The below book is the translation of the Tamil book "Sanathana Dharmam" written by our SarGuru Tiru.SivaSelvaraj.

Requesting you to read it attentively and completely and write to us if you have any queries.

Introduction

Sanathana dharmam is the twenty fifth book written and published by me the humble being with grace of god.

In the year 1992 with the grace of Thiru Artuprakasa vallal Ramalinga Swamigal my first book "Kan Mani Maalai" was published. Then it continued for twenty five books.

Lots of enlightened masters are there in this land of grace and compassion! I was blessed and protected by so many enlightened masters! With grace of those masters I was blessed to write book about them.

I was born in the year 1956 and in the age of fifty I was blessed to write and publish this book Sanathana dharmam by the grace of Guru.

Tiruchy GnanaSiddhar Jothi Ramaswamy Desikar gave me Tiruvadi Deekshai in the year 1980. I am immensely pleased and glad to publish this spiritual revolutionary book "Sananthana Dharmam" after completing 25 years from the year of my Initiation (Deekshai).

In the first twelve years after getting Deekshai(Initiation) I was blessed by Saint Ramalinga Vallalar to publish the first book "KanManiMaalai" which started the spiritual revolution.

Saint Vallalar in his great work Thiruvarutpa (Song Num 1371) mentions about the greatness of "KanMani Maalai". Saint Vallalar knew 150 years before that "KanMani Maalai" will be published and hence sings about its greatness in his work Thiruvarutpa.

In second twelve years after getting Deekshai(Initiation) from my Guru Jothi Ramasamy desigar, Saint Ramalinga vallalar selected this humble being and made me to sit in the honorable seat of GuruPeda as Guru and give initiation(Thiruvadi Deekshai).

With blessing of saints who put forth the Sanathana dharmam, I'm doing the work as per their instructions.

Serving in the Guru Peeta and in the golden jubilee year of taking body, in silver jubilee year of surrendering to Thriuvadi(Gods feet) I'm immensely pleasured to publish this twenty fifth book. By this my Birth has attained holiness.

The book "Sanathana dharmam" is considered as peak of all my published books!

No one in this world has openly and explicitly written about en-light-enment /Deathlessness/Gnanam/DivineWisdom!

This truth is infact expressed by Saint Ramalinga Vallalar, residing in this humble being for the sake of all the people in this world to attain deathlessness!?

Sanathana dharmam is sanmargam!

One who attained deathelssness is a sanmarkee!
(Sanmarkee - one who followed sanmargam)

This humble being is giving Initiation/Deekshai in kanyakumari on all days. During Thai Poosam I am giving Deekshai in Vadalur.

Come here! Get initiated for deathlessness!

Get abundant blessings and live a great life!

The hidden secrets maintained by multiple people for many long time is now purely, openly and explicitly expressed in this book. This is a excellent treasure for enlightenment or Gnanam!

Goddess Vaalai who is doing Penance in KanyaKumari in standing Posture is the one who provides Ambrosia (Amurtham) and immortality for the people doing penance regularly. She is the one who is hailed and praised by all the Siddhars, Saints and Enlightened masters. This mother Goddess Vaalai gave her darshan to me and showered her graces on me. By her grace only this humble being is living in this world.

It is also because of the grace and blessings of the great Siranjeevi (Eternal and Immortal) Anjaneyan (Hanuman) who rushes to protect this humble being when I face danger, I am living in this world.

In each and every situation all the enlightened masters and saints have shown their grace and has blessed me. This is the pride/reputation attained by a person who follows Sanathana dharmam.

I have expressed! What is expressed to me! What is here!

Experience it! Realize it! Live with supreme bliss!

Let all living beings live in eternal bliss.

Let Sanathana Dharmam be eminent!

Ashtaanga Gnanam

Content

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Birth



Saints say in order to attain human body one should have done immense penance.

Tamil saint Avvaiyar said "it's rare, very rare to take birth in human body".

We who attained human body are controlling all other living beings.

We know our date, month and year of birth, but from where did we get our birth?

Do we know/remember that we were in mother's womb for ten months?

We understand many things in this world only after our birth and with our growth.

We learn one by one in the following order - Mother, father, environment and world.

Knowledge is communicated and imparted to us and our knowledge is influenced by our environment and the situation in which we grow.

Our Knowledge is also influenced by the knowledge of the teacher who teaches us.

So how all these things were happening?

When Man and woman unite fetus/embryo is formed. But all the fetuses are not transformed as complete baby.

Still there are Crores of couples who are longing for a baby.

With the union of man and women only physical body is created.

Who is the one who is creating this 'marvelous machine' the human body?

For body to function the soul is a necessary, isn't it? Who gave us the soul?

Can human beings give a soul to the fetus? What is soul?

We feel happy only if the baby comes out of the mother's womb alive. If new born baby cries we feel happy, if child didn't cry then we'll cry.

How does soul come to the fetus after its formation in the mother's womb? Who does this?

We can maintain the fetus properly only after it got created, but we can't create it.

There is some power beyond us which is driving this, isn't it? What is that power? On what basis does it function?

Answers to all these questions are clearly explained by saints in our land of grace.

When this world got created? When human beings appeared on this earth?

There are countless teachings, books of saints/enlightened masters, who lived in various time periods.

There is only one norm for the whole world! Only one lifestyle! Only One god! Only One culture! That's called "Sanathana Dharmam".

All human race, irrespective of place of birth were one race only. Male and Female differ only in physical body but as humans we are all one.

All of us who have attained human body are of same race! Our race is human race!

It is fools who have introduced very big trouble in the form of religion, caste, and race. So many other differences were also brought to divide the people.

We need to remove all our differences and realize that we are all one and the whole world has to realize this.

Humans of any nation, poor or rich, speaking any language, belonging to any caste or any religion, can stay only for ten months in the mother's womb.

All human body has heat inside the body, have red color blood, have same components in body and their body function is same.

There is only one race in the world! God is only one! These are the significant teachings of Indian saints.

God is one! We are his children! This is the truth!

Parents are responsible for the creation of physical body, only the Supreme Lord who is our father and mother gives the soul to the body.

We call one as human only when the soul and body coexists! Sivam! Without soul the body is called corpse!

Don't we need to know our parents who gave us the body and the Supreme Lord who gave us the soul? Don't we need to realize them?

How does God gives soul? Parents who gave us this body can't give soul to it.

If soul coexist with body then birth, otherwise its death.

As a human beings we take birth in this world and we belong to only one race. But there are 700 Crores people in this world; they are 700 unique characters in this world.

Body is similar to all human! Soul is also similar. **Then why are there differences?** How? Indian saints give answer for this.

A power decides everything like when a human should take birth and to whom should one born and in which place should it take birth and in what environment should it grow.

Each human gets different types of birth based on the good and bad karma gathered by them in their previous births.

Karma is the reason behind all the birth! We are not aware of number of births we have taken! We don't know how many punniya(good deeds) and pavam(bad deeds) we have done.

To know this, to know about birth, we have to ask god who has given birth to us with soul along with karma.

So Birth happens along with karma!? Karma decides the type of birth. No one is exceptional to this.

"Karma is the reason for the human birth, none can stop it till karma is there" -Saint Words

While taking birth we bring only a part of whatever karma we have accumulated in our previous births.

Karma that comes along the birth is called (Piraraptha karma) Piraraptham. Karma that comes because of our deeds in this birth is called Akaanmiyam. If we reduce the Piraraptham from the accumulated karma it's called sanjitha karmam. So there are three types of karmas.

Out of these three, Piraraptha karma is the one that comes along the birth for all humans.

The Supreme lord takes some amount of good Karma (Punniyam) and bad Karma (Pavam) from our accumulated karmas and combines this with our soul and made us to take birth. This Karma is kept in Suksamam.

When soul merges with the body our karma also joins with them.

Soul joins the first formed organ of the body. This is the truth found by our saints. Which organ has formed first in our body? Saint Agasthiar says one who tells this truth and explains the nature of the soul is the true saint.

In the mother's womb EYE is the first organ to be formed. When father's semen and mothers egg joins together first organ formed is the EYE.

It becomes two, two eyes. The divine light present in the Semen and eggs displayes itself as the light in two eyes and using the heat of this light the fetus starts developing.

After some level of development in the body, soul is covered by the karma and the supreme lord merges the soul in to our body.

This is the secret of the birth!?

Body grows and soul merges, takes birth based on the karma.

Karma is the root cause for the birth. If there is karma for a soul then there will be a birth. If you want to discontinue the birth then there should be no karma.

Due to karma only, soul takes birth. We have taken human body to stop this birth chain.

Why we take birth? To stop the birth hereafter! To identify and destroy the karma which is the root cause of the birth.

If we want to destroy the karma, then we need to surrender to the supreme lord who has given us the soul.

The Supreme Lord who is Omnipotent and omnipresent is also accessible and displaying himself as small divine light-divine fire-Jothi of the size of needle tip in our eyes and he is the one who is present within us as our soul.

This is the truth expressed by saints.

So why we have taken birth? It's due to the karma done in previous birth(s).

Where is this Karma? It's in the eyes of our body hiding the soul and present in the sukshma state.

Humble before the saint who teaches this and get educated by him and realize it.

We already took human birth and in order to stop this birth cycle we need to destroy all our karmas as karma is the root cause of our birth.

