great grace that kindled me to write this book and publish it.

As per his words in siddhi vallaga he has resided in my heart as well.

The great thing that this humble being doing in this birth is that, I am giving Gnana (Divine wisdom) Upadesha to all the beloved people who come seeking the divinity. I am doing this by of the grace of Vallalar. Only if we are alone (meaning with our soul) and do penance you will achieve. Grace of our Vallalar! Grace of SarGuru!

As third the institution that vallalar established by being in front is Sathiya Gnana Sabai. Our vallalar who gave the teaching of divine wisdom through his songs in Thiruvarutpa also established Satya Gnana Sabai for the sake of common people to understand the divine experiences.

Like other temples Sathiya Gnana Sabha doesn't have any divine images of Gods nor is there any puja that is performed there.

When we seek the supreme lord and do penance the first attainment that you will get is the vision of the divine flame of your soul. This was demonstrated in Sathiya Gnana Sabai.

Sathiya Gnana Sabai resembles our head. In the front there are two chambers called as Chirsabai (meaning Small chamber) and Porsabai (meaning golden chamber). In the middle of this two and inside you have Gnana sabai. During the auspicious day of Thai Poosam in the Gnana sabai, screens numbering seven with different colors will be removed and the bigger flame will be shown. This arrangement is made by our vallalar.

This type of structure is not made by anyone else. That's why instead of calling it a temple he called it as **Satya Gnana sabai.**

Also the arrangement for worship is very new one and is not present anywhere. Unlike other temple which has the divine images of lord, this sabai does not have any images and the worship is only the light indicating that the supreme lord is of divine light only. So in order to see the light the seven screens that were hiding it has to be withdrawn. What this means?

This screen hiding the light represents our karma. This karma is made of three type of impurities which were Ego, Lust and illusion. This Karma hides the divine light of our soul like a screen.

If we remove the screen then we can see the light, similarly if we remove the karma from us we can see the divine light of our soul. **This is the biggest achievement of Vallalar.**

Till this time so many saints and seers have taken birth and have given their teachings. Some seers have established temples. Still some seers have given the divine wisdom in coded words. Similarly we have Vedas, Itihikaasas and Puranas. But more than all these, as the demonstration of divine experience he has made the Sathiya Gnana Sabai and has given it to us.

Supreme lord is of supreme light. In order to see him remove the impurities present inside. How? Understanding the outside thing?

Vallalar sings **“Chirsabai and Porsabai has become mine”**. Chirsabai means right eye and porsabai means left eye. If we increase the divine light in our two eyes then this karma which is covering the divine flame of our soul. Our soul has divine art of Agni in it, so when the divine lights of sun (right eye) and divine lights of Moon(left eye) unites with the divine light of Agni in the soul it melts all our karma. This karma is the one that is covering the soul and extends and covers the hole which is in the centre of pupil of the eye and of the size of tip of needle. This karma is in Astral and is present as 7 layers. By doing penance on the divine light of our eyes with constant thinking and consciousness (got by deekshai with the grace of SarGuru) and with calm and relaxed mind, the divine heat will increase and tears will flow out from our eyes. This divine heat will slowly melt all the seven layers of karma. One this layer is gone then we get the vision of our soul. In order to explain these experiences only our Vallalar has built Sathiya Gnana Sabai. Vision of divine flame of our soul is one of the states of divine experience.

So if we close our eyes how can we see the divine flame?

That’s why our vallalar teaches as **“To be alert and be with open eyes”**.

He sings in one of his poem as **“Any teaching/art which teaches one to do penance or meditation with closed eyes and teaches that the experience one gets by closed eyes is the final one, should be buried down the earth”**.

Any improper act we call as the one that is done with blind or closed eyes. We call them as blind act. Blind act is done because of our ignorance. So we can get clarity only if we open the eyes to correct thing. If we do anything with our eyes closed we see only dark. Isn’t?

In Spirituality there are four main steps, They are 1.Sariyai, 2. Kiriya, 3.Yogam and 4.Gnanam. The first 3 steps one will do with closed eyes. It will give one only smaller attainments or blessings and will not lead one to completeness. In the State of Gnana one has to do penance/meditation with eyes opened. If we close our eyes it is dark and if we open it, then there is light. We have to do meditation on divine light isn’t? So the penance should be done with open eyes.

Whatever divine experience we get with opened eyes is the true one. Experiences got with our eyes closed were all illusions.

For doing penance eyes has to be opened. It means two things. One physically our eyes have to be opened. Other thing is the layers of screen covering our eyes have to be removed. The door or the way has to be opened. So opening of our eyes also means the layers of karma which is like screen or door has to be opened. Only then we can get the vision of our soul and realize our self. We can get Gnana or divine wisdom.

Leaving the eyelids of the external eye and opening of the screen in the pupil of the internal eye is divine wisdom or Gnana. **Our Vallalar sings as “Will you open the divine door removing all the screens - Will you open the door of the Pupil”.**

When a artist completes a painting or sculpts a sculpture, the last thing he does is opening of the eyes of the work. When the eyes were opened it means the painting or sculpture is completed.

In that way, for a human opening of the internal eye is the most important ambition in his life. In this birth the most important or significant event is opening of our internal eye, only after which one gets the purpose of the human birth.

Only if our eyes are (both external and internal) do we get the darshan of the divine flame. This humble being by the grace of supreme lord and by the grace of vallalar, was made to sit on the honorable seat of SarGuru and through Thiruvadi Deekshai or Nayana Deekshai , open the internal eyes of those who seek divinity.

All humans have father and mother, similarly one has to get a guru and from him get his internal eye to open and do penance and by this he has to improve his divine state. In order for the people to improve their divine state only our vallalar struggled a lot and still is still struggling.

In order for all the people of the world to realize the oneness of soul and get the supreme state of deathless divine life only, our vallalar has made like me to give Deekshai.

Our vallalar who founded Dharma Saalai has asked us **“to be with hungry”.**

Our vallalar who founded Siddhi Valaagham has asked us **“to be alone”.**

Our vallalar who founded Sathiya Gnana Sabai has asked us **“to be always alert and keep our eyes opened”.**

Our Vallalar says **“I Saw Sathiya Gnana Sabai within me and I got all the divine powers of Sanmarga”.**

In order for us to understand the divine experiences that he got and one can get, he made these institutions.

There are 3 states that one has to reach, realize and enjoy. They are divine art of Sun, divine art of moon and divine art of Agni/fire (called in Tamil as Surya kalai, Chandra kalai, Agni kalai).

There is a song by siddhars which says **“The divine feet of Jothi obtained by the union of three divine lights and the feet that is not seen even by Achutha”.** So which is this divine feet of Jothi? The art of

sun which is our right eye uniting with the art of Chandra which is our left eye and going inside and uniting with the divine art of agni at the place which is below the top of our head and above the inner tongue is the union of three divine lights sung on the siddhar song. When this three unites then we get the darshan of Jothi (divine flame). This was sung in different code words as **“Three Locks”** and **“Three Flames”**.

Father, Mother and Guru were the three who were responsible for one to attain or reach the supreme lord. Father and Mother gave us this body whereas guru will show the way for one to reach the lord in our body.

Importance of Guru is conveyed by different songs by seers as:

“Any art or effort done without guru will go as waste”

“One who attempts union without humbling and Surrendering at Guru’s lotus feet, for them the supreme lord will always remain elusive”.

So come seeking guru and get to know and realize the lotus feet and unite with the lotus feet of supreme lord.

Our vallalar says **“Through a qualified divine teacher (Guru) open the centre of your eyes for your betterment”**.

This is the Upadesha of vallalar. In order to remove the layer covering the center of your eyes seek a guru. Come on to get the Deekshai.

Vallalar will show you the way.

Near the town of vadalur there was a rich land lord of Veata vallam. He had two wives. One wife was haunted by BrahmaRatchas (Ghost with great powers) and other wife had un curable disease called Magodaram. As soon as our vallalar kept his feet on the door of this landlord’s house the Brahma Ratchas ran away and when our vallalar applied divine mark on the forehead of other wife her incurable disease got completely cured.

In later days this landlord donated lot of his land for Sathiya Gnana Sabai. He ordered that under his rule no one should do animal sacrifice.

Our vallalar fed all the people who are hungry and in order to alleviate the hungriness of people he established Sathiya Gnana Sabai. He fed anyone who came there with hungriness.

One time after providing food to people, there were food only for 10 people and during that time suddenly a crowd of people came there for eating. When the organizers were in dilemma of what to do, our vallalar himself served food to all the people and to the surprise of everyone the food did not reduce at all and all the people who came there were provided with food.

4. State past the good **Four**

Our saints and seers have showed us four states for the humans to progress on spirituality. They are named as Sariyai, Kiriya, Yogam and Gnanam (divine wisdom).

These four states were divided such that each has four states within it. They are Sariyai in Sariyai, Kiriya in Sariyai, Yogam in Sariyai, Gnanam in Sariyai and Sariyai in Kiriya, Kiriya in Kiriya, Yogam in Kiriya and Gnanam in Kiriya and Sariyai in Yogam, Kiriya in Yogam, Yogam in Yogam and Gnanam in Yogam and Sariyai in Gnanam, Kiriya in Gnanam, Yogam in Gnanam and Gnanam in Gnanam. In this ways our saints have defined 16 states in spirituality in which one goes in his journey towards the supreme lord.

If **a human** knows and realizes **the importance of two** and understands the **greatness of three institutions** and does penance then he will get divine wisdom or Gnana.

In order to achieve this divine wisdom or Gnana one has to go past the state of Sariyai which is also called Bhakti Yoga and then go past the state of Karma Yoga which is also called Kiriya and then go past the state of Raja Yoga which is also called Yogam and only then he can have the state of Gnanam in Gnanam.

A man can get also Gnana in Bhakti Yoga or Sariyai state. He will be born again. Similarly he can get Gnana in Kiriya state and still he will be born again. Likewise one get Gnana in Yogam state and he will be also born again. Only the Gnanam he achieves in the state of Gnanam will give him the great state of no rebirth.

So in order to avoid rebirth one has to do penance of Gnanam/divine wisdom in state of Gnanam.

Attaining Gnanam/divine wisdom in the state of Sariyai is called **Saalokha Mukthi**.

Attaining Gnanam/divine wisdom in the state of Kiriya is called **Saameebha Mukthi**.

Attaining Gnanam/divine wisdom in the state of Yogam is called **Saaroopa Mukthi**.

Attaining Gnanam/divine wisdom in the state of Gnanam is called **Saayuchiya Mukthi**.

Those who have completed their life in Sariyai will take birth again to do Kiriya. Similarly who have completed their life in Kiriya will take birth again to do Yogam. Only those who have completed Gnanam and who have attained Gnanam in Gnanam only will attain the state of avoiding rebirth. Only those people will win over their death and attain a deathless life. So Gnanam in Gnanam is one of the highest states. **So to overcome death and attain deathless life Gnanam is the only way.**

Our saint Vallalar saw the supreme lord who is beyond the four states and –is supreme divine light – is lord of supreme divine wisdom (Gnanam) and got overwhelmed with supreme joy, pleasure and bliss and because of this he got the divine light body and got the great deathless life. He told all his experiences and attainments and way to the supreme lord to all the people.

Our vallalar called the people telling them **“It is possible for everyone to reach the lord! I will show you the way and guide you in the journey! I will directly raise you to the 13th state of Sariyai in Gnanam. Come on oho my beloved people of the world”**. He is calling all the people of the world. What a great mercy and compassion do our Vallalar has.

So for all the saints and seers who have come to this world have reached the lord step by step from one state to another state and their teaching also helps one to move from one step to other step. All their teachings were also written or told in coded words or in symbolic way.

But our vallalar takes one directly to the 13th step of Sariyai in Gnanam in the start itself. This is possible for all the souls who have taken birth and live as human. He gives upadesha/teaching in the 13th state. By showing the way – the way of eye and also showering us with divine wisdom/Gnanam he is praised and welcomed by the beloved people as “Thiru Arut Prakasa Vallalar” (meaning the philanthropist who showers one with divine grace) whose name is Ramalingar.

Now let us see this with the happenings of the present time. Till some time back everyone will go to class 1 and from there will rise step by step and complete their school education and then will go to the college. But now we have got postal education also isn't? So if you complete 15 years you can write 10th standard exam and if you have talent you can get into any college and complete any graduation.

So today our government has done educational revolution.

But our vallalar has done spiritual revolution that day itself.

He told and called every people of the world that anyone born as human can get Gnanam (divine wisdom) and thought the first step in Gnanam, which is 13th step in spiritual state (sariyai in gnanam) and showered everyone with divine wisdom. Is it possible? Yes it is 100 percent true (Sathiyam) and is definitely possible.

“If you come definitely you will get good attainments”

Recently you may have come across news in newspaper, that in north India a boy aged 9 has written exams for B.A and M.A and got graduation on it.

In lot of fields there are so many boys who have done lot of accomplishment. How is it possible for them? Are they also not humans like us? Why can't we achieve like them? It is also possible for us. If we try hard anything and everything is possible. **“Effort will always fulfill one's wish” – Saint Tamil Poet Thiruvalluvar.**

In Spirituality there were 16 steps and our vallalar teachings (divine Upadesha) is of 13th step.

Doing penance with our eyes open and with constant thinking on our eyes, pupil of our eyes and on the divine light on the pupil of our eyes and with consciousness and with tears flowing out from our eyes is the 13th state of Sariyai in Gnanam.

If a man by ,using the grace of the lord which is his two eyes and by getting deeksahi from a qualified SarGuru and with this if he does penance then he will move from Sariyai in Gnanam to Kiriya in Gnanam to Yogam in Gnanam and finally Gnanam in Gnanam step by step. This is Satyam (truth).

Sastras and Vedas will lead one to confusion.

Way through our eyes will let one to know the truth.

The Supreme lord created this world!

This creation is for Manu.

He created Manu for worshipping him!

He created the world for the purpose of humans to live here. When will a human live here. If he knows who is he and knows how to worship then he will live. He will live without death. He will not be born again. One who learns to worship himself will be delivered. One who knows who is he and who is the Soul inside him, is a human. If he gets realization then he will become saint.

“One who knows himself, for him there is no hindrance and sorrow”

Which is the place to know oneself? That is the place which is formed first in the womb of the mother!

Because of the union of father and mother, the first organ to form in the fetus is the Eye. That will become two and because of the heat present there it will form the body.

In that eye – in that pupil of the eye – divine light in the pupil of the eye is the one that we have to know, realize and increase.

“Without any doubt open the lock in the center of the eye by seeing and with joy, and after opening the lock always remain there”

Our Vallalar tells the 13th state of Sariyai in Gnanam beautifully in the above poem. The explanation is explained below:

Without having any doubt one need to open the lock in the center of the eye. In the center of the eye we have pupil and in the center of the pupil we have a tiny hole of the size of tip of the needle and it has been locked by our karma. Only if we open it we can go inside and get the vision of siva. How to open it? By seeing and with joy. By seeing – by constantly thinking and with joy and bliss, by getting the consciousness due to which mind becomes calm and peace and due to which love and compassion develops. Only during this time will the lock in the center of the eye will be opened. This is the

achievement one gets in penance. So when the door is opened we get the vision. We get the vision of divine light. Always be there indicates the second state in the penance.

Our vallalar in just two lines has completely conveyed and blessed us the complete Gnanam (divine wisdom).

Each and every Sanmargi should know and understand only this.

Do not just waste your time by providing food only. Providing food is the act of Puravinathar. If you want to become Agavinathar then realize the MeiPorul (Divine thing) and know the Thiruvadi (Lotus feet of the lord). Do penance in the state of Sariyai in Gnanam in the way defined by vallalar.

“One who does penance, for them there is no futility or sorrow even for a day” – Saint Poet Avvaiyar.

So don't stop just in the Dharma Saalai. What is the purpose of establishing Siddhi Valaagham? Think what the need of Sathiya Gnana Sabai?

Just reading ThiruVarutpa is of no good. You have to follow the teaching and put them in action.

Just saying is not sufficient. You have to lead your life as per the teachings.

“One who doesn't die is a Sanmargi” – This is the words of Vallalar.

People who just provide free food to the needy alone were not Sanmargis. Providing food to the needy is one way which helps one to develop love and compassion on others, that's it.

So just don't complete your life just by doing donation of food.

He who told us to eat after giving to others has also told that seeking and accepting from others is a disgrace. Don't you find both contradictory?

Our vallalar prays to lord as **“Do not make me to seek help from others and if someone seek help from me do not make me to a state where I cannot help them”**. So we should not beg others. We should give donation. If begging is considered to be a disgraceful act, then by giving donation are we not making others to commit this disgraceful act? Think here. If you think deep, then you will get clarity.

When you think all lives as yours then like feeding yourself, you can also feed other life which is also like yours isn't? This is the greatness of donation of food. While donating food and feeding others we should be in a state of seeing all the soul as our soul. This is the reason why our vallalar has created Dharma Gnana Sabai.

We have given food to one, is it sufficient? Is it sufficient if we remove the hungriness of the body? When do we realize that the one who is feeding and the one who is taking are same?

Anna Dhaanam (Donation of food) means one is providing food to himself. The soul that is feeding and the soul that is taking are same only. This mentality one has to get and develop and this is what our vallalar stresses.

The purpose of doing food donation is not to display oneself thinking "I am providing free food to 100 members daily, and during the holy day of Poosam I am providing free food " and getting pride with this act.

"See the face of people who are hungry"

"Whoever were hungry provide them with food".

This is the basic character every human should have and develop. We call this act of Anna Dhaana (donation of food) as Maheswara Pooja. Why? I have asked this question to many people and no one can give answer.

When you provide food to anyone who is taking it first? The food we take goes through our mouth then goes down to our throat and then reach the stomach. In our body there are many bases or chakras and the chakra or base in the throat belongs to the demi god Maheswara. So the food that we take first goes to the Chakra of the throat and it is the first accepted by Maheswara. That is why we call the act of Anna Dhaana as Maheswara Pooja.

Anna Dhaana means Maheswara Pooja only. People tell of all the donation the donation of food is the best. It is not correct. **The best donation one can do is the donation of divine wisdom or Gnanam.** In order to remove the hungriness of body our vallalar established Dharma Saalai and for the sake of fulfilling the hungriness of soul he established Siddhi Vaalagham and Sathiya Gnana Sabhai. In Dharma Saalai donation of food is done and in Siddhi Vaalagham he did donation of divinity.

Divine Donation is the best donation and is very great and noble.

People who call themselves as Sanmargis just by providing food or doing donation of food were not Sanmargis. Those who donate divinity or Gnana Dhanam were the true Sanmargis. One who doesn't have holy ash in his forehead is not a pure Sanmargi. People who do food donations were not true Sanmargis. People who just read ThiruVarutpa were not true Sanmargis.

Those who dress themselves like vallalar and the one who do not apply holy ash in their fore head and one who just do food donation and the one who just read ThiruVarutpa were not Sanmargis!?

"One who doesn't die is a Sanmargi" – Vallalar.

In order to avoid death and to get a blissful and great life of deathlessness one who learns the spiritual education of deathlessness is a true Sanmargi. One who teaches this spiritual education of deathlessness to others is a pure Sanmargi.

Vallalar did not come to this world just to provide food. He came with a noble purpose of teaching the education of deathlessness. The reason why Vallalar came to this world is to teach the people of world

the way of Sanmargam, and make them realize the oneness of soul of all the souls and make us get the great deathlessness life. Everyone has to understand this very clearly.

Four Vedas shows us the way to reach the supreme lord. The important verses in that were “Ekam Thath Sath”, “Aham Brahmasmi”, “Thathwamasi”. The almighty supreme lord is only one. He is within you. You are that. That has become as supreme divine light and illuminates the whole universe and is as atom within an atom. It is as your soul and as your life.

The same divinity is present as tiny divine light in the center of pupil of eyes in a place of the size of tip of the needle. This is the greatest divine secret. The secret told by all the saints and seers.

Because of his karma the human is continuously taking birth again and again. In order to deliver the people from the repeated cycle of birth and death and to take the human to the state of divine deathless life all the saints and seers were showing us the way. This is because of their compassion. Following their way there are millions and millions of humans who have got divine wisdom (Gnanam). In that line our vallalar is the latest saint. The verses written by him in ThiruVarutpa were full of divine wisdom or Gnanam. In order to uplift us he has written these holy verses in ThiruVarutpa.

“One who completes the worship of lord as idol and visits the holy places and bathes in the holy waters, and for them guru will be available to tell the words of divinity”.

So instead just doing free donation of food and visiting Vadalur during the holy day of Thai Poosam and instead of just avoiding the holy ash and instead of just dressing like vallalar, the so called Sanmargis should seek a guru and learn the spiritual education of deathlessness from him and try to become a true Sanmargi. Vallalar will always protect you and guide you.

One day in Dharma saalai the workman there informed our vallalar that there is no food for serving to people the next day. Our vallalar told that supreme lord will take care. In the early morning of the next day food came to Dharma Saalai in loads in many vehicles. From the last 150 years using the donations given by the beloved people the Dharma Saalai is providing food 2 times daily to the people who come there. The fire that vallalar ignited is still burning in the stove of Dharma Saalai.

Similarly the fire that vallalar kindled in the eyes of people using the divine light of his eyes is still burning and giving them divine wisdom (Gnanam) and guiding them towards divinity. Even today through this humble being our vallalar is giving the divine fire to the eyes through Deekshai. We cannot say the greatness of vallalar through words. We can't write his greatness. So is his greatness.

One who knows will know with their knowledge.

Being in Dharma saalai and by doing penance the attainments he got is not got by any one. He got all the blessings and attainments that one can get from supreme lord. He also got the divine light body.

5. Five United in One

“Oho white moon, the great men say there is One in Five” - Vallalar in Thiruvarutpa.