It's in our hand to stop the birth cycle or allow it to continue. This is possible by retaining the Supreme Lord who is displaying as divine light in our two eyes and also by retaining the soul in our body.

"With mother's warmth and love a human grows."

"With fathers care a human matures."

"With Guru's guidance human realizes God."

Our birth did not happen by our preference.

Our human birth is the boon given by the god.

This is the chance for us to get rid of the birth chain.

God has given the chance to see if at least in this birth will the human, realize himself? how did he came here? how did he live here? Will he stop the birth cycle? God has given this chance and blessed us.

God's great blessing and grace is the human birth that he has given to us! Know this! Realize this! Stop the birth chain!

2. Death

When birth taken by soul concludes we call death. If we call birth as beginning then death is the end.

This is law of the world! Nature!

When the movement of our body or machine comes to a conclusion, it stops it functions.

Someone dies in few days of birth. Some fetuses die and then get delivered. Some die after few years of the birth. Some die after many years of the birth.

Do all human die in the same way or at the same time? Taking birth and death are not in same way. Why? We are human races, isn't?

The Differences in birth and death were due to the karma. Karma is reason for birth; similarly karma is reason for death!?

Reason for death is Aakanamiya karma! Karma that is accumulated after taking birth!

Human takes birth due to Praraptha karma and in this birth if a man seeks and work towards self realization then Aakanmiya karma will cease to exist.

This is the achievement in Gnana! Death can be prevented!? How?

When the soul departs the body we call it as death isn't it? If we stop the soul from departing?

Understanding and realizing the nature of of soul in our body and making it to stay in the body is the divine accomplishment.

Why soul leaves the body? When the body becomes ineligible or incapable of holding the soul, the soul leaves the body.

Spoiling our body is the main reason. Aging is the natural reason. We our self destroy the body is another reason.

If the quality of the body is reduced soul leaves the body.

If we maintain our body properly, based on the teachings of enlightened masters then body won't get spoiled. Soul won't depart.

The main reason for the body to get deteriorated is due to the consumption of non-vegetarian food. Eating of fish, egg, meat and birds is equivalent of paying money to get our death.

Eating Non-vegetarian food is not applicable for human beings! Our digestive system is not designed to digest the non-vegetarian foods.

When we eat non-vegetarian food which cannot be digested easily then our internal body organs and the digestive system is spoiled. Death approaches very fast.

Human body – liver structure not designed to process the non vegetarian food. God has created our body to eat vegetables, grains and fruits.

One who violates the rule of creator, one who acts against the law of the nature will meet the death very soon.

"One who consider all soul as his soul" will become a Mahathma. He is the one who attains god's grace.

One who kills a animal for flesh is an animal only. One who eats the flesh of other animal is a mobile burial ground. All enlightened masters and saints in this world have advised us to love all living beings. They advised us to show affection to other living beings. They didn't advise to cut and eat the flesh.

To prevent the death, first step should be to start eating the vegetarian food. Vegetarian food is the food of human beings.

The main reason for us getting newer disease is due to the consumption of Non-Vegetarian food.

When a body is killed, germs infect that body and spread all over easily.

If one consumes the flesh, the germs spread all over the body and become root cause for new diseases.

Are we learning from all these bad experiences!?

Our body parts are so tender. Meat reduces the immunity in our body. Body tends to become hard with meat consumption.

"He who slays naught and rejects flesh eating and in his feet does

All living things with clasped hands adore" – Divine Poem in Thriukural by Saint Thiruvalluvar.

We need to lead a classic life as stated by Thiruvalluvar.

The next habit that welcomes the death is consuming alcohol and drugs.

Drunken man loses his character. Drunken person is not a human being but animal!

All types of drugs spoil liver, Pancreas and Intestine in our body. It worsens the functions of the organs.

If body gets damaged, soul can't stay in the body. Somehow human beings become mad and wavering mind. People consuming alcohol, smokers, drug addicts have never lived and there is no history of them attaining divinity.

Consuming alcohol spoils the family. Alcohol is not good for family and country. People should change their mind after seeing the advertisement against alcoholism given by government which runs alcohol shops.

Drunken, this name is suitable for many people.

If one wants to overcome death, then he should refine his mind and bring it in evenness. Mind should surrender itself in the god's feet (Thiruvadi-divine light in the pupil of our eyes) to become pure.

We should not allow the mind to travel in its way; if we want to stop it then it has to be fixed in correct state.

A person who is addicted to the drug, which spoils the mind, destroys the intelligence and spoil the awareness will never attain prosperity or greatness in his life.

Gnanam means improving one's knowledge and intelligence. How can one addicted to something which spoils, delude the intelligence can overcome the death?

We already have only little and negligible intelligence! Don't we have to work on it to improve? Do we need to destroy the already existing intelligence?

Human being should think. If one is not able to think and remains in the unconsciousness state then he is a zombie.

Drunken prepare himself to be a dead person in a very fast way.

Smoker also welcomes the cancer step by step.

Innocent people follow the stupid people's blabber; consuming drugs can lead to ecstasy. These innocents spoil themselves.

If consumption of narcotic substances increases then it will lead to weakness in the nervous system. Person will go mad.

Siddhas and Saadus(Saints) encourages the human being to live in a discipline way. They emphasized us to lead a discipline life. **No one has attained self realization by consuming drugs.**

If man want to live as human being, to overcome the death he should not follow any bad habit and lead a virtuous life. This is the teaching of siddhas.

Thinking it as a social status today's younger generation start consuming alcohol. Society's depravation starts here.

All ways are open for human beings to get spoiled.

Hey! Human! Behave like a human!?

"By the destruction of one's body, the capability of body to hold soul is also destroyed

So one can't attain Gnana(divine wisdom) effectively

I get to know the way to develop the body

I developed the body and so do the soul."

Thirumoolar recited this in Thirumandiram which is called Tamil mantra. It's tamil Vedam. As recited by incomparable saint Thirumoolar, we'll all live in a good and virtuous path which develops our body with good character and by this we develop our soul.

The next reason for death is lust. A man with lust on woman and live with excess sexual enjoyment will die soon.

One who lives in sensual pleasure will not attain the Supreme Lord or Supreme bliss. The example for destruction due to lust on woman is the epic Ramayana. Raavana despite being a great devotee of Lord lost the blissful life due to lust on woman.

Our epics and stories teach many lessons on this. We should only have limited sensual delight.

We who live with woman, given birth by a woman, and we should renounce desire on woman. This is intelligence.

One should not hate woman! It was only told to renounce desire or lust on woman! One male should live with only one female! This is culture of India. Our culture! Way of living.

Our holy land is where women live with great chaste and virtue and by considering their husband as their soul. Because of the life of these great women our land's holiness have increased.

Sanathana dharma originated from our mother land which teaches the humans the way of living in this world.

"If not family life, it's not right way of living"

"One man should live with one women and viceversa and there should be complete faithfulness"

This Discipline which is thought by lady saint Avvai is and eminent, excellent and noble one

"Twice a day

Twice a week

Twice a month

Twice a year"

If one live in this way, he/she can live without disease and death, this is told by saints.

Excretion should be done twice a day.

Take oil bath twice a week.

Monthly twice one can have intercourse with spouse.

Yearly twice one should consume medicine to prevent vomiting.

If anyone follows this, he can live a physically health life for 100 years.

There are many like this, our ancestors told many rules to avoid diseases.

"If one have lusty look at a woman he will die.

If one have godly look at a woman he will attain Gnana. "

Our saints have looked at all women like mother. Before attaining Gnana they see the woman as Mother Goddess Vaalai – KanyaKumari who feeds the eligible devotee with divine milk or Amirtham. This is our culture.

How one feels death?! There are 3 states faint-sleep-death. Fainting is when consciousness gets out of the track. Soul struggling to get equilibrium in our body leads to faintness. Consciousness is not present for very short time.

Sleep - This is the time our body organs take rest. Soul becomes unconscious. It's time to rest itself in the middle part of the body. Consciousness is at very low level.

Death is when soul can no longer stay in the body, it leaves the body. Is death in our hand!? Yes We can stop it!?

We should be in a state where Aakaanmya karma(Karma that we get in this present birth) will not affect us, which is the root cause for death. We should take care to avoid soul from departing the body.

God has kept the soul in the body in a very safe place. It's intelligent to keep it safely at that place itself.

If we keep it there itself ever, that is called achievement of Gnana! Meditation!

Reason for taking birth is not to attain death! To overcome death! That is called Gnana.

This is what conveyed in Sanathana dharma. All human beings should work hard to avoid death.

Saint RamalingaVallalar says "One who sleeps and forgot to woke up" is death of a person.

In the present world human beings run behind food. He lives to eat, he earns money for that. All human beings knowingly or unknowingly live to eat. Human beings take birth to eat.

Work done only for food is work done to face death!? So today a man works only for his food and the result he gets by all his hard work is death only.

"One should not die" this is the teaching of siddhars.

One who attains deathlessness is sanmarkee.

We humans have taken birth to live. We should live happily. We should live a healthy life without illness and with excellence. That's the life.

Sanathana dharma is the one which guides all the people whether born poor or rich to lead a happy and joyful life in any place.

Somehow we took birth in this world! After taking birth we should be on the correct track and enhance the life and live ideally.

The life and history of the Gnanis/saints who have lived in our nation is the lesson for us. We should learn only good things. We should stick to that.

The books of every Gnanis/Saints were great lesson to us. It's our treasure.

"My life is my message" beautifully told by a saint.

Periya Puranam recites 63 nayanmar's history. Think about it, were there are only 63 devotees of god in our country?

There are millions and millions of holy, incomparable, genuine, eminent Gnanis/Saints in our country.

Why sekkizhar(Sekkilaar) considered only 63 people?

These 63 people were born and brought up in different caste/groups. They were doing different types of businesses. They were in different stages/states. They were similar only in attaining the supreme lord. They lived with intense devotion, love and discipline.

"Whatever work one does, whatever suffering one experiences, the devotee's mind is in moonam (divine silence)" This truth told by a siddhar is the perfect truth.

This is a lesson for us! Moral! Whatever may be your state/condition, it proclaims that Supreme lord will save and bless you. All our puranam tells the same.

Humans should live as human beings. One has to discard his bad habits/character.

Our ancestors have taught us to gratify our mind. Our ancestors had preached good discipline, ethics, culture, love and ways to show affection.

We are human beings only when our mind matures and follows the teachings of them. Taking birth as a human being, we should become good/matured/complete human.

Only a complete human with a good soul becomes a Mahathma. He transcends to god, is acclaimed and adored by all living beings.

We took birth with our soul enclosed with (past actions) karma. So we should work to get rid of the karma! This is important. This is Thavam - Penance.

Life is to work to get rid of the karma. Clear all karmas and merge with supreme. This is bliss/ecstasy and prosperity.

The bond between the Guru and disciple should happen for each and every human being in their life.

Those who have taken birth by a father and a mother should have a guru.

With grace of guru, one should know the goal of life and do meditation to get rid of the birth cycle. Life is complete only when you get a guru.

In the current world, the human beings live without any discipline and as per their mind's whims. They run behind the mind and were dictated by it.

People live for 60-80 years, but how many have lived a life that is appreciated by the society.

"A mother who hears her son being called "a wise and virtuous man" will rejoice more than she did at his birth" – Thirukural.

If society appreciates a man as a virtuous and wise man, that makes the mother happy. We should live like that.

It's foolish if one lives without any goal and discipline! It's intelligent, if one decides to live a life in a proper way.

Thiru Arut prakasha vallalar Ramalinga Swamigal clearly explained in "MANU MURAI KANDA VASAGAM" as to how a man should live his life.

In Thiru Aruta(written by vallalar) prose he has explained what human should do after getting up from the bed till he goes to sleep. He has revealed/graced in the section "Nithya(ever) karma(work) vithi(rule)".

Manumurai Kanada vaasagam – Thiruarutpa

What Sin Did I Commit

Did I ever make the minds of nobles tremble!

Did I ever deny a hand for someone, drowning in a river?

Did I ever humiliate others by offensive arguments?

Did I ever block the ways for livelyhood?

Did I ever stop people from giving donations?

Did I ever done wrong/injustice?

Did I ever make my close friend tremble?

Did I ever spy for a burglar?

Did I ever hatch against a genial friendship?

Did I ever wreck a life by evil tongue?

Did I ever trouble citizens by increased taxes?

Did I ever dug up anything other than the drinking water pond?

Did I ever make a poor man's stomach burn and starve?

Did I ever say "NO" to a beggar?

Did I ever assist people who slaughtered living beings?

Did I ever put on flesh by eating flesh?

Did I ever lie for material concern?

Did I ever demolish public dwelling?

Did I ever deceive people by tricks?

Did I ever hurt a lovable person?

Did I ever reduce the wages for a labor rendered?

Did I ever chop up a tree, which gave ease from hot sun??

Did I ever not notice the famished faces?

Did I ever destroy other's crops on enmity?

Did I ever mess up a family by means of tongue?

Did I ever betray someone hiding out of fear?

Did I ever annoy someone educated?

Have I ever tied up a calf without feeding milk?

Did I ever dilly-dallied to honor a Guru?

Did I ever forget to pay the guru's fee?

Did I ever cage a bird to scare it off?

Did I ever point out fault in the song of the senior?

Did I ever sell rice mixed with sand and stone?

Did I ever discourage a person who undergoes asceticism?

Did I ever lock up a shrine's door?

Did I ever angrily yell at Siva's (God's) devotee?

Did I ever disregard the sanctified sages/saints?

Did I ever scold my parents?

Did I ever overlook parental advice?

Did I ever act arrogantly indicting god?

I don't know...

What have I sinned?

What... have I sinned?

Why did such a bad fate hit me?

He recited the sins that human beings should not do.

One should not commit the above sins and live an excellent life.

It's the man who decides all his actions/activities in his life.

We took birth due to the piraarathuva karma, we should not accumulate more of it, we should seek a guru and surrender to him, get Thiruvadi dheeksai(initiation in holy feet). The karmas that we do in present life should be dedicated to the holy/god's feet. With complete surrender to holy feet the Aakanmiya karma won't be ours.

Life has to be lived like this - "Do the action and result should be left to me". People should ponder the recitation by Lord Kannan/Krishna in Bagavath Geetha.

"Every Action is his" - people should realize this completely and live the life accordingly.

"There is nothing called my action" - one should surrender to god – holy feet and live the life.

"Who am I" - In this life itself - one has try to know the answer to this and realize it.

Each and every one in the society has to do his duty with sincerity and excellence. Society includes each and every one. There is no discrimination between poor and rich and there is no such thing as one is superior and one in inferior.

We need people of all skills! It's not possible for all the people to do all the work. If everyone does his duty with perfection then country will live in peace/joy. The life of humans will evolve.

The life that we have got now; we should rectify all the defects and live with dedicated and elegant mind! Then anyone can lead an excellent life.

Since we have freedom, can we do anything!? Why do we have police and courts?

Our freedom should be in a disciplined way. We have freedom to perform any action that won't harm others.

We should live in an excellent way where we won't even harm small living beings.

In the current world humanity is required for everyone; people say humanity should be present all over the world.

Long ago Indian Gnanis/saints excellently preached a thing better than this.

"All humans belong to one race, god is one"

"All living beings should lead a happy life"

"One should consider all living beings as his soul"

This is how they taught which is to love the soul which is superior to humanity.

They not only preached to love human beings but also all other living creatures of this world. One has to express love to all living beings as himself.

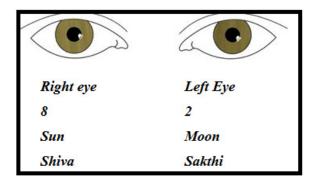
India asserts the Unity in Love for all the Souls. This is the pride of our nation.

One should have broad mind. One has to realize that all the souls are the forms of god. That is the life.

Our ancestors divided our life in terms of eight years. In first eight years our body grows. In second eight years we have education. In third eight years one gets married. In fourth eight years one gives birth and grows the child. In fifth eight years one earns money. The reason for dividing life terms of eight years is because our soul is present in eight, one has to realize that.

They preached this in many ways so that our brain can absorb that.

We have to search and find it. We have to bring that to our experience. This is the purpose of our life.



8th eight in 64 years each and every one should experience the god. This is the truth told by luminaries.

Complete all your responsibilities before that. After the age of 60 years one should have no work other than Penance or meditation. This is the culture of India.

8 - number eight told by all our saadhus, number eight and two told by them, lady saint Avvaiyar said "It's proper to say number and letter are our eyes".

"Those called NUMBERS and LETTERS, the wise declare, are eyes to live with"

Same was told by saint Thiruvalluvar.

Numbers 8, 2 in Tamil these number are represented as 'Ah', 'Uh'. (Ah/uh are also represented as vowels).

Represented in number and letters 8(ah) - 2(uh) are our two eyes.

Tamil vowels start with 'ah'; god is first to this world. Our saadhus mentioned that god dwells in the right eye as number 8, letter 'ah'. They explained our right eye as sun.

Moon receives the light from the sun. It's similar in our body.

There are still secrets of Gnana! Eight divine light art starts from Agni(soul) clarified/effulged in two eyes which look like number eight.

We have to know this and live for the soul to get liberation.

One takes birth to know and realize this and to get freedom. This is the gift given by god to us.

To lead a good life we need good character, in the same way it's important to have good/healthy food.

Our great siddhas had told many easy and best ways to live the life without diseases.

The great siddhas who told the knowledge of gnana, had compassion on humans and other living beings. They found medicine for diseases while one progresses to make his soul pure.

They explained about cosmos and quality of the nature. They taught us to live a matured/perfect life in different climatic conditions.

What's their compassion!!

In present situation the whole world suffers from lack of drinking water. Since cost of water is more than milk we can drink 1 liter of milk instead of water! No one knows what will be the increase of water price.

Siddha's beautifully taught us how to drink water.

"Water should be heated, ghee should be melted, curd/ should be diluted with water, if someone tells the name of person who drinks like this, diseases will be cured."

Water should be heated well before one drinks it. Ghee should be melted well. One should not eat curd. Curd/yoghurt should be diluted with as much water to consume.

If someone tells the name of the person who eats like this, he would be rid of diseases. We can conclude that if one eats like this, he will lead a healthy life! Eat like this.