The songs in Thiruvarutpa is full of Gnanam (divine wisdom), a sample is what told above.

There were so many people who have given lot of explanations to the songs in Thiruvarutpa. Vallalar who has written Thiruvarutpa is full of divine wisdom or Gnanam. I request everyone that with this in mind try to find the meaning of the songs.

The so called Sanmargis will sing all the songs in Thiruvarutpa. But they don't know the meaning of even a single song.

“Those who recite the divine songs after understanding the true meaning only will go inside the residence of siva” – Thiruvassagam by ManickaVaasagar.

Is it not better to just keep quiet rather than to sing a song without knowing the true meaning?

There are some others who call themselves sanmargis and who have written so many pages explaining the meaning of the songs in Thiruvarutpa.

This is the reason why vallalar has told that day itself as

“You people debate and discuss using Vedas and Sastras and they have not told the truth directly. What is the use of them”

People in the name of giving philosophical explanations were telling and writing whatever they think. Not only this they are also debating in the stages. They gather people who don't have any interest on the topics discussed and using them they just display themselves proudly. In the name of vallalar they do lot of grand celebrations.

It seems none of the so called **Sanmargams** were true Sanmargams? The people in these Sanmargams will just do donation of food and sing Thiruvarutpa. Still some people run the charity organizations of running school for the orphans, providing free shelter and home to the aged people and needy. Some people also run news papers. They do lot of good social works. They are indeed very good, no doubt in it? We can appreciate the social service these organizations do. But to do this we have rotary club and Lions club isn't? **Our Vallalar has thought something more and important than this, which is the Spiritual Education of Deathlessness. This is what the Sanmargis have to tell the world.** Lot of people spent their whole life just by doing the act of feeding and going to latrine alone.

We should have done lot of good merits just to tell the name of our great saint Vallalar. Does everyone need not know the Education of Deathlessness thought by this greatest and noblest saint Vallalar?

Anyone who has true love over vallalar has to tell only this Spiritual Education of Deathlessness to others.

All the so called Sanmargams should become as true Sanmargams. How? Every Sanmargams should become as the school teaching this great spiritual education of deathlessness. The Sanmargams should show the way to all the people and guide them towards this noble state of great life of Deathlessness. This should be the primary and first duty of every Sanmargams. Only one who do this can be called a true and real Sanmargi! Only those people will get the complete blessings of Vallalar. When vallalar sings as “Oho white moon” he means the moon in our body which is our left eye and he doesn’t mean the moon in the sky.

The moon which is our left eye denotes shakthi. The letter “U” in tamil denotes two and it again represents our left eye and in this eye only it was told **“There is one in Five”**. Five here denotes Pancha Bhutha (five basic elements which are Earth, Liquid, Fire, Air and Sky or Ether). In this five one element is fire or Agni. So the saying is, that **there is divine fire inside our eyes** and this is the meaning of the song and this is what told by noble and great people.

The fire in our left eye represents the moon light and it has 16 divine arts. Similarly the fire in our right eye represents the sun light and it has 12 divine arts.

Vallalar has asked us to always stand in the divine art of Sun, which means always have your mind and consciousness in the right eye. Why? In our universe all the planets and our moon gets its light only from the sun isn’t? Similarly when we keep our mind steadily in the divine art of sun (Light of our right eye) then the divine light starts from there and reaches moon (left eye). Moon also gets light and the divine light increases in moon.

The state of Sariyai In Gnana which is the 13th step in spirituality and the first step in Gnana is got by getting Deekshai from a qualified SarGuru and after this as per the words of Vallalar if one keeps their mind in the right eye (Sun) the divine arts of Sun will come out and will unite with the divine arts of moon.

In this way when we keep doing penance the divine light of divine art of Sun will come out one by one and will unite with the divine light of divine art of moon.

All the 12 divine light of divine art of Sun will unite with the 12 divine light of divine art of moon and when this happens our both eyes will glow with divine light. The remaining four divine arts of moon will go inside and unite with the divine art of Agni in the third eye (Seat of Soul). This Agni already has 8 divine arts and when this remaining four divine art of moon goes and unite there the divine arts of Agni will now become 12.

“If divine light of red sun penetrates the Sakthi which is moon, then that is the base for Mukthi”

- Saint Poet Avayaar

So the 12 divine arts of Sun uniting with the 12 divine arts of moon and the rest 4 divine arts of moon adding up with the 8 divine arts of Agni to become 12. In this state all the 3 (Sun, Moon and Agni) will have 12 divine arts and will glow in the same state. This is what the saying **“Three divine flames uniting as One as the feet of supreme divine flame”**. This is the first achievement and victory. **“ChirSabai (Left Eye) and PorSabai (Right Eye) became mine” – Vallalar**. If our right eye and left eye comes to the same state then we can get the darshan/vision of our divine flame of our soul in the Agni which is also called **Gnana Sabai**. **So ChirSabai denotes our left eye and PorSabai denotes our right eye and Gnana Sabai denotes the seat of our soul**. The building Sathiya Gnana Sabai built by our vallalar denotes or represents this concept only. Our Vallalar also further clarifies as **“I Saw the Sathiya Gnana Sabai within me”**. There is a saying which goes as **“Which is the place where the troublesome Pancha Bhutas (5 basic elements) unite ”**, one who asks this question and give answer to this and clarifies can be considered as true guru.

This world is made of Pancha Bhutas which were Earth, Liquid/water, Fire, Air and Sky. One is inside other and similarly everything is present inside everything. Whatever we see in this world is the combination of these five elements only. Without one other doesn't exist. This is the magnificence of supreme lord's creation. Who can understand the greatness of this creation?

The only place where all the 5 Pancha Bhutas unite or can be controlled were our eyes only.

The flesh of our eyes is part of earth, we shed tears right and it is part of liquid/water. We would have observed that sometimes our tears come out very hot. It is because of the presence of fire inside our eyes. If you require the fire not to extinguish we need air right and so presence of fire denotes the presence of air as well. So we got four basic elements. **Do you where is the pupil of our eyes? It is in the centre of the iris and it is not clinging to it**. It is not physically touching our body. In the Iris it is floating in the life fluid present in the iris. This is the Sky.

So our eyes are the only place where all the five basic elements are present and unite. Such is the greatness and significance of our eyes.

Our body which is made of five basic elements and the only place in our body where all the 5 elements present together were our eyes.

When we do penance we have to do with the eyes kept open. Doing Meditation with the eyes kept close is not penance.

When we do penance with our eyes open we get five difficulties. They are called as Saakiram, Soppanam, Suluthi, Thuriyam and Thuriyathidam.

Gnana is not doing this blindly. It is not doing penance with closed eyes. Doing Penance by keeping our eyes opened is the state of Gnana.

If we close our eyes darkness will result. If we open our eyes light will be there. If we open our inner eye then we can see the supreme divine light. So we need to open both our external and internal eyes.

Bible tells that eyes were the lamp of the body.

Our body which has more than half water in it and has to be dried out by increasing the divine light of our eyes and this is the achievement in Gnana. If you want to get darshan of supreme lord who is as supreme divine light then we need to increase the tiny divine light of our eyes by doing penance, and by this divine light we have convert our body which has more than half water in it as divine light and this is the benefit or attainment one gets by doing this penance. Our body should shed all the water in it and the divine light should increase. If we do meditation on the divine light of our eyes by keeping our eyes open then because of the divine heat generated the water in the body will dry out and divine light will increase. Right from the top of our head to our feet this divine pure heat will spread and will convert our physical handicapped body to divine light body.

This universe which is made of 5 basic elements is blessed by the supreme lord by performing the act of creation as Brahma, act of maintenance as Vishnu, act of destruction as Rudra, act of hiding as Maheswara and act of providing grace as SadaSiva.

So the universe made of 5 elements is run by the supreme lord as the lord of five divine acts. The supreme lord who is as supreme divine light divide itself as 5 and does this 5 divine acts.

There is a saying which goes as **“The Mantra which is used to disperse/(drive away) the dog will help one to win over the lord of death”**. Do you know what this Mantra is? In Tamil to drive away the dog we use to tell “Chi – Po”. This Chi is the letter in the mantra “Na Ma Chi Va Ya” which is also called Panchatchara mantra. Chi in this Mantra denotes fire or Agni. So it means if you reach the divine art of Agni in our body then we can win over the death and attain deathless life.

In this way our noble ancestors have told about divinity in code words. The reason for that is to stimulate our thinking.

The Panchatchara Mantra described above represents the five basic elements. More significant than this mantra is what our saint vallalar has given to us which explains the supreme lord’s state and his nature. This mantra is called Maha Mantra and vallalar has given this to us.

Mantra is **“ArutPerum Jothi ArutPerum Jothi**

ThaniPerum Karunai ArutPerum Jothi”

When translated in English it becomes

“Supreme Infinite grace light Supreme Infinite grace light

Supreme Infinite Compassion Supreme Infinite grace light”

Do the penance by keeping your eyes open and tell the above Maha mantra by opening your mouth.

The five sense organs of skin, eye, ear, mouth and nose were functioning because of the divine energy of the soul. We feel, hear, see, taste and smell because of the divine energy of our soul. All this five sense organs will be united in the seat of soul which has divine light in it.

By using five sense organs our mind thinks and this is send to the intelligence which becomes as our wish and finally comes out as our act. Every act happens like this only.

All the acts will give some or other karma. Our karmas has to be done off with. Only for this we need to do penance.

Till we have karma we have birth, only if we get rid of our karma, our birth stops. If we do something in the morning it will come back to you in the afternoon. Every action has equal and opposite reaction.

“You got the body as per your karma” – Siddhar song. So based on one’s karma one gets a birth. Our karma has to be completely got rid of. That is why we need to do penance. This birth we have taken only for the purpose of burning out our karma. This karma is of three types 1. Prathuvam, 2. Sanchitham, 3. Aagamiyam.

The karma that comes along with our birth is Prathuvam. This is what defines our present birth. The actions/karma that we do in this present birth is called Aagamiyam. **If we lead a good, virtuous, noble, honest and sincere life by being in the company of noble men, then by the grace of supreme lord we will get a SarGuru.** We need to surrender to the guru and dedicate all our actions to the divine light of our eyes. Husband in Tamil is called as Kanavan which means he is our eyes. For the soul the only husband is the supreme lord who is also called Paramatma. Lord Krishna (In Tamil called Kannan meaning one who is in our eyes) is as divine light in our eyes. If we surrender to it then we do not get Aagamiyam.

After getting a guru and through him if we have our eyes opened and do penances regularly then we don’t get Aagamiya Karma. The disciple who does regular penance will have his Praptha karma done away by the grace of guru. When Aagamiyam and Prathuvam goes off the Sanchita Karma comes out. Sanchita karma is the total karma that we have accumulated in all our previous births and Prathuvam is small part of it. This Sanchitham also goes off like **“The arrow that comes to our head goes off with the hat in the head”, Guru will be always there with us, guide, protect and help us.**

As the karma goes off we will get closer to the supreme lord.

Even if one has done the Pancha Maa Pathagam (5 great sins), if he gets the guru upadesha and does penance he will become a noble and virtuous person.

The examples for the above were the great saints like Valmiki Maharishi and Arunagiri Nathar. Similarly there were so many persons to site as example.

If were surrender to the holy feet of lord Krishna (kannan in Tamil), then we do not get any karma.

“I am not the doer and I am just the evidence”. If we live like this then we are free from all the karmas. We can swim over the ocean of birth and reach ashore.

If we do any act with our mind fixed on the divine light of our eyes then the karma arising out of the act will not come to us or affect us.

“A Muktar (realized person) mind will always be in Monam despite whatever work he does or whatever difficulty he faces”

Monam or Silence denotes our eyes as it does not speak.

So if our mind rests on our eye then whatever karma we do will not come back to us. It goes to the lord Krishna (Kannan). Such a person is called Muktan. He only becomes a sithan.

“Without guru any divine effort will go as waste”, “Any divine art which is not initiated by guru will never be successful.”

“Without guru’s grace supreme lord’s grace will not be got”

Getting a good guru and getting Upadesha and Deekshai from him and if we always remain with hunger in soul and be alone with our soul and always with our eyes opened and alert we will get the post of Moksha.

In order for us to improve and develop our saint vallalar has given us 5 great graces. One is Samarasa Suttha Sanmarga Sathiya Sangam, two is Dharma Saalai, third is Siddhi valaagham, four is Sathiya Gnana Sabai and five is ThiruVarutpa.

Take saint Vallalar as your SarGuru.

“One who does not humble in the lotus feet of a guru, for them the supreme lord will always remain elusive”.

If we live our life as per the teachings of vallalar then SarGuru will always be with us and guide us and get us the noble supreme life of deathlessness to us. This is truth and promise. Guruvae Saranam. Guruvae Saranam. Guruvae Saranam .

Our Saint Vallalar got a body that is not destructible. He got a body which cannot be destructed by the 5 basic elements. His body cannot be destructed by any weapons of death. The supreme lord himself gave this divine light body to our saint vallalar. Our vallalar says that the supreme lord has given him a body of divine light which cannot be destroyed.

He calls everyone in this world telling that everyone can get the attainments as he has got.

Also do you know what vallalar prays to the supreme lord? He prays to the supreme lord to give all the people of this world the non-destructible divine light body and shower grace on all.

Even for us to get the grace of lord in a easier way he gives upadesha in the 13th state of Sariyai in Gnanam and gives us Deekshai and always be with us and guides and protect us in our efforts. Because of such a compassion he has we are calling him “Thiru Arut Prakasa Vallal Ramalinga Swamigal” (The great saintly person who is the philanthropist of divine grace and light).

6. Beyond Six Sixes

The supreme lord who is of infinite and supreme bliss and also called Sachidananda (Full of Ananda meaning pleasure and bliss) and who is the ParamPorul is also present in our body beyond the six sixes. What are these sixes? Each eye in our body has three circles in it and so put together from both our eyes makes six. This is the six that is referred.

If we cross these six circles in two eyes and get inside there we have river of fire (agni), hair bridge and white snake. These were the code words indicating the divine experiences that one gets.

Six Sixes were thirty six. When we get in the hair bridge and while crossing the river of fire we will be interrupted by a white snake. If we consume or overcome this white snake and go forward there we can see our supreme lord.

One who gets to this state is the one who have won over the philosophy of six sixes which is thirty six. One who has got the vision of his soul which is called as Anma Darisanam will not die. He will get the great life of deathlessness. **Our vallalar will come with us and guide us and get us ashore.**

Our vallalar saw the lord of six faces in the mirror in his house when he was a child isn't? How is that?

Lord Muruga is the one with six faces and 12 hands and he sits on the peacock with a flag of hen on his side.

As we have seen there are totally six circles in our two eyes. Mirror in Tamil is called Kan aadi (Kan means Eye) Aadi means (dancing or moving). Kanaadi or Mirror here denotes the pupil of the eye. So our vallalar saw the beauty of his two eyes (which were also described as the faces for the face) glittering with divine light. Twelve hands denote twelve divine arts of sun. Seated on the peacock he saw lights of different colors. Flag of hen denotes the divine sound he heard while seeing this divine light. Here Peacock represents light with different colors and hen denotes the divine sound that one sees and hears while doing penance.

When our vallalar was doing penance with open eyes he saw his own eyes, his pupil in his eyes and the divine light in his eyes along with the divine sound. On seeing and hearing this divine light and sound he felt ecstasy of joy.

When he was doing penance with a lighted lamp he saw different colors of light in his own eyes. During that time he heard divine sound as well. He saw his own eyes in front of him. This is the divine experience in Gnanam. When he was a child itself he got this divine experience and felt the sweetness of it. The Thiruvartuppa by our vallalar is composed in six volumes. Our vallalar has said **“the words that I am telling were indeed the words of the supreme lord”**.

How is that? In his childhood itself our vallalar saw the divine light dancing that is dancing in his eyes which were the lotus feet of the lord. He realized the supreme lord who is of supreme divine flame and also called as Paramatma is within him. He also realized that it is the supreme lord who is making him to do all the acts.

He represents the fact which is the presence and act of supreme lord within him as **“If you make me sing I will sing, if you make me dance I will dance and if you feed me I will eat”**.

In one of his divine songs of Gnanam it is said as **“Thing with six faces”**. Here thing represent the divine wealth which is called as MeiPorul. This MeiPorul is also called as Thiruvadi which denotes our eyes. So this represents the six faces of our eyes. One eye three circle and two eyes six circles. The vision of seeing his two eyes is what is called as six faces. This is the first divine experience of our vallalar. He lit a lamp before a mirror and he sat before it with his open eyes without doing anything. Initially the complete image of our body will be seen. Then our body will be seen like smoke. Then it also will disappear. Only our eyes will be visible. During this time we see light with different colors and will hear ten types of divine sound. If we keep doing penance all these experience will be got one by one.

These divine experiences was what sung by vallalar as **“the divine gift of six faces”**. The residence of lord in our body which is our soul is what the gift given to us. **This is expressed or available/accessible in six places which were our two eyes.**

The yoga sastras talk mainly about the six bases or Aadharas in our body. Siddhars in their song sing as **“Get down the six aadharas including the Moolaadhara and see the matured top Aadhara”**.

The divine experiences of Gnana were only in our head. All organs below our head does only karma. For a normal man even the five sensory organs in our head were also the machines doing karma. During penance this machines of karma namely skin, ear, eyes, nose and mouth will all become machines of Gnana or divine wisdom.

All our five senses act outside. A Gnana saadakan by doing penance will turn this senses from roaming outside to go inside. All these senses or organs were under the control of our mind. If our mind becomes perfect then there is no need to utter mantra. There is no need to control breath if our mind becomes perfect. There is no need to do anything with our body. So using our five senses if we do any action outside then they are not in the state of Gnana or divine wisdom.

If we keep our mind in the place where the five senses and five basic elements unite then it is sufficient.

“One who fries the five senses or five basic elements in the entrance of senses and lead a virtuous noble and honest life will live long and not die”. One who using the divine heat got from divine consciousness burns the five senses or five basic elements in their entrance, since all the five basic elements were present in our eyes the entrance here denotes our eyes and also lives and leads a virtuous noble and honest life will live for a very long time and will not die.

If we keep increasing the divine light of our eyes, then because of this divine light all our impurities (got because of karma) will be burnt down. When the outer action stops the light will start going inside of us. It will unite with the divine art of Agni. This is achievement or Saadhanai.

“It is the hot cemetery and the wide open space” – Siddhar song. Our three types of impurities that is burnt down is the cemetery. In Indian tradition Cemetery is the place where one burns the dead person. In Gnana cemetery is the place where our impurities were burnt down. The hot cemetery in our body is our eyes. There is where divine heat is present. If we go inside it is a wide open space. This is what another siddhar sings as **“Forest of the size of tip of the needle”**. If we go inside this forest of the size of tip of needle it expands as a huge forest. Only in forest we find wild animals like snake, elephants and also wild streams. So these were all code words only. If we go inside six we find river of fire/Agni. Some ignorant people tell Moolaadhara is in the bottom of our body.

“Get down the six aadharas including the Moolaadhara and see the matured top Aadharas”. – Siddhar song. As six place and as six faces our eyes were present. Our eyes were the base for all the bases or Aadharas in our body. As the base of all it is our eyes - divine light in our eyes present in the hole of the size of tip of needle in the center of pupil is the base. This divine light is the light of our soul.

In Vinayagar Aagaval the great women saint Avvaiyar sings as **“The divine fire which raises in the Moolaadhara has to raised by the feet with our mind kept there”**. As we have seen Moolaadhara is our eyes, when we do penance on that, the fire will raise and becomes as huge divine flame. Raising by our feet by keeping our mind there means - the feet here represent the holy feet which were our eyes and so by keeping our mind on the holy feet this divine fire will raise. See how beautifully this information is conveyed. **Our eyes were the holy feet of the supreme lord.**

Siddhar SivaVakkiyar sings as “The base of tank and the weeds that is grown from there”. Here the tank of base indicates our eyes as it has water in it. So this clearly represents that the base or Aadharas or Chakra is our eyes aren't? By the weeds that is grown from there means, because of the actions that we perform daily both form of karmas (good and bad) grows. He tells these weeds have to be eradicated or cut down. There is another secret which is also bought out. Because of we seeing with our eyes our mind acts, then intelligence goes with the mind which becomes our wish which result in we performing our actions. These actions give out karmas (which are called as weeds) and they have to be cut down. Cutting these weeds daily is what penance does.

The main source for actions comes because of what we see with our eyes. One of the sources of karma is present in our eyes. What is it? After white part of eyes, we have black iris and then pupil. In the centre of the pupil covering or hiding the needle tip size hole is thin layer of membrane.

This membrane is responsible for all that we see. This is the residing place of earlier karma(s). Our mind acts based on our earlier karma(s) only and because of the influence of mind we do our actions and commit more and more karmas. If it keeps on growing then what is the solution to it?

The only solution is the way spelt by our vallalar which is doing penance in the 13th state of Sariyai In Gnanam. When we keep doing our penance with constant thinking of the pupil of our eyes and

constantly drenching on the tears from our eyes the divine heat (Gnana Kanal) will raise and increase. Since mind has been stopped there, no external actions occur and hence no new karmas will be created. With constant penance as said the divine heat will increase more and more. When this divine heat increases the membrane that is present covering the needle sized hole in the centre of the pupil will start to melt and slowly will melt out completely. When this membrane is tore down, the saints and seers call this as the opening of our eyes. This is the achievement. This is the penance that one has to do.

By continuously doing this penance all our karmas will be burnt down. The membrane is the shape or form of our karma.

The story which tells that lord Siva burnt down three residences indicates this achievement only.