There is one important rule which Ramalinga swamigal recited.

"Take care to see that your feces does not become watery"

There are three meanings to it.

First Meaning: Feces should not be watery. One has to take care of that.

Second Meaning : There should be no constipation.

Third : The truth/Gnana.

One should not be controlled/governed by Ego,karma and maya(illusion) – which are the three Feces for our soul. Saadhus sayings gives multiple meanings.

"If someone sings a song after realizing the meaning, they will reach the place where lord(shiva) lives" – Note this song advised by Manivasagar in thiruvasagam.

"One can lead a quality life in this world

When one surrenders his life to god!

Live! Come to live a divine life!!

4. Who is the Guru (Spiritual teacher)?

One who tells (or imparts) is the guru! Person who listens is the disciple! Disciple is called as Sishya or Sishyan in Indian literatures. Guru is the one who helps to know the unknown. Disciple is the one who learns and understands without any doubts.

We are still learning, right from our childhood.

Goddess of knowledge Devi Saraswathi is still learning!

"What we have learnt is just a handful, what needs to be learnt is of the size of the ocean" is recited by lady saint Avvaiyaar.

We have learnt everything from others. All are gurus.

We have learnt so many things from the nature and other creatures. Are all these our gurus!?

Then what is the reason to highlight the word guru?

All humans and other living beings only convey the information. Nothing more!

All of them convey the information to set the life on the right track. This is not guru!

Guru is the one, who induces the intelligence, helps one to realize self and gives sensation (divine consciousness / feelings) in the eyes.

Incomparable guru! Sadguru! One needs to get that incomparable guru to realize self. One can come out of the birth death cycle only when one finds that guru.

Sadguru shows the way to live an elegant, healthy and excellent life. Sadguru is the one who helps one to get rid of the birth cycle. Only such a person is called a Sadguru.

Gnana guru makes progresses in a man who lives with ignorance, by inducing the intelligence, bringing them out of birth cycle. He feeds the feeling in the eyes and helps to make progress in the life.

Incomparable guru is sadguru! Sadguru is Gnana guru! We have to obtain a guru to escape from this birth death cycle! Otherwise we'll get struck in the birth cycle.

After obtaining a human birth, every one learns while growing.

"While taking birth in this world, all children are genuine or good - Later becoming bad or good depends on the mother's bringing up! And also the environment!

Whatever may be the environment one grows in, god always blesses us with a chance to realize him.

Though life is driven by the karma, god blesses every one and gives a chance to obtain Gnana.

Major contributions for one self-realization goes to Saints/Gnanis. This is the nature of Gnanis / Saints who attained deathlessness and have realized god.

For all souls to realize the god, Gnanis / Saints helps and guides one to come out of the sufferings and bondage of karma and realize the Supreme Lord.

We need not know the Gnanis / Saints! They know us very well!?

Gnanis / Saints don't discriminate amongst people based on caste, religion, race, language and country!

"To us all towns are one, all men our kin" This is their state.

"My debt is to do the work!" Gnanis / Saints with no differences voluntarily help, protect and bless.

For them Race is one! God is one!

Intelligent is the one, who follows the preaching of incomparable Gnanis / Saints! Knowing this itself will help to liberate our soul!

Our country is known for innumerable siddhars and Gnanis / Saints!

We should feel proud to have taken birth in this country.

Thiru Arut Prakasha Vallalar Ramalinga Swamigal is a great and incomparable Gnani and Saint who took birth in the 19th century, attained deathlessness, realized the Supreme Lord and experienced supreme divine bliss - an elite spiritual destination.

This humble being considers Ramalinga swamigal as my sadguru.

My Guru Jothi Ramasamy Desigar gave me Thiruvadi(holy feet) deekshai, which is as imparted by Ramalinga swamigal.

After twenty five years of penance and spiritual accomplishment, I was overwhelmed by Ramalinga swamigal and hence became noble.

Gnana siddhar trichy jothy ramasamy desigar, who has shown and made me know about ramalinga swamigal, before attaining Samadhi, transferred the responsibility of guru peeta to me.

They transcended this humble being in the first 12 years, blessed to write and publish the first book "KANMANI MAALAI".

In next 12 years he gave the responsibility as Guru and work on Guru peeta.

Baba also blessed with his divine words "Kuchandi-Kuchandi".

This humble being is made as Guru by these great Saints in the great temple of Bala (Mother Goddess Vaalai).

"Vallalar himself overwhelmed me with his grace". Being a guru for the past 10 years and preaching Thiruvadi/Holy feet Gnana as told by all Gnanis / Saints,I'm providing thiruvadi deekshai (initiation) with the grace of the god.

"All are his actions"

"If he asks me to sing I'll sing, if he asks me to work, I'll work"

"Nothing is my action"

They made this humble being as guru and gave the honor of imparting Thiruvadi Deekshai!

People in hundreds got Thiruvadi Deekshai in Neyveli, Chennai and vadalore

Many people got Thiruvadi Deekshai (initiation) at Kanniya kumari (Thanga Jothi Gnana sabai) from this humble being.

This is the virtue of this humble being! I'm being here as Gnana guru with blessings from many Gnanis / Saints, doing the work given by them. They are making it work elegantly.

Oho People come here!

Obtain Upadesam (Teaching)!

It's important to get initiation (Tiruvadi Deekshai)!

The rarest birth of human is to attain the god. Don't waste the time; come here to open your EYES. Gnanis and Supreme Lord will bless you.

For many people there is confusion in selecting the guru.

A group of people praise the Gnanis / Saints in their caste.

Another group of people praise the Gnanis / Saints in their religion.

Another group of people praise the Gnanis / Saints speaking their mother tongue.

Some group of people might be praising a saadhu, if they get mere benefits.

Crowd gathers for money.

Crowd gathers for fame.

Crowd gathers for curing diseases.

Crowd gathers for entertainment.

Like this people get struck and suffer due to lack of awareness. There are many imposters who make use of this and cheat people in a planned way. This situation should change.

The only work of Gnanis / Saints is to correct people living in the state of animals, people living in ignorance and make them to live as human beings.

The Gnanis / Saints advice is to always rely up a guru.

To show one a good path guru is needed.

To make one live in a good path, guru is required.

Gnana guru is required.

For the realization of god, guru is required.

One, who finds differentiates amongst people, will not attain god.

One who has bad habits will not attain god.

One who considers all living beings as his soul, want all living beings to be happy, compassionate, show love to all living beings will attain god. He is the Gnani/Saadhu.

Irrespective of whether the preaching is in Arabic, or in Hebrew, or in Sanskrit, or in Tamil all the teachings talk only about the Supreme Lord.

Don't value the language! See the content of the preaching!

Don't look at people by race or country! Realize all are human beings!

Each and everyone should realize that I'm human and all other humans are my brothers and sisters. Only then world will attain prosperity! Don't have any thoughts to spread the religion.

Don't be arrogant and egoistic! See as human beings! Work towards prosperity of human beings! Be a loving person to everyone.

If one human gets transformed, society will change! If the thief is not going to reform himself, it's impossible to stop the theft.

Gnanis / Saints bless for wellbeing/transformation of individual beings. They guard and guide the people. Everyone should think that they should lead a life of good human being. For all this we need a Guru.

World's Aathi guru - first guru is "Sri Datchina Moorthy"! This is the truth!

After that the son who preached his father (Shiva)! He one who has six faces (Lord Muruga)!

He Preached Agathiyar! Preaching was done for Saint Arunagiri! Handsome is he!

In this way of great Saints, Vallalar Ramalinga Adigal came to this world through a generation of spiritual leaders.

They reside in me and are intuiting me, this humble being, to provide Thiruvadi initiation. The real guru is the one who shows the way to know "Who am I"- make one to realize himself and guide them.

"Wheel that is not cut down
Mantra does not talk
Flower that no one can reach
Pooja that can be understood by mind"

If one knows to explain this, then he is eligible to make others realize god. He is the guru! One who makes others to realize the number 8 and 2 is guru! One who shows way to add 8 with 2 is a real guru!

One who clearly explains the hidden truths and makes one to realize, is the guru!

This humble being, as a gnana guru with the blessings of Gnanis / Saints, gives deekshai/initaion for people who come to Samarasa Sutha Sanmarga Sathya Sangam established by Ramalinga vallal peruman in kanniyakumari and vadalore. Come here.

Preaching done by Aathi guru Sri Datchina Moorthy, is god's teachings/preaching. This humble being preaches what Gnanis / Saints of this world have preached so far.

There is nothing new to tell! Welcome! End result is self realization and god realization (Aanma Laabam).

Clarity is to see the divine form of the guru Clarity is to chant the name of the guru Clarity is to hear the divine teachings of guru

Clarity is to think about Guru form and teachings

- Tirumantiram



We are telling we don't want this birth, but don't be surprised by the word reincarnate.

To bring an end to the birth disease in this current birth itself we need reincarnation!?

Reincarnation told here is not to complete this birth and taking a new birth!?

This birth should be last one! Our Gnanis / Saints are showing way for that.

What is that? How? As we have already taken birth, we should obtain a Gnana sadguru, get preaching and Deekshai from them, and take a new birth in the subtle body(Suksumam). This is what is called here as reincarnation.