Ego, desires and illusion were the three impurities that were represented as three residences. The story tells that lord Siva just smiled and the three residences were burnt down. This means when the divine light increases then because of the divine heat in it the membrane will slightly move away. This is called as smiling. While smiling we will open our mouth slightly isn't? Mouth here is compared the needle tip size hole in the centre of the pupil. Just by slight smile all our three impurities will be burnt by divine heat! If this is the case if there is big hearty laugh then the karma's that has come and the karma's that is about to come will be burnt down completely right? This is the divine truth told by ThiruMantiram as well.

What about the case with that of blind people? For the blind people since they don't have divine light in their eyes they cannot increase the divine light and heat and melt the membrane of karma and because of this they cannot see themselves or see their soul. We are lucky people as we have got our eyes.

Since we have eyes and divine light in our eyes, we can do penance and increase this divine light and make it unite with the divine art of agni in the seat of soul and get the vision of our soul. Blind people should directly catch the divine art of Agni. Catching the divine art of agni directly is not that easy. It is very difficult. But if they do good deeds and are persistent and if they do penance they too can achieve divinity.

This humble being has given deekshai to two such blind persons and they have got consciousness and now doing penance.

"Persistent Effort will always bring fruit"

If we do penance with sincere and persistent effort then divinity present as divine light in our pupil will burnt down our karmas and will make us divine.

We – Our Soul is part of the supreme lord isn't? If our karmas goes off only our divinity will be there. That is what we want.

Saint Thiruvalluvar in his great work Thirukural says

“Even if a thing is impossible for divinity, but if there is effort to achieve it, the effort will surely bring fruit”

But our saints have told “Everything is his will”, “Without him even an atom will not move”. But what does valluvar says a thing not possible for divine?! What is that?

Divinity is within us as our soul in the tip of needle size hole in the center of the pupil as divine light. The karma effort is hiding it or closing this hole as membrane. So the divinity is hidden within us. At present our divinity is not functioning, only the effects of our karma is functioning.

If we do penance with persistent effort, sincerity and with dedication with single minded devotion to attain divinity then because of the increase of divine light the thin membrane will melt. Our divinity will come out. Only after that our soul which is of divine flame will start acting. This is what revealed by Valluvar.

Till that time the divinity present within us as our soul cannot do anything. We have to make way for the lord within us to act. For that our effort should be very intense.

The result we get because of this is that the divinity within us will come out. Self-Realization will be got as the gift.

Sivam with us at present is without any sakthi. If we do penance then the divine power/art of our left eye which has 16 divine arts with it will unite with the 12 divine light arts in our right eye which is also called sun. The rest 4 divine arts of sakthi when joined with 4 divine arts of agni will give shakthi to siva within us and come out as bigger divine light or divine flame.

Paarvathi (Other name of goddess sakthi) the tamil word when split becomes Paar + Vathi. Paar means ability to see, Paarvathi denotes the place which has the ability to see or the power which gives one the ability to see. When siva unites with sakthi that is the seed for mukthi or liberation. Siva will come out and will act.

For blind person since they do not have the power of vision which is parasakthi or Paarvathi siva will not come out. They will not easily get the divine light. It takes lot of effort for them and is very difficult. But if they are persistent and strive hard then by supreme lord’s grace and by the grace of SarGuru they will first get the power of vision or Paarvathi and after this by continuing penance siva will come out.

So if we do our penance as said above lord siva will display himself as bigger and brighter divine light. We will get divine blissful deathless life.

In order for us to live a healthy life the great siddhars and vallalar has recommended plenty of ways.

One of the way is to take food of six tastes (Six tastes include Sweet, bitter, Salty, astringent taste and spicy taste). Daily we have to intake these six tastes of food. If we take it daily we will never get any disease. In our body the three important naadis (pulse in our body) were Vaatha Naadi, Pitha Naadi and Silethuma naadi. If we want these three naadis to function normally then we need to take foods of six

tastes. By taking food of all the six tastes the three important naadis will function correctly and a person will always remain healthy.

We should eat the food just for the taste present in it. In Tamil food with six types of taste is also called AruSuvai (It means 6 tastes and also cut the taste). Our tongue should not look only for the taste. We should eat for the health of the body. The sense of taste should be cut down. Our vallalar calls people who just eat for the taste as **“Addicting to the sense of taste in tongue is like rotten and fester”**. Do not eat only for taste of tongue. Eat only to live. This is the advice of saints to us. That is why the word Arusuvai as we seen above denotes both the meaning (Eating food with all six tastes and also getting aside our sense of taste).

A real Sadhakan is one who has completely overcome his sense of taste.

For a person who does penance regularly will get in a state where he does not need any food. This is one state.

In the initial state of doing penance since the Pitha gets dispersed he will get a feel to get more food which is of sweet. They will eat plenty of sweet foods.

The great Saint Rama Krishna Paramahamsa will eat lot of sweet foods. He did not eat it for the taste. When the state of our body changes our body require lot of sweeter food. The food with six taste is not luxurious one but one of the necessities.

Our saint Vallalar at last use take food very rarely. He will consume any food for days together. During those time in one liter of water he will mix little Jagger and boil it such that it becomes 1/4th. He will drink that such a boiling water. The person who gives the water will hold the jug containing water with a handle that does not conduct heat. Our vallalar will just take the water with his bare hand and will drink it. His body is in such a state that it can withstand any amount of heat.

Once Vallalar and his beloved devotes were returning to vadalur after visiting Chidambaram. During that time there was a huge rain. There was no place to take shelter. Everyone got completely drenched in the rain. But the surprise is that on vallalar there was not even a single drop of rain. As soon as the rain touched his body, because of the divine heat of his body the water was completely vaporized. All his beloved devotes witnessed this and were amazed.

Similarly another time one beloved person liked to touch the feet of vallalar and worship the feet. Our vallalar also showed his grace by allowing him to touch his feet. The beloved person saw the feet of vallalar and kept his hand over the feet. But his hand could not feel the feet of vallalar. There was nothing there. The feet that were seen by his eyes could not be touched by his hand.

The divine light body of vallalar is not the same as the physical body. The divine light body is such that you cannot touch or feel it.

Another time a snake bit our vallalar. What a pity, the snake died immediately. Normally only the person who was bitten by the snake will die. But when the snake bit our vallalar, the snake died. This is the state of people who have got the divine light body.

Our vallalar use to shower his grace on the people who come to Dharma Saalai by giving discourses daily. One day to hear the discourse of our vallalar one beloved person was coming on the way of a garden. In the way he saw a Cobra. As soon as he saw the cobra he was shocked and was very afraid and in fear he told that in the name of Ramalingam (Vallalar) do not bit me and ran away from that place. Once the discourse is over our Vallalar called this beloved person and told that it is not right to do harm to a dumb life. So while going back remove the oath that you have put on my name as due to your oath the snake is still there with its mouth open. Only then our beloved person remembered the incident and while going when he saw the snake still there and once he took the oath it moved away from that place.

Even if a snake is bound by the name of vallalar means think of the greatness of this saint. He is one who have got complete grace of the supreme lord.

Oho supreme lord by your small grace even a small dust can do the five great divine work (Creation, Destruction, Maintenance, Hiding and Showing Grace) means how can tell the greatness of your elder son Ramalinga Vallalar who has got complete grace from you.

7. Seventh Place

A human who having realized the **Greatness of Two** holy feet (MeiPorul, Thiruvadi) which were his eyes in his body, got the Guru Upadesha, reaching **the three institutions** and gets to the state Past the divine states of **FourFours** (16) and reaching the divine place of Thiruvadi (or holy feet) where all the **Five United in One** and has gone past the **SixSixes** were the ones who have got the great blissful divine life of deathlessness.

A man who has born according to the good and bad karma that he has committed in his earlier many births, if he understands the teaching of great saints and Gnanis and does penance he will improve himself and will attain the blessing of avoiding re-birth again. For this and **for the penance to have any fruit it is must that one should not have any improper or bad habits, eat only pure vegetarian food and live a virtuous and truthful life.**

The great saint Thiru Gnana Sambanthar had only little amount of karma from his earlier births. So at the age of 3 itself mother goddess gave darshan to him and fed him with divine milk or Amirtha. Once he drank it he became the divine child or Child of Gnana or Saint Child.

The great saint Thiru Navukarasar, since he had lot of karma left with him from his earlier births has to undergo many difficulties till the age of 80 and he reached the supreme lord with his untiring persistent effort, sincere devotion and penance.

Thief Valmiki became a great Maharishi, the great Satriya king Vishwamitra became BrahmaRishi and the Arunagirinathar who had deadly disease of leprosy became a great Gnanai or Saint and lot of saints and Gnanis attained the divine state because of their sincere and persistent penance. It is because of their unrelenting and tireless effort.

If you have unrelenting desire to attain the supreme lord, then it does not matter what state you are till yesterday and you might be a bigger sinner but if you become a good and virtuous man and then get the Guru Upadesha and if you do penance then we too can get divine wisdom. We too can get the divine state of blissful deathless life.

In order to show the way of eye and make us realize the importance of eye and guide us in the path to divinity and also with us all the time our saint vallalar is there. Take the great divine philanthropist and saint vallalar as your SarGuru. He will show the way for the upliftment of our soul. Come to KanyaKumari. Get the grace of Vallalar through this humble being. This is the duty that was given to me by the great vallalar.

Beyond six sixes and beyond the six Aadhaaras there is big open space. Come let us go there. The seventh place is called Sagasrathala. The golden temple with 1008 changes (Vallalar calls it as 1008 changes as it can be changed and we have to change it with our penance). Lotus with 1008 petals which is our top most region of our head.

When we are born our topmost head will be very soft. We can realize the pulse there as well. When we start growing this region starts to become harder.

The food that we consume becomes as energy and goes to all the Aadharas and each Aadharas will take its required energy and removes the waste there itself. Like this after reaching all the Aadharas the energy of the food comes at last to the Sagasthalam. It takes its required energy there. Here there is no way to remove the waste. This waste which gets accumulated throughout one's life time is deposited in the head and becomes harder. This waste also has to be removed like all the other waste from our body. But for normal human being this does not get out!?

The Aadharas which were present down removes its waste in the form of feces, as urine, as waste in the navel, as mucus in heart, as phlegm in throat, as dust in the eyes and ears, as mucus in nose and as sweat throughout the body.

The waste present in the Sagasthala is called as **"Kollai"**. This is not removed so easily.

If this waste becomes too much it affects the functioning of the brain. It will affect the growth of the brain. It can cause mental defect. Our mind set will be affected. Totally he becomes a person whose mind is affected or has become ill.

In order for the mind not to get affected it is very important that this "Kollai" has to be removed.

A man whose mind is not affected is a normal human. A man who knows to keep his mind matured and controlled is a true human.

In lord's creation all the functions happen correctly. As per one's action one gets the sufferings. In order to get rid of the sufferings our saints and Gnanis were showing us the way.

Vallalar asks one to wake up early in the morning before sunrise and do the morning duties of removing feces and then do Thanda Tuthi.

Vallalar says when the leaves of "Potraalai" and "Karisaalai" when squished with the finger and rubbed in the inner tongue of the mouth then the water of mucus and waste water of head will come down and our eye sight or light of our eye will be improved. Try this.