We took birth with our physical body, and in order for us to take birth through consciousness in subtle body we need a SarGuru.

One who can reincarnate the subtle body is called the Guru.

The highest possibility obtained in the life lies in this. This is the way to realize self and god.

Like our physical body, we have a subtle body in the form of divine light. First that has to be realized.

Guru is the one who gives birth to our subtle body by giving initiation (deekshai).

We who have taken birth in the physical body, taking birth again in the subtle body is reincarnation. This is how we reincarnate or take rebirth in this birth.

Only who realizes this will obtain gnanam.

Vedas talks about "Thuvijan" - one who takes two births.

Who is thuvijan? One who takes birth again! In the path of bakthi(devotion) when child attain age 8, they do a ritual called **"upa nanaya."**

One who gets upa-nayanam is called thuvijan. These days, it has just become a ritual.

People who have realized the real meaning as to 'who is thuvijan?', 'Why we do upa-nayanam?', are very less.

While doing upa-nayanam, three threads are combined and worn in shoulder and Gayathiri mantra is preached.

Do you know the meaning of this? Upa nayanam means, upa-two Nayanam-eyes. Upanayanam means two eyes.

Three threads are combined and worn on shoulder. They tell one knot is Brahma knot. What is that?

It's advised to combine three threads. This implies that one need to combine the divine light arts Sun, Moon and Agni in our body.

The meaning is that there is a knot that needs to be untied. Why the Gayathiri mantra?

What does Gayathiri mantra says? Gayathiri mantra recited by brahmins was founded by a Kshatriya Viswamithira Maharishi.

One who realizes the brahmam is brahmanan. If one want to live with respect to brahmam, he has to realize/understand the gayathiri mantra blessed by Kshatriya Viswamithira maharishi.

If one does not know the meaning of Gayathiri mantra then he is not a brahmanan. !?

If one understands and realizes the meaning of gayathiri mantra, and lives his life based on that, he is called a brahmanan. No one is a brahmanan by birth.

There is no religion and caste for birth.

After taking birth, people are tagged with any one of the religion/caste name and identified with that caste name.

One becomes Christian only after taking holy water (baptism) in the church.

One becomes Muslim only if sunnath is done for him! This is how each and every religion has its own rituals.

A child takes birth in this world without any identification. New born child doesn't have any caste, religion, race, language, country.

When a child grows, parents and relatives feed all these differences to the child.

Body grows, but mind narrows down! Intelligence is not grown!? Has anyone realized it?

Child was nude when he took birth, it has to grow, should become intelligent, should come out of birth cycle and attain great nudeness (Self and God realization or Enlightenment). This is the reason why god has given it a birth.

Nude here doesn't mean to detach the clothes! It's detaching the mind!?

Upa-nayanam is to preach the children without any differences to realize god.

Our right eye is sun and left eye is moon, both have to meet inside at a point called Agni/soul.

One has to travel inward through the light present in the two eyes, Reach the brahma, the vast grace light. Each and every one should get preaching to attain that. Brahmanan is the one who hangs on to the brahmam.

Bible doubtlessly explains about reincarnation.

"Most assuredly, I say to you, unless one is born again, he cannot see the kingdom of God."

Unless born again, he cannot see the kingdom of God!? How?

One who had baptism is considered as born again. Only he can enter the kingdom of god.(Baptism should be done by divine fire and holy spirit/pure soul)

Baptism done with fire means it is the way for one to increase the divine fire (Agni) within themselves; it's called as upa-nayanam.

We can see the same knowledge is preached in different languages!

To enter into the kingdom of god one has to take birth again!

Thuvijan – One who takes birth again!

Inorder to attain and realize the brahmam which is as divine infinite grace light one has to know and realize that this divine light is also present in one eyes with the same property and quality of brahmam and get Deekshai from the divine light present in the eyes of Sarguru which is called bapitism by divine fire and who does penance on this divine light will get reincarnated again. The supreme Lord will bless us.

To attain the grace light - brahmam – attain god – to experience one has to know and feel the light present in the eyes which has the property and quality of brahmam. One has to get initiation/deekshai in their eyes, baptized by light (from guru's eye) in the eyes. If one does meditation, their eyes will have a new birth (take reincarnation). Blessings of god will be there.

Getting initiated (deekshai) by guru in the upa-nayana and by doing meditation on this divine light can one take re birth.

"Maatri pirakka vagai arintharillai" (Don't know how to take birth again) this is told by Agasthiyar.

In this birth if we get initiated/deekshai from guru, it is called taking birth again.

To get rid of death followed by birth, one has to take re birth or reincarnation in this present birth.

If we miss this rarest birth of human being we do not know when we will take the birth of human again?

In the rare human birth, if one realizes the state of gnana(self and god) then he will get rid of birth —death cycle.

This humble being obtained many children like this.

Gnana deekshai – The day one gets the Thiruvadi deekshai(holy feet initiation) is day of reincarnation. Taking a new birth in the subtle body is called reincarnation. Through the eyes that has divine light, we took birth to meditate on this divine light in our eyes and attain the Supreme Lord, the vast grace light.

(Patru atra kanney pirappu arukkum) Eye which has no attachment will help to get rid of birth. Learn and realize how eye is not attached to anything else by taking initiation (deekshai) from guru.

Detached (without attachment) - god glitters in detached eye of our body.

Self - renunciation is to get rid of our worldly attachments

If one leaves the materialistic attachments, then he can clear the karma attached to him!

"An eye without attachment will come out of birth cycle, others Are all temporary and transient" – Thirukural.

Attachments are the main reasons of the birth.

If we detach all the attachments, we can get rid of birth cycle. Otherwise we need to live an unstable life. "Detached eye is where god is".

Cling on to the one which has no attachment so that one can get rid of one attachment. (At the moment, in which desire has been abandoned, (other) births will be cut off; when that has not been done, instability will be seen.)

It's tough to detach the attachment.

To be in detachment we should attach to god who has no attachments. We should not leave that attachment with him.

God with no attachment is present in the **pupil** of our eyes as divine light with no attachments.

What happens when light attaches with anything? Attachment should be done with a formal procedure. To do that one has to surrender to the gnana guru, who can induce the divine light in one's eyes. We can attach to god who has no attachment, only when guru induces the light by Tiruvadi Deekshai.

"Patt-rat-raan pat-rinai patri-yidal vendum, athu patru atral andri paliyaathu" (one has to attach to god, it won't happen till we detach from everything) - Thiruarutpa.

We should get attached to our eyes, the place where god glitters as light with no attachment in our body.

With determination one has to feel and realize the divine light of our eyes and always be there. To do that one has to quit all the materialistic desires. Vallalar says, only then we can attach to the god.

If we quit our attachments! If attach to the god with no attachments! Birth taken with this body, with sense and if we take birth in the subtle (sukshuma) body with grace of gnana guru and do meditation - we can be relieved from the states of birth-death-birth, can attain salvation! Come!

" In order to get rid of the ignorance of birth we need to see the reddish thing which removes the ignorance and this is the intelligence." - Tirukural

The meaning of the above Song is that if we want to remove the birth which is caused due to ignorance one has to find the best and indestructible thing which can remove the ignorance that is the cause of this birth. The best thing in tamil is called SemPorul which implies that which is best and also reddish. This reddish thing or the best thing available for one is his eyes – divine light in his eyes. By knowing this and meditating on this one can remove the ignorance of birth.

"Death is sinking into slumbers deep; Birth again is waking out of sleep" - Kural.

Even if body destroyed, the soul won't be destroyed. So death is like a nap for the soul. If soul gets another body it wakes from sleep.

Thiruvalluvar says taking birth is ignorance. Ignorant people take birth, live and die (birth cycle). Try to get rid of birth cycle!

Soul is never destroyed! It's part of god! Only body gets destroyed!

If the nature of the body becomes un destroyable, soul will never depart the body!

To attain that level, our Gnanis / Saints show and make us to realize the way through the Eye!?

Soul sleeps and wakes up – that means we have to change the state in which soul comes out after death and takes new birth.

To change the state of the sleep and wakeup of the soul, we should sleep without sleeping! "Thoongaamal thoongi sugam peruvathu ekkaalam". Gnanis / Saints advised this state to us.

A sleep without sleep is being with consciousness.

If one sleeps like a dead body, later one day he will become a real dead body. If there is no consciousness then soul will quit the body.

In our body, soul-god glitters in the eyes as a light, one has to feel it, do the meditation on this consciousness in the divine light of eye with eyes open and avoid sleep. This is a great achievement and divine effort one needs to do.

With no consciousness on the worldly external thing we should do penance on the divine light present in our eyes by constantly thinking of it and feeling the consciousness of this divine light with our eyes open. The penance done this way is the greatest penance.

To sleep without sleep, guru should show and guide us. God residing in us will bless us.



6. Teaching (Upadesam)

"Whatever or Whichever is the thing, wisdom is to see the true divine part in it"

— Thirukural

Understanding divine truth is identifying the abiding (non destructible) part of any object we see. Identifying this divine truth is the true wisdom or intelligence.

In our body, the soul is the one that can't be destroyed. The soul glitters as light in the eyes which has no attachment! This is the true part present in our body (called Mei or Truth in tamil).

Though things diverse from diverse sages' lips we learn, wisdom is to find in each the true thing in them – Thirukural.

Whatever the view expressed by any one, the intelligence is to find the truth among them. (To discern the truth in everything, by whomsoever spoken, is wisdom).

Whosoever tells whatever they want, if one sees it as eyes with light – truth then he has intelligence.

"Who learn, and here the knowledge of the true obtain, Shall find the path that hither cometh not again." – Thirukural.

In this way do research and learn, by not seeking the Meiporul(truth) outside; one should know and realize the Meiporul in our body (mei in tamil) as eye. Only those who know and realize this will know the path to come out of birth cycle. That means they will get saved from disease of birth.

Taking birth as human being and to get rid of birth and death cycle; we should surrender to a Gnana guru who will make you to know and feel the meiporul. Get upadesam and deekshai from guru and live a wonderful life.

Follow the good discipline. Live in a good path.

Eat vegetarian food; thoughts should be filled with god all the time.

We took this birth, to not to take any more births! Knowing meiporul(truth) is intelligence. Gnanam is to realize the meiporul.

Our body is mei(truth)!? It's due to abiding soul present in our body! Yes Our body is truth till the soul resides in it.

If we live in the way preached by our ancestors, we can make the body immortal! The body can be made as immortal that's why ancestors said body as 'mei' (truth).

Ignorant people who have not realized the truth (mei) they have lived in this world in suffering and they destroyed themselves. It's elegant to know and experience the truth in our body.

Taking birth as human being, we should do thavam (Penance) and charity (share this truth with others) and attain mukthi.

We should feel the meiporul and do Thavam (Penance). We should do charity on gnanam(Gnana daanam) to make all people know the meiporul.

People say Anna dhaana(Food donation) is excellent daanam (Charity) ?! Gnana dhana(Truth donation) is superior to anna dhanam!

Instead of doing anna dhanna for one time hunger, if we tell the way(gnana dhana) to freedom for the soul from death/birth is elegant! Incomparable!

"Instead of constructing 1000 choultries to donate food, it's better to teach knowledge of letters to poor"

8 and 2 were the Letters and this Letter in Tamil represent the Tamil Alphabet A and U. A is the first Alphabet. 8 in Gnana represent our Right Eye and 2 represent Left Eye. These again denote Sun and Moon which are our right and left eyes. These were the Letters and Alphabets in Gnana.

A choultry that can feed food for 1000 people; Instead of building 1000 choultries and feed food for many thousands, it's better to teach knowledge of alphabets (Ah/Uh) to one! That means alphabet and number are represented as eyes. We have to teach the true alphabet. It's elegant and superior.

"One who teaches the alphabet is god"

Truth alphabet of our body (mei) is in our eyes, one who explains and make this understandable intellectually and consciously is god!? Gnana guru!?

Getting guru's upadesam is liberation!

Upa means two, deasam means place. Upadesam means two places.

In our body we have two places called two eyes. Two eyes appear similar. In our body there is no other organ looks similar!

Not only two eyes in our body, 700 crore people in this world have similar eye and pupil. They have no differences.

Within us – for the entire human beings in this world, god is present in the pupil of eyes as light in a similar way!?

"Oththa Tharivan Uyirvaazhvaan Matraiyaan Seththaarul Vaikkap Patum" – Thirukuaral

"One who realizes the Similar thing will live for ever Wheres others will face death"

There is only one object that looks alike for 700 crore people in this world without any differences, is the pupil of the eyes!? Isn't?

The soul of one who knows/realizes this will live. Will not separate out and will not attain death.

One who has not realized the light (god) in the pupil will die! This is the truth told by saadhus / Gnanis.

In 8 span (saan in tamil) body, the head is an important part of body. In our head most important organs are eyes. Eyes are significant organs of head.

Pupil of the eyes is the first organ formed in the mother's womb!

The organ that is not grown and not matured after our birth till 100 years is pupil of the eyes!

The size of the pupil of eyes is similar to all the human beings of this world!

In our body the organ that has no blood, nerve, bone; not attached to the body is pupil of the eye!

World is formed by five elements. Our body is also formed by five elements. The eyes in the body have all five elements!

People are donating the eyes isn't? Any ones eye can be fixed for any one? What can we infer from this?

There is no younger eye or elder eye. All eyes in the world are similar in size!? Any eye can be donated to any person in this world! Eyes have no differences!

The eyes having no differences; in the same way with no differences god also exists in all human of this world in a similar way!?

God being light – is father and mother for us!

God is one! He is vast light! He is our father and mother! We have to know that! We have to know how to realize it!

All human beings – in this world around 700 crore people are children of one god who is father and mother!

In that case human beings of the world, 700 crore people are brothers and sisters isn't?

Vast light – ArutPerumJothi – our father, mother and god glitters in the pupil of all our eyes. With no differences he is present in our body.

Don't we need to see our parents? Don't we need realize them!?

Almighty god, being omnipresent, is as atom within atom, won't he be in our body?

In our body he is in the pupil of our eyes as divine light. All saadhus / Gnanis of this world said the same.

Eye is the chakra that is not cut! Eye is the mantra that is not spoken! Eye is the flower that is not reachable by others! Eye is the linga that was not bound! If we see the shivalinga from the top we see 3 circles. Eyes also appear like that.

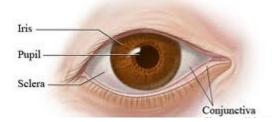
Eyes are (Karumbu) Black flower! Flowers in this world appear in different colours, Is there a flower in black colour? Eyes are black flowers!

Eye is beautiful like the earth(andam)! Andam means earth – planet that we are living is in spherical shape, pupil of our eyes are also like that.

Our pupil of the eyes rotates itself like earth!

The reason for earth to rotate itself is due to the fire present in the center of the earth!

In the center of the eye's pupil, there is a tiny hole of the size of needle tip which has a small jothi/light in it and it is the reason for rotation of pupil of eyes!



Like earth floats itself in the space, same way the pupil (kanmani) in the eyes floats in prana liquid in the iris!

"You identify and realize the spherical thing present in the prana water" - Siddhar Song which tells about the pupil of the eye!

"Kaalathiyaan (Killer of Time) is present in my eyes, see that" realize this lines recited by saint Thirunavukkarasar!

"Maniye maniyin oliye olirum mani punaintha Aniye aniyum anikku alage anukaathavarukku Piniye pinikku marunthe amarar peruvirunthe Paniyen oruvarai nin pathma paatham panitha pinne"

The Meaning of the Song is discussed below:

Saint Abirami pattar recited the above song to this humble being from Abirami Anthathi song! Abirami pattar perumaan blessed and graced this being!

Meaning of the word maniye, no one has written correctly! They have translated maniye as ruby, which is incorrect!

Maniye – pupil of eye, maniyin oliye – light present in the pupil of eye, olirum mani punaintha aniye – eye that has the pupil with light, aniyum anikku alage – beauty for the eyes, light in the pupil of eye, if one has not accessed this will get disease of birth and death, medicine for the disease is the light present in the pupil. Feast for the immortal. After surrendering to the holy feet (Thiruvadi) I won't surrender to anyone is the meaning of it.

This is the truth. This one song is enough to obtain Gnanam. Abiraami patter says medicine for disease ie light in the pupil of our eyes is medicine for birth death disease. Same was told by Vallalar as "Lord's Lotus feet which is the divine light of our eyes is good medicine, medicine that offers pleasure, medicine in the form of grace, Arutperunjothi medicine."

Abiraami patter says after surrender to the holy feet(thriuvadi) of god he won't surrender to anyone. Same is told by Holy saint thirunaavukkarasar. "Naamaarkkum kudiyallom namanai anjoom naragathil idarpadom" firmly told this. The meaning of which is "I am not governed by any one and will not even fear the Lord of Death".

All gnanis conveyed the same message! All People like us to obtain gnana all gnanis preached same message! They said good message!

"Kannin maniyai karuthin thelivai Vinnil nindru vilangum meyyinai Enni enni iravum pagalum Nannukindravar naan tholum deivame"

This is the truth sung by Thayumana swamigal! Describes god as light present in the pupil of eyes, almighty god who is in the space as truth, one who do thavam(Penance) all times day and night is the god I pray told by Thaymaana swamigal.

This is the elite and incomparable path for gnanam! All gnanis teachings/preaching are the same!

God is light, if you follow light, you can have auspicious sight of god - says bible.

The eye is the lamp of the body. So, if your eye is healthy, your whole body will be full of light is preaching of Jesus Christ.

To attain the god vast light, we have to multiply the light present in the eye, make the whole body light. This is what following the light imples.

Lame body should become light body to merge with god the Supreme Divine Light.

To make the lame body to light body one has to be baptized by light.

This is how Vallalar increased/multiplied the light in the body, to make the lame body to light body, merged with Arutperunjothi(vast grace light). He attained deathlessness.

Humble being me, giving the Meiporul Deekshai(Thiruvadi deekshai) which is same as baptism done with light by Jesus Christ.

All gnanis in this world preached the same in the same way!

Allah appeared before Prophet Mohammad as light!

The truth accepted by all the gnanis is 'God is light'

The god who is as Supreme Divine Light, glitter in the pupil of our eyes? We should feel him and do the thavam to attain enlightenment! We can attain that!