If we remove the unwanted waste from our body we will get good health and live a long and healthier life.

If we remove the waste from our body our body will become healthier.

If we remove the waste or impurities from our mind (namely Ego, Illusion and Lust) then our soul will be enlightened.

Our saints and Gnanis have given us ways to purify our body and mind.

If our waste or impurities grows more, then it is dangerous. If the waste is accumulated again it is dangerous. Even if the waste is removed too fast also it is dangerous.

Our Vallalar advice is

“See that the waste solid and water is not accumulated”

The above sentence carries many meanings with it.

You have to ensure that the feces were not accumulated in your body. So we have to remove our feces twice in a day. We also should ensure that the feces do not become watery. If the feces were removed too much also a man will become very tired. If our food habits were not proper then it is possible for the soul to go off the body in two ways.

The food that we take should be off half stomach. The food also should be nutritious and should be **pure vegetarian** and other one-fourth of the stomach should have water in it and the other one-fourth should be empty. Only then our food will be properly digested and the energy will be got from it in correct way. Our saint vallalar tells the impurities will be removed orderly.

Our vallalar has also told us what to eat and how to eat as a separate explanation in his one of his works.

Right from waking up in the morning till one get to bed, what a human should do and how to do is clearly explained by our vallalar in his discourse called as “Nithya Karuma Vithi” (Daily Duty).

A person who removes the waste or impurities from his body will live a healthier life. One who removes the impurities of the mind will live a blissful divine deathless life.

The impurity of our body in the place of Sagasthalam which is the top of our head is called as **Kollai**. This impurity is removed only for a person who does penance. When this Kollai is completely removed then our brain will start functioning slowly.

The only way to remove this impurity called “Kollai” is to do penance. If we get Guru Upadesam and get the consciousness in the divine light present in our eyes through Deekshai through a qualified guru, and if we do penance on the divine light by constant thinking and keeping our mind on this consciousness, then this consciousness increases the reaction in our eyes and will kindle the divine heat in our eyes. This divine heat will reach the divine art of Agni through the inner nerves and from the divine art of agni will raise and reach the Sagasthalam. This divine heat on reaching Sagasthalam will melt the impurities (Kollai) deposited there and this impurity then will be removed through our nose and mouth. Our penance should be done till the time all our kollai is removed completely.

“One who does penance for them there is no vanity” - Saint Poet Avviayar

The penance that we do should increase our divine heat through our eyes and because of this increase in divine heat it should reach Sagastralam and induce the divine consciousness there and with this divine heat it will heat and melt the Kollai which will gush down. This is one of the divine states reached while doing the penance.

When this Kollai present in the head was slowly removed then each and every part of the brain will vibrate because of the divine light and it will start functioning slowly. The brain parts which were

subvert so for because of the weight of Kollai will now start blossoming. The petals of this lotus which were also subvert because of the heaviness of kollai will also now start blossoming. The divine light also will be brightened and will start radiating. Since our brain is made of 1008 small parts the saints have called it as 1008 petals lotus. The divine light – pure divine light since it brightens and displays golden light, vallalar has called it as 1008 changes golden temple.

Every human should see the 1008 changes golden temple which is in the center and which is displaying the brightness of divine light and which is Supreme divine grace light (Arut Perum Jothi). Only such a person is called as Gnanai. He is the one who will get divine blissful deathless life.

We have taken so many births. From henceforth we do not need this play, in which our karma is directing us. In this birth only let us search the way to avoid re birth and avoid death. Let us realize the divine light in our eyes and improve our self. Come on oho people of the world!

The saints say there are $2 * 7$ worlds or dimensions! They say there are $7 * 7$ births! We took birth as grass, plants and herbs, as animals and then as human. But we don't know any of this?! Instead of researching on this and finding out it is more intelligent to find out about this birth!

Whatever our saints have told were not false. But we cannot know about it using our limited and tiny intelligence. First we should see that our intelligence starts working. If our intelligence starts functioning and brightness we can know the truth one by one. Knowing is the knowledge. Realization gives us clarity and removes our doubt.

We are present now. This is the only truth for us now. Using whatever thing we got to know and realized, we should start our penance. Only then clarity will be got. Our knowledge will start working. We will get Gnanam or divine wisdom.

Showing the way to this Gnanam is this book “**Who is Philanthropist**”.

Seven Musics, Seven Rishis, Seven divine Women, Seven types of minerals! In every one's experience they can get clarity on all this and many more. We can get the information about these things by our own experience.

Our saint Vallalar indicates about seven types of screen or layers. The screen that is closing the tiny hole present in the center of the pupil of our eyes is made up of seven layers. When we get the divine consciousness of divine light in our eyes through a SarGuru and when we do penance on this consciousness we can see seven colors of light and when the colors change from one color to another indicates that we are progressing on our penance. At the end we get the vision of Supreme divine Grace Light (Arut Perum Jothi).

The divine experience that one gets after the darshan of our soul (Anma Darishanam), will be felt in the seventh place. Seventh place is the one where we raise to the cosmos. This is the place where all our karmas were done away with and complete Gnanam / divine wisdom is got.

In Science of horoscope prediction, seventh place is called “**Kalathirasthanam**”. **In our body the seventh place is the one where the Jeevatma unites with the Kalathirar (meaning our husband) Paramatma. Such is the greatness of this place and this state.**

In temples during the 9th day morning of the festival the divine chariot will be drawn. In the night they call it as “Saptha Varnam”. All the divine images of god they will decorate and importantly the decoration will have seven colors of dress, jewels and flowers. This divine image they will take in the streets for all the people to see. There will be also bursting of crackers or fireworks of various colors in the sky. Why? “Saptha Varnam” means seven colors. Before we get the vision or darshan of the supreme lord we see seven colors. In order to demonstrate this to all the normal and ordinary people our ancestor saints have shown it as the evidence. This is the expression of Bhakthi. This is the state that is shown in the outside world!

This is what demonstrated by our vallalar in the state of Gnana in Sathiya Gnana Sabai as display of Jothi. Before the darshan of the supreme lord there were seven layer of screen and only when this seven layers of screen were removed we get to see the divine light within us. In Bhakthi it is Saptha Varnam and in Gnanam it is seven screens.

It is said there were seven types of birth. In all this the rarest of rare is getting the birth of human. In this rarest birth of human that we have got we need to get a SarGuru and do penance and get rid of the disease of birth(s).

Our Purana says that saint Agastiyar has completely drunk the seven seas. In our body all the seven Chakras were associated with seven seas. When we do penance persistently then because of the divine heat generated because of Agathi san (Siva inside us. Agastiyar when the word is split become Agam + Isan which is siva or lord inside us) – siva – divine light will completely dry out the water in all our chakras.

When we do penance the water content which is present in more than half of our body will be sucked out by the divine heat. Our body which is wet at present will be dried out and will become like dry ginger. Which means the pure divine light will increase. In this manner this divine light will penetrate each and every nerves and convert our destructible physical body to divine light body.

So in order to identify a true Gnani or Saint this way can be used. One’s body which is very thin and the bones were covered by thin skin were the true Gnanis.

One who is fat by the consumption of huge amount of food is definitely not in the state of Gnana.

In Malayalam they tell “Gnan – Nee”. One who sees you and me as one is a true Gnani. One who sees all the life forms as his life and leads his life in this way is a true Gnani.

In Bible Satan is described as 777. Today satan has shown up himself. In today’s computer world for internet connection the starting letters were WWW. In Numerology W is represented by the number 7. So WWW is the representation of 777. So satan is no one else other than the culture of internet which is

spread throughout the world!! Today the Satan of internet is one who is ruling this world isn't?! Internet usage today is very less for good things.

The scientific advancement today is leading the human towards the path of destruction. Only Mei Gnanam that is wisdom of truth in our body will lead one towards divinity.

If an individual human does not reform himself then the country will not become developed and surplus. When he starts going in the path of spirituality then the country will progress. We will also lead a good life.

Once upon a time in dharma Saalai there came a beloved person to hear the discourse of vallalar. He liked to know the reason why our vallalar has covered his head with white cloth. When our vallalar came to know about this he called the beloved person at the end of discourse and told him that since you liked to see me without head cover look at me now. He removed his head cover and showed him without head cover. When he removed his head cover there is full of bright divine light and the person is unable to see this divine light and felt breathless and unconscious. After some time he regained his senses and prayed to vallalar and left.

Another time our vallalar was practicing a art called "**Nava Kandaga Yogam**". During that time a beloved person who came there saw our vallalar's body is cut in to many pieces. On seeing this the beloved person shouted. Immediately vallalar appeared before him and told that this practice is one of the type of yoga and asked him not to afraid and told not to come there suddenly. Our vallalar has got all the experience in Yoga and Gnanam.

Day and Night our vallalar has spent time in praising and praying lord and doing the practice of meditation and penance. By getting near and near to the supreme lord who is the supreme philanthropist our vallalar has also become philanthropist (Philanthropist of Grace).

Vallalar is a great Gnani. When people realized that he possess great powers and siddhis they came to him to hear his discourses. Some people want to learn siddhis (usage of divine powers) from him.

Likewise there came a person who is interested to learn only the art of "Rasa Vaadham" – the art of making or converting gold from mercury. But our vallalar told him only about the greatness of the supreme lord. But he is always interested to know only to make gold. One day when the person came to him our vallalar asked him to fetch some sand from the ground and give to him. When the person did as told by vallalar and gave our vallalar sand from the ground, our vallalar closed his hand and poured it on the hands of the person, what a surprise the sand has been converted to gold. The person was surprised on this miracle and to him vallalar told "**For a Gnani who is not affected by the happening of the world, on his touch even sand will be converted to gold**". So going after these types of divine arts is on no use and gave him advice and then sent him.

Just by the touch of our saint vallalar if sand can be converted to gold how much divine power he has? What a great siddhar is he! His greatness cannot be told in words.

8. Catch Hold the Eight

this world everyone hates the number 8. But this eight is the one that is ruling us.

People use to say that during the day of Astami (8th day after Full Moon and New Moon) we should not do any auspicious things. But during this day of Astami only lord Krishna took birth as human. We use to celebrate the birth of lord Krishna in a very grand manner.

In Gnanam our eyes which were denoted by 8 is the residing place of Kannan (Krishnan).

Our saints have used lot of code words and symbols to sing about this eight. If you put together two zeros (0) then it becomes eight. 00 put together vertically becomes 8. So 8 – 00 is it not like our two eyes?

Tamil Poet Kannadasan sings about this as **“He is the one who is ruling from inside the 0 and who is bewildering us, if we get to know him then he is the supreme lord”**

See how great wisdom is getting conveyed here! The great saints were give the titles before their name as “Poojya Sri”, Poojya denotes 0. It indicates that one who have understood the importance of 0.

In our body the pupil of our eye is like a zero. In the center of the pupil there is a gate which is of the size of tip of the needle and inside this gate there is a big kingdom!