This what told in vedaa! In katho Upanishad answer by Lord Yama (God of Death) to Nachiketa is god present in our body in the place which can be measured in our thumbs. In that place god is present in the form of light!?

Is it possible to explain this without a guru? In the same way gnana is expressed in many books in many ways.

In Chin mudra we touch the index finger to the middle of the thumb. Our size of the eye is equal to length from thumb finger tip to the middle of the thumb finger! It can be measured and checked.

God present in the eye which is in the shape of thumb finger as smokeless light! The lamp we use in our house produced smoke! Jothi present inside Athama jothi has no smoke! Arutperunjothi!

God is present in between eye brow (puruva matthi) told by elders! People got confused and don't know what it is. There are many paripasai(Code Words) to confirm that god is present as light in the pupil of eyes.

"Purumathi ethenrakkaal parapiramma maanathoru anda uchi" Siddar's said. Meaning: If you ask which is the eye brow center then it is highest point of the Anda (earth).

Para brahmam is the light called as crown of cosmic. Pattinathar said in his songs its beautiful like universe (andam). Pupil of eye is like earth. Crown is center part of it.

One who realizes this will obtain gnana!? It's not Aagna chakra which is between two eye brows!?

"Kaiyaravillatha nadukkan purava pootu", this is the truth sung be Vallalar.

People say kundalini has to be raised. They say kundalini sakthi is below the stomach. Ignorant people! That is one in six chakras that is yogam.

This what gnanis said! Pupile of eye is like sphere, like earth. It has fire – light in it. You are that – soul – athma – with god's qualities.

You are the light present in the pupil of the eyes. That sakthi has to be raised.

Kundu (sphere) + anal (light) + nee (you) = Kundalini. Preaching is to explain and understand about that!

Almighty, omnipresent god, atom inside an atom is god Arutperunjothi(Vast grace light). He dwells in our body at center of pupil as tiny light.

This is gnana upadesam(preaching)! One who preaches this is Gnana guru! One makes others to realize this is sarguru!

Come to get preaching! Come to realize yourself! Come to obtain light! The meaning of the word deekshai is initiation. When does a human becomes a human being? If one gets father and mother is not human being!

Only when he gets guru he is human! With human body, obtains maturity in the mind, becomes a real human only after getting a gnana guru.

Mother shows father to a person, father has to show the guru! Only guru can show the god.

In olden days children were admitted in Gurukul (place to study) that is the place where preaching happened to them.

Gurukul teaches the way to live in this world, to experience the god, making a human as complete being.

Modern education system will not be helpful for knowing self. It's bottle guard drawn in the book, it won't be helpful for self or lord realisation.

Students memorize the subjects and get marks?! No one understands it!

Modern day parents encourage the children to study the subject that helps to earn more money.

People run behind the money. Finally they become dead body!

Computer fascination rules the people. They earn lots of money. In few days their life becomes mechanical. There is no peace in their life.

No peace and rest in their life; people search for that and get addicted to alcohol, woman and drug. Finally they lose their life.

People lose the wisdom don't have peace of mind! Will struggle, and roam as vagabond.

Money earned by in disciplined people won't be of much help for them! Life is not the money!

The basic fault is in the primary education! Discipline is not taught to the children!

Human life should be built on the foundation of the discipline!?

"The excellence and meritiouness of good virtue and nobleness is greater then one's life. So Everyone should give meritness much importance then one's life"

-Thirukural.

Propriety of conduct leads to eminence; it should therefore be preserved more carefully than life. Man without decorum is not human! He is animal?!

Classical Tamil language was formed before stone and sand were formed, people in this world praised about Tamil language. This language has many Gnana and judiciary books!? Who has read those?

At present time Tamil is the oldest language. This elegance is due to the message of discipline, living the life in the judicial way is advised in this language.

The culture that is applicable to all people of this world, the way of living is formed here that is why

It's called Sanaathana Dharmam!

This is the elegant culture!

Only this dharma guided man to live as human being!

"Tamil language was spanned across five continents" - Holy saint Thirumoolar. We can conclude that in olden days, Tamil language and culture was spanned across five continents. We can understand that sanaathana dharmam a tamil culture was deep rooted all over.

We described about the state of human being's birth, death and life? We came to know that this life gets completeness only on salvation.

Discipline is the way for this – After that enhance the life by guru's preaching and deekshai.

Doing Thavam (Penance) is the way to know self! To uproot the karma which is the reason for birth and death, we should get hold to the soul which is as light.

"Sivathai penal davathirkku alagu" 'Beauty of penance is heeding the Sivam - sung by lady saint Avvaiaar, one should nurture and increase the sivam (divine light); which is a light.

(Live on the pupil's way)Sakkara neri nil:

Avvai told about pupil of eye which is like a wheel! "Wheel that was not cut" same told by another gnani. One has to live by getting hold to the light in the pupil of eye.

Monam enpathu Gnana varambu:

Monam means silence. The work of gnanis is to be silent. Being silent does not mean one should not speak!

It refers to the pupil of eyes which is silent. "Kandavar vindilar, vindavar kandilar" is same what is told.

"Kandavar Vindilar" - means one who saw will not speak.

"Vindavar Kandilar" - means one who speak will not see.

Eye won't talk, it is silent. Vindavar is mouth of one who talks, Mouth that talks can't see.

Eye that sees is silent - Monam. Sticking to the silence of the eye is Gnanam.

"Otha idathil nithirai kol" - Sleep in the place of similarity.

For people suffering from back pain, neck pain, body pain doctors advice to sleep in the floor without pillow for head. This is good body's health.

Otha idam – Similar Place - two places look alike are our two eyes.

Gnana is to be with the light present in the pupil of our eyes. It's intelligent to find meaning like this.

Porivayil aynthuvithaan poitheer olukka Neri nindraar needu vaalvaar – Thirukural

One should remove the falsehood, live in the truth, in a discipline way; In our body, If one burns the five elements using the light at entry point for five senses the pupil of eyes, he can live without death for long time.

"Anbin valiyathu uyarnilai agthillarkku Enbuthol portha udambu" – Thirukural

If one lives with expressing love on all living beings, he will know and realize the soul that glitters in the pupil of eyes and he will live and his body won't be destroyed. The person without love is simply a body with bones and skin.

"Kannirkku anigalan konnottam agthindrel Punnendru unarap padum" - Thirukural

The significance of our eyes is to know and realize the light in the pupil of eyes which is to reach the agni/soul!? If one does not know this, it's not eye but wound.

"Deivathaan aagathu eninum muyarchi than Mei varutha kooli tharum" – Thirukural

Even if the God cannot accomplish one's effort will always born fruit. What this means?

We say god is almighty! If that's the truth, what valluvar conveys that god can't do it!?

Here you can understand the significance of the guru's preaching!?

God is as vast grace light! It's there in the pupil of our eyes as tiny light!?

God glitters as light in the tiny hole in the center of our pupil of eyes.

The hole in the center of our eyes are closed with membrane, it hides the god or hides our divinity.

Tavam(penance) is the way to clear the membrane that closes the hole in the center of eye!?

The membrane has to be melted and have auspicious sight of our soul. This is the penance that we have to do.

God is here, inside. The path closed by membrane which is not accumulated by god!?

We have to obtain deekshai from guru to remove/melt the membrane and do penance. It's our effort.

We have to do with intense effort and with divine fire/light as manure, multiply and increase the divine light to melt the membrane that hides the tiny path!?

This membrane - occlusion; Thiruarutprakasha Vallalar Ramalinga swamigal shows jothi dharsan with the seven screens in Sathya Gnana Sabai at Vadalur. Human should see the auspicious sight of his soul within himself, Vallalar externally symbolizes this as Sathya Gnana Sabai.

This is the eminence of vallalar! All saadhus say in different ways in a secret language.

Vallal perumaan purely expressed the internal state with an external object for the people to understand and realize, to live a deathless life with a great compassion.

The membrane is the seven screens; this is clearly explained and graced in the Thiruarutpa – Arutperunjothi agaval.

In saiva sithantham its told as bakthi. Pathi – God, Pasu – Soul/Anma, One has to clear the obstruction (attachment, Paasam) for the soul(pasu) to reach(pathi) god.

Paasam/Attachment is of three (shits) types – Ego, Karma, Maya! To clear these three shits one has to surrender to Sivam.

Sivam mean Light!?

If we get hold of the light, 3 shits (paasa thirai) will get cleared, soul can reach the god!

Vallalar knew this and realized this and has shown us the way, he constructed Sathya Gnana Sabai, shown jothi dharsan for people of this world to attain deathlessness. He blessed us with grace.

Vallalar showered the grace with compassion! Philanthropist of Arul/grace is Vallalar! My work is to preach all these knowledge and provide initiation/deekshai for soul realization.

With active support of all great saadhus, guided by Vallalar, being as guru, this humble being provides initiation/deekshai.

Deekashi is to preach and realize, how we should put some effort – to do the Thavam.

After receiving the deekshai, with continuous effort of doing penance, with strain in the body, one should realize and multiply the light present in the pupil of eyes, this is our effort.

If we put some effort like that, with efforts that strain the body the God present inside will express itself.

Then he (god) will take care of everything! He will guide us.

Thavam is making god to express! In this world, if our efforts are be only this, then only we can see and attain god!?

This is what Vallal perumaan told in *Gnana sariyai* song how our experience should be.

Ninainthu Ninainthu Unarnthu unarnthu Negilnthu negilnthu Anbe nirainthu nirainthu ootru elum kanneeraal udambu Nanainthu Nanainthu arul amude nannithiye gnana nadathu arase En urimai nayagane endru vanainthu vanainthu ethuthum naam vammin ulakiyaleer maranamila per uvaalvil vaalnthidalaam

Kandeer, punainthu uraiyen poi pugalen sathiyam solkindren

Porsabayil sirsabayil pugum tharunam ithuve.

If we try like this by surrendering the mind to the Thiruvadi, tears will flow out, then one can attain deathlessness.

Deekshai – People also calls this as Deekai. Dee means fire, kai - hand in tamil. Feel the fire in the Atcham. Atcham means eye.

Giving the Consciousness or feeling in the eye is deekai.

Guru will induce the fire/light in disciple's pupil of eye with his divine light of the eye and is called Deekshai.

Touching a person non-physically!

Making things understandable by the feeling or Consciousness!

Give Consciousness or feeling in the pupil of eyes!

Taking deekshai is obtaining new birth!

After taking deekshai, if one deems and gets involved in the brahmam or param porul or vast light is called Brahmanan.

He is called Brahmachari! One who is not married is not Brahmachari!

"Ill-aram allathu nal aram andru" Family virtue is the best one. Lady Saint Avvaiyar who discarded her married life told this message.

Do you know the virtue told by Avvai? *Ill* means house in Tamil. Our house is our body right?!

With god dwelling in our body – good virtue is living a proper life with light in the pupil of eye.

Souls are females. Paramathma is the husband, we the souls need to merge with the purusothaman/paramathma and this is the good virtue. This is told by Saadhus / Saints.

Jeevan merging with brahmam is what told in *jeeva brahmam iykiya vedandam*.

Jeevan is present in pupil of eyes as light! Multiply or increase the light in the eye. We the souls are females should be matured then flower-eye flower will attain paramathma! After maturity souls marries god.

All are spiritual messages!

Whatever told in our country is Gnanam! That's why our country is called **Land of Gnana**.

The purpose of the deekshai is to open the eyes and we the souls /females should get matured.

Suksuma body is the aanma body; Aanma body takes birth while taking Deekshai.

First one should take birth! Later he should get matured! Then marriage!

Come here! To take new birth by obtaining Deekshai!

Awaiting to do the work of god! A man becomes complete after taking Deekshai! Taking deekshai is the way to fulfill the goal of life.

"Kaiyaravilaatha nadukkan puruva pootu kandu kali kondu thiranthundu nadu naatu" (open the block in the center of the eye by a guru)

8. Sanathana Dharmam

Till now this book described about sanathana dharmam.

Santhana dharma shows way for attaining deathless life!

Santhana dharma shows way for each and every soul to know self and enhance their life.

The common way of living for 700 crore people in this world is sanathana dharmam.

All souls are children of almighty god- with his features with no differences/discrimination, told in sanathana dharmam

Message told by saadhus/Saints who came to this world till now is sanathana dharmam.

Whole world will be ruled under one umbrella- this was told by *Swami Thoppu Gnanai Muthu Kutti Swamigal* that people in this world live in santhana dharmam.

Bakthi yoga, Karma yoga, Raja yoga are (ways) steps for human to attain gnanm. Knowing sanaathana dharma is the only way to attain gnanam.

Sanathana dharmam shows ways for samathuvam – socialism – all living beings to obtain all their needs and living in a complete happiness

One race – one god!! This is what sanathana dharmam tells!

"Yaadhum Oore, Yaavarum Kelir" which means, every country is my own and all the people are my kinsmen.

"The good or bad things in our life will never be given by others." told by sanathana dharmam.

Sanmaargam that is preached by Thiru Arutprakasa Vallalar Ramalinga swamigal is sanathana dharmam.

We the people of this country have thousands of difference, Sananthana dharma tells we are human and we are soul.

How one takes birth, how one attains death? Sanathana dharmam tells how one becomes immortal and shows the way to merge with god.

Sanathana dharmam shows the way to seek god within, instead of searching outside.

Whatever we see in space, we can see in our body says sanathana dharmam.

Sanathana dharmam shows way to know and realize the self, also shows way to live a better life.

"Jeeva karunya (Love and Compassion on all Souls) is the key to attain bliss" sanathana dharmam shows the way to realize and experience this.

"All living beings are like our own soul, live in union" is sanathana dharmam.

"Whatever may be the different religion people belong to, human being to should live a better life" as told by narayanaguru from kerala varkalai. He preached and lived in the way of sanathana dharmam.

'Love is god' told by Buddha, 'Show love to a neighbor in the way you love yourself' said Jesus. Whatever Buddha and Jesus told is sanathana dharmam;

Prophet Muhammad said "Jihad is to fight against injustice" is Sanathana dharmam.

All saints preached the same, it's called sanathana dharmam.

Bhagavan sathya sai baba graces this world from puttaparthi Andhra Pradesh India, preaches Sanathana dharmam.

Mother Amritanandamayi from Vallikavu Kerala India, protects this world, preaches Sanathana dharmam.

Sadguru Jaggi vasudev came from Karnataka to Coimbatore, who shows the way for the wellness of this world, teaches Sanathana dharmam.

"Panneri(many ways) samayangal madangal endridumor Pava neri ithuvarai paraviya thithanaal Sennneri arinthilar iranthiran thulogor Seri iyru(dark) adainthnar aathalin ini nee Punneri thavirnthoru pothuneri yenum Van puthamuthu arukindara sutha sanmaarga Nanneri seluthuga endra en arase Thani natarasa en sarguru maa maniye" -Vallalar

There are many ways and religions formed in this world. Still people do not know the real way to self realization and deathlessness. People die in darkness, you go ahead and lead the eminent way called sanmargam. This was told by nataraja sarguru maa mani to Vallalar.

Many religions, many ways formed in this world, people died in darkness without knowing/realizing Sanathana dharmam. To save the people from the wrong path, Thiru Arutprakasha Vallalar was graced by god and came to this world.

To tell this world about the good path *suttha sanmargam* a common way to attain the bliss, sanathana dharmam, god sent Vallalar to this world.

Vallalar took birth in this world on 1823-Oct-05(Star *Chittirai*, Tamil month *purataasi*) attained light body on 1874-Jan-30 and filled in this existence.

He attained the state of god by filling himself in this world and galaxy.

"Ulagamelaam potra olivadi vanaagi Ilaga arul seithaan isainthe – thilagan ena Naane sanmargam nadathukiren nam perumaan Thane endkkuth thanithu" – Thiruarutpa

Almighty our god graced to make me a light body (luminous) to be praised by this world. Sanmaargam which is a sanathana dharmam is driven by me with the grace of god told by vallal perumaan.

In Thiru-Arutpa(graced this for us) Vallal perumaan advised us how to pray the god.

Application for Truth

Almighty god, with your grace, bless us with true intelligence, true bliss, make us live as true devote in the path of pure Sanmaram. Bless us to attain true life and make us live perpetually.

God bless us with our mind not to get attached to the obstacles of pure sanmargam. The obstacles are religious differences, caste differences, established customs and ashrams.

God bless us with the first and important goal of sutha sanmargam loving a human, should persist in us at all time, in all place and should not be reduced from us. – Thiruarutpa.

All the religions accepted are in common terms with one point 'God is a vast grace light'.

The maha-mantra graced us by vallal perumaan.

"Arutperunjothi Arutperunjothi Thani perum karunai Arutperunjothi"

This is the prayer of sanathana dharmam is,

"All living beings should live an eternal life"

"Flesh rejection should be dominated in this world"

(People should avoid eating flesh; this should be followed by all people in the world).

Incomparable way, the sanathana darma is what told by vallal perumaan as *samarasa sutha sanmarga sathiya neri*(path)!

Is this not the way that we should follow?! Its intelligence to know this! Realizing this is the way to get the light!

Divine Light is the one that is present every where!

To know the divine light one should know the sanathana dharmam!

Deathless great life

God is amighty, his omnipresent, vast grace light god is also present in our pupil of eyes!!

We have to get initiated (deekshai) by Gnana guru in the entry point of our body which is the pupil of our two eyes. We need to focus our mind in the pupil of eyes, remember the consciousness and feelings and do the Thavam.

On continuous effort of penance, looseness is formed and tears in the eye will flow like a river. One should continue with this effort!!

Then small light in the pupil eye will expand gradually! This happens due to the rotation of the pupil.

Since mind present there in the pupil of eye, this will happen!!

Light/jothi present in the two pupils of eyes will expand, travel inside and reach the soul which is called as Agni kalai, which is located just below the top of head and above uvula (inner tongue)!!

"Vinnin rilinthu vinai keedaai meikondu Thannindra thaalai thalaikaaval munvaithu Unnin rukkiyo ropilla ananadak Kan nindru kaati kalimaruth thane" – Thirumandiram

This one song can substitute whatever is told in this book! This one song is enough to explain about sanaathana dharmam.!

In our eyes, right eye is sun, left eye is moon, If one do penance on these two eyes, light in both eyes will expand and travel inside, reachs Agni kalai-Soul. This is merging of three light. *Jothi