We have to know about that only. The king of the kingdom is our lord Kannan (Krishnan- Kannan in Tamil denotes lord Krishna. Kannan (Kan + Avan) stands for one who is inside our eyes). He is the divine light of our eyes. The Holy Scripture Bagavat Purana tells that lord krishan opened his mouth and the entire creation is visible. As we have seen in the previous chapters that the center of the pupil of our eyes were closed. The opening of that gate which is closing the needle tip size hole is what told as that when lord Krishna opened his mouth the complete kingdom in it were visible.

This eight which is our two eyes , were represented by the first Tamil Letter A denoting Right eye and in tamil numerals this A denotes eight.

The Tamil letter U denotes 2 and it represents our left eye. These were the code words.

The great saint poet Avvaiyar tells **“Number and Letter were our eyes”**. This is accepted by the great saint poet Thiruvalluvar in his poem as

“As Number and as letter and these two were the eyes for the living beings”

As number and as letter it is our eyes.

As number 8 and as the first letter in Tamil is the Tamil Alphabet A. He tells these were the two eyes and also tells this is for the living beings. The meaning of this song is for a living being to live without dying we have to know and realize our two eyes which were denoted by Tamil Alphabets A and U.

Guru is one who teaches this!

SarGuru is one who teaches and makes one realize this!

Saint Thirumoolar also tells as **“Nandi made me realize about 8 and 2”**.

Even today if you go to the villages in Tamil Nadu elderly person use to say **“What is the necessity of talk with person who do not know about A and U.”** Our ancestors have told that the one without the knowledge of **“8 denoted by A and becoming 2 and represented by U”** were ignorant ones. So talking with them is of no use. See how much great wisdom is conveyed in a very simple way!

The great saint Manicavasagar sings as **“Oho lord you have made this humble being who do not have the knowledge of 8 and 2 to preside over great assemblies”**.

This 8 represented by A which again denotes our right eye and also represents as divine art of sun (Surya kaalai) and 2 represented by U which again denotes our left eye and also represents the divine art of moon (Chandira kaalai) and Right Eye denotes Siva and left eye denotes Sakthi.

They conveyed all these in code words so that this we will think and the information will go to our intelligence.

In order for us to realize this it was suggested that one should get Guru Upadesha and Deekshai.

The saints have told us that the supreme lord is not somewhere very far off but he is in a very near and reachable place as 8 and as 2 in our eyes! They have told to **catch hold of this eight with our consciousness or with our feelings.**

Since the Philanthropist of Grace wanted the people to know about the greatness and importance of 8 they have conveyed this information as code words and as symbols in various states and of our life.

Our Gnanis have divided our life in to 8 states. Each state has 8 years in it. The food that we take in the first 8 years will become base for the strength and health of the body. In the second 8 years (age of 16) education that is learnt will become the base. In the third 8 years (24 years) it is important to get married. In the fourth 8 years (32 age) it is important to get children. During this age time only the body of man and women will be ideal for marriage and child birth. In the 5th 8 years (till age of 40) one has to earn and save the earnings. In the sixth 8 years (48 age) one has to complete his duty towards his family members. In the seventh 8 years (56 age) one has to visit all the holy places. In the holy place of india it is very important to get blessings from numerous saints and temples. In the eighth 8 (64 age) one has to get to know the importance of 8 and get Guru Upadesa and Deekshai and do penance. Doing penance should be the only activity in this age and one should become sanyaasi. This is the noble life.

If one knows about the importance of this 8 in his 16th age and learns this education from a SarGuru and does penance and also does his duty truthfully then he will become a noble human. He will become a Mahatma. He will become a Gnani.

In the villages it was commonly used term for sending someone to the shop **“oho my son please go two eight and come”**. Also commonly used **“I went two eight and came back”**.

Did you see that 8 and 2 were used in this as well.

In order to make us to think about the number 8, our saints have told about this number 8 in different ways and in different code words. In our body which is of the size of 8 Saan (Saan is the unit of measurement with one palms from index finger to thumb stretching outwards. If you measure your body with this unit of Saan it equals 8 for everyone) and if one realizes the eyes which were there as 8 and as 2, and one who realizes the Sivam ie divine light in the eyes will get divine wisdom or Gnanam.

Saints were the ones who have got the vision of Lord Muruga in the place called EtuKudi (This place is in TamilNadu). The real meaning of this is the lord muruga who is residing in Etu (8 in tamil) is the one who was burn with six heads and from the fire from six eyes of lord Siva. So before getting the darshan of siva we will get the darshan of his son Muruga who is also called as Lord with six faces. During penance first we will see our two eyes before us. Only after this we get the vision of divine lights. Our puranas were given to us by our saints in the form of devotion to convey the Gnanam or divine wisdom.

Our Saint Vallalar has built the Sathiya Gnana Sabai in vadalur resembling our head. It is of 8 sides or Octagonal. In order to demonstrate the vision of divine light of soul in the center of the head our vallalar made this Sathiya Gnana sabai and showed the Jothi darshan.

“I Saw the Satya Gnana Sabai within me and I was got the law of Sanmarga” – Vallalar.

In horoscope prediction the eighth place denotes Mangalya Sthanam. Mangalyam denotes the holy thread that husband ties around the neck of wife and it remains with the wife till the husband lives. So it is auspicious one. This position indicates the strength of a girl's auspiciousness with his husband. In Gnanam eight denotes our eyes which is as 8 and also tells about our lord in 8 who is the true husband for all the Jeevatmas. The lord is our Paramatma.

So if our eight is strong i.e. our eyes were stronger then we can increase the divine light in it and unite with our husband in 8 and live a long and blissful life. Living a long blissful life indicates that the gift of Mangalya will remain forever.

Likewise in India everything is Gnanam or divine wisdom.

Everywhere we find Gnanam. In everything we find Gnanam. In words and in sentences and in scriptures and in arts and in sports and in ceremonies and in procedures everything denotes Gnanam only. There is no limit to the compassion of the Gnanis. In order for people to some how get the Gnanam they have conveyed this Gnanam or divine wisdom in whatever possible means and in all possible ways. Gnanis were the Philanthropist of Grace. Love, Compassion and Mercy were their characters.

For this humble being in the age of 3rd 8, our vallalar made me realize the importance of this eight. He overwhelmed me with his grace without me seeking him. For this humble being in the age of 6th eight he made me as Guru and made me to sit in the Guru Peeda. His grace is responsible for me to live in Kanyakumari and do this divine donation to all the people who come here. What a compassion our vallalar has! It is a drop of vallalar grace which is present within me and it is responsible for me giving upadesa and Deekshai.

In astral state and with the light body and even today our saint vallalar comes everywhere and does the work of making people attain the blissful deathless life. It is our duty to surrender at his feet.

The education or philosophy of Suttha Sanmarga is the education of deathlessness.

Our vallalar in many places in his works sings like “I does not even know 8 and 2 but you(the supreme lord) gave it to me”.

Supreme lord says to vallalar as “You(the supreme lord) told that I am your son and not to fear for anything and touched my head and told me(gave Upadesha) about eight and two”.

In this way our vallalar at many places have told about the importance of knowing about 8 and 2.

Our saint vallalar also tells that the supreme lord himself thought him about this 8 and 2.

The extract of his work of **Thiruvartupa** is the **ArutPerum Jothi Agaval**. In this Arutperum Jothi Agaval also our vallalar has told that “**Knowing and realizing the 8 and 2 were the first step**”.

So for us to reach the supreme lord and for doing penance knowing about 8 and 2 were the first step.

So we now know that 8 and 2 were our two eyes aren't?

We can keep on talking about the greatness of importance of this 8. The 8 which is our eyes, how is it? Using our eyes we see the whole world. But can we see our eyes?

Saint ThiruNavukarasar in his song clearly says as “**The killer of time is in my eyes, see it**”.

Our eyes which also have all the five basic elements (Pancha Budha) united can be seen when we do penance.

In the center of the pupil of our eyes there is small hole with the size of tip of needle and closing this is a small layer of screen and this layer is the seven screens hiding our divinity. This layer will be hard or soft depending on one's karma.

There is a saying in Tamil as “**Moodevi (goddess of poverty or inauspiciousness) came first**”.

When we see with our eyes our mind will start functioning first. Our mind will function depending on our karma(s). So the first thing that acts is mind which is the servant of our karma. So based on the functioning of our mind our karma accumulates. If this keeps continuing we keep on accumulating karma(s) daily. In the place where we see – our eyes is where the lord resides and hence called as

Kannan (Kan + Avan – meaning the lord in the eyes). Lord Krishna is called as Kannan in Tamil to denote that he is present as divine light in our eyes. If we surrender all our actions to lord Kannan or Krishna present as divine light in our eyes then we do not get any karma. This is what told by lord Krishna in Bhagavat Gita as “Do your duty and surrender the fruits of the action to me”. In this way if we surrender everything to lord Krishna then we do not have any karma(s).

As we have seen because of the presence of karma which is there already we get new karma(s). **But how did our past karma came to the place where we see (eyes)?**

This is the secret of creation! How does a human born. He takes birth along with his past karmas.

This karma how and when and where does it come? A siddhar song tells as **“Other than the two types of karma (good and bad) there is nothing which holds and follows us everywhere”**.

During birth and also during his death it is his karma (fruits of his action) that follows him by clinging to him.

As we have wrote already birth and death is nothing but coming and leaving of soul from a body. So if the karma(s) were clinging and following us mean during birth the karma(s) that we have committed so far comes with the soul and during death the new karma(s) that were got during the life time goes with the soul.

So it means our karmas were with our soul only, isn't? It is like dust covering the gold. **This karma which is clinging to our soul is what covers the needle tip size hole present in the center of the pupil and is the seven layers or screen hiding our divinity.**

Only if we surrender to the supreme lord we can escape from this!? How is that possible? “By his grace only I worshipped his lotus feet” – Saint Manichavasagar in Thiru Vasagam. The supreme lord's lotus feet is accessible/displaying in our eyes isn't? How to surrender to this divine light!? It is possible when one gets Guru Upadesam also called Thiruvadi Upadesam and Deekshai and then do penance by constantly thinking of the divine light in our eyes , by constantly keeping our mind on the divine consciousness (got during deekshai) in our eyes, with the sensation in our eyes the divine inner light of our eyes will increase.

When this divine light increases then the divine heat will also increase. When the divine heat increases in our eyes then the layer or screen that is covering the needle tip size hole in the center of the pupil will start to melt and will disappear. As soon as this layer or screen starts melting then we will slowly we will get the darshan of the divine light of our soul (Anma Jothi Darshan).

When we do our actions by keeping our mind on lord Krishna or Kannan (divine light of our eyes) then there will be no karma rising out because of actions. This is the first stage.

By surrendering to that divine light of lord Krishna or Kannan and by increasing the divine light by doing penance the layer of screen which is our past accumulated karma will start to melt. This is the second stage.

The karma(s) that we have already accumulated and the karma(s) that we are committing in this birth will be ridden off if we cling on or embrace the supreme lord.

In this the past karma(s) were in two states. One is the karma that comes new. And the other is the karma that is already present and is coming now.

To explain more the karma(s) were in three parts. When we get this birth the karma(s) that comes with us is called **Praptham**. After birth the karma that we accumulate is **Aagamiyam**. The karma(s) that we have committed in so many of our previous births is called **Sanchitham**.

If we stand at the lotus feet of lord (our mind always on the divine light of our eyes) then Aagamiyam will not come. By constant penance on the lotus feet of lord the Praptham that we took with us in this birth will melt away. With our further penance on the lotus feet of lord the accumulated Sanchitha karma also comes through our soul and will be burn down.

When we do penance the divine light of our soul will increase and only in this increased divine light of our soul only does the sanchitha karma comes. In this bigger divine heat (Gnana Kanal) the sanchitha karma will fall one by one and will be burned down. So totally all our karmas will go off or will be burned down.

The saying **“We will win over our fate with our Mathi (meaning moon or Wisdom)”** indicates this only. By doing penance the divine light or divine fire present in moon (our left eye) will become bigger and in this bigger divine fire all our karmas will be burned down. This is what all the Gnanis or saints have done.

Saint Thirumoolar tells about this in his great work ThiruMantiram as “The saints or Gnanais who have realized themselves will open the knot of our previous karma, then they will squeeze out the karma by the grace of lord Siva who is seated on our head”.

“In order to get rid of karma, spread the divine fire within you” – Our saint vallalar.

So if our divine fire is increased by our penance then all our karmas will be ridden off.

In this way if we do penance and increase our divine light in our eyes and get rid of karmas then where is rebirth again? We get birth only if we have karmas.

We humans who are born because of our karmas, if we get the grace and blessings of a Gnanai or saint and do penance and remove our karmas then we do not have to take birth again and there is no death for us.

This information, these divine secrets for the sake of welfare of all and for all the humans to get this knowledge only our saint vallalar has made me to write and publish this book.

Our saint vallalar has such a compassion on all the people that he wanted all the humans to get the blissful deathless life.

In order to reach the supreme lord the ways that were told by earlier saints in code words and symbols were revealed to this humble being by the grace of vallalar and he made me to write all these and publish as books. Saint Vallalar is indeed a great philanthropist of grace.

So if you ask the question “Who is Philanthropist” then it is our saint Vallalar Ramalinga Swamigal.

So come all the people of the world!

All can get the great blissful life of deathlessness!

Once during the Tamil month of Aani there was a festival in Chidambaram temple called ThiruManchanam. Some of the beloved persons wanted to go there and see that festival. They thought of taking our saint vallalar also with them. With this intention they came to Vadalur DharmaSaalai and waited for our Vallalar. Even after long wait there is no sign of vallalar getting ready. When the beloved people complained to him, our Vallalar showed them the wall in the Dharma Saalai and asked them to see in the wall. What a miracle in the wall all the people can see the happenings that is taking place in Chidambaram temple, which is doing Abhiseka and Aaradhanai to the Lord Nataraj in deity form in the temple. All of them saw this in the wall itself and felt very happy. It is one of the divine powers possessed by our vallalar.

Today using our Television set we are seeing live the happenings of the distance places from our house itself. But before 150 years itself in the wall our vallalar showed the puja that is happening as ThiruManjana festival in the distant Nataraja temple in the place where he showed his hand.

“Our vallalar has mastered all the divine powers numbering 647 crore”.

Like this in our Vallalar life there were innumerable miracles that have occurred. But our Vallalar has clearly told and insisted us not to keep mind on these divine powers and our only aim is to attain the grace of the supreme lord and nothing else.

The three institution founded by our vallalar namely Dharma Saalai, Sathiya Gnana Sabai and Siddhi Vallagam were formed in the lands given as donation by the beloved people. He created all these for the sake of people from the help got from people itself.

In this rare birth of human our only aim is to get the **“blissful deathless life”**. So he advised us not to concentrate and keep mind on small earthly matters and instead always worship and pray the supreme lord.

In order to tell the name of vallalar my tongue has done crores of Punniya or good things. In order to read and see the divine work of Vallalar which is **Thiruvarutpa** my eyes have done crores of punniya. In order to hear the songs of Thiruvarutpa and Maha Mantra given by our saint Vallalar my ears have done crores of Punniya. Going to vadalur and seeing the Thai Poosa Jothi my eyes and the body which went there has done crores of punniya.

For the past 28 years I was very happy in doing the service of Sanmarga.

By the grace of ThiruVarut Prakasa Vallalar I have got Thiruvadi Deekshai and from the year 1980 onwards I am running the Sanmarga Sangam. So for starting from the book Kanmani maalai Vallalar has made me to write more than 28 books and publish them by his grace.

For the past 8 years Vallalar has made me as Guru by seating me in GuruPeeda and from inside me has given Thiruvadi Deekshai to more than 1000 beloved members.

In the year 2008 this humble being disciples, during Thai Poosam in Kanyakumari they have built a house and Sabai called "**Thanga Jothi**" and gave as offering to me.

The birth taken by this humble being has become noble! I became the noble vessel having the compassion and mercy of our saint vallalar.

In order for all the human beings to get the blissful deathless life as told by our saint vallalar my only job is to give Thiruvadi Deekshai and guide the people.

It is our saint vallalar who is speaking from me.

ArutPerum Jothi ArutPerum Jothi

ThaniPerum Karunai ArutPerum Jothi.

In order for the noble thought of oneness of soul spread throughout the word !

In order for the Sanathana Dharmam – Sanmargam to be present and grow in this world!

The Supreme lord accepted by all the people of the world!

The Single Supreme lord honored by all the religion of the world!

The divine grace light which is present everywhere and capable of everything!

Realize the lord of the Supreme divine Grace Light!

Let everyone get the blissful deathless life!

Let everyone come!

Let us be of love!

Following were the List of other books published by the grace of Gnana SarGuru Thiru Siva Selvaraj

Book that started spiritual Revolution	Kanmani Maalai
Book that gave spiritual Clairty	Arulmani Maalai
Book for the divine mother who made to realize the soul	Sri Bhagavathi Andadi
Book for the oneness of the Soul	Gnana Mani Maalai
Book that is dedicated to the Gurus of Sanmarga	AstaMani Maalai
Book which indicates one to be a Sanmargi	Agara Ugara Maalai
Book about Siva selvaraj who is on the path of siddhars	Sanadhana Dharmam
Book in the way of Sanadhana Dharma	Iyasu Elbathu (Jesus 70)
Book which tells this is Sanadhana Dharma	GnanaKaadalPeerMohammad
Book which tells Sandhana Dharma is nothing but Sanmarga	Thiruvartupa MeiGnana Urai (4 books)
Book for getting Deathless Life	Saakaa Kalvi
Book containing explanation of ThiruMoolars ThiruManthiram	Mantira Mani Maalai
Book conataing explanation of Manikavasagar's ThiruVaasagam	Vaasaga Mani Maalai

Reference Words

1. **Vallalar** - Saint who lived in TamilNadu in the 19th Century. He realized the supreme lord and attained divine light body. He is ocean of compassion and all the divine knowledge that we are putting here is by his infinite grace only. He is our Gnana Guru.
2. **Ragavendra** - Saint Devotee of Lord Narayana who achieved the highest state of JeevaSamadhi in Mantralya in SouthIndia.
3. **Prahaladha** - Saint Devotee of Lord Narayana who was able to see the presence of divine in all the places.
4. **Katha Upanishad** - Upanishads were the Hindu holy Scriptures which talks about
5. **Param Porul** - One of the many words used to describe God in tamil, meaning he is spread everywhere as the supreme thing in this universe.
6. **Para brahmam** - One of the many words used to describe God in Tamil, meaning he is the supreme being in this complete universe.
7. **Sitthar / Siddhar** - Seers in Tamil Nadu who have won over death and attained immortality. Their poems were the orgin of Siddha Medicine.
8. **Thriumoolar** - Famous Saint & Siddhar in Tamil Nadu. Author of ThiruMantiram. He is also one of the 63 Siva Saints (Nayanmargal). He has mediated for 3000 years and every year he gave one poem and this collection is called ThiruManthiram.
9. **Thirumanthiram** - Holy Book written by saint Thirumoolar. Talks about spirituality and ways to attain divinity or lord.
10. **Thiruvalluvar** - Saint Poet of Tamil Nadu who is supposed to have born in 32 AD.
11. **ThiruKural** - Tamil Poem on Life and Ways to Live Life by Thiruvalluvar. Famous world wide and widely translated in other languages.
12. **Guru** - One who initiates a person in spirituality and guides a soul till it reaches god. He is to be considered equal to god.
13. **Deekshai** - Initiation Process done by a Guru. Only After getting Deekshai a person becomes eligible to do penance.
14. **Thiruvadi Deekshai** - Highest Initiation and highest form of Deekshai. Thiruvadi means "Lotus feet of Lord". Light in our eyes were the Thiruvadi. In this book Deekshai implies Thiruvaid Deekshai only.
15. **Jothi** - Divine Flame.
16. **GuruUpadesha** - Upadesha refes to knowledge told by Guru to his disciples.
17. **Nayanmaar.** - Lord Siva's Devottes who sung his praise in their poems in Tamil Language. They are 63 in numbers.
18. **Punniya** - Good Deeds which elevate one in both material and spiritual world. Results in Good karma.
19. **Paavam** - Opposite to punniya. Demerits one in both material and spiritual world. Results in bad karmal.
20. **Mei** - Divine Truth, which No Death. Our human body is also called Mei indicating it can be made immortal.
21. **MeiPorul** - True Wealth / Divine Wealth. (One that is not destructible).

22. **Jeeva Samadhi** - One of the highest state in Divine Path. Here the body will not be decomposed even after many years. The mind of the person in Samadhi will be absorbed completely in divine. Saint Ragavendra JeevaSamadhi is one of the famous shrine in India known by many persons. Similarly there were so many JeevaSamadhis unknown to people. More details about this will be explained in the coming chapters.
23. **Vallal** - Person who has infinite compassion and gives to one whatever one wishes.
24. **AadiGuru** - Lord appeared as Guru (DakshinaMurthy) in the beginning. He is called AadiGuru indicating he is the first guru for human beings.
25. **Duvichan** - One who is born again or Twice born. It is getting birth in subtle body by the grace of Guru by deekshai.
26. **Aagamiya Karma** - Karma got by doing deeds in this present birth.
27. **Prathuva karma** - Karma that we got when we took birth. This is what decides or provides the circumstances in our day to day life.
28. **Sanchitha Karma** - Total karma accumulated by our deeds birth after birth. A part of this comes to us in this birth as prathuva karma. (Only if we get rid of all our karmas we can realize and attain the supreme divine lord).
29. **Manthra** - Divine words which has certain powers bestowed in it.
30. **Karnan** - In mahabharatha close friend of duriyodana and who is known for his donation. He is reputed that he never denies anything if asked for. He is considered to be the greatest philanthropist.
31. **Pranan** - Pranan does not represent the breathing air. It also represents our soul.

(Pls Note For more information on any of this write to us. Searching in google can also give you general information on these words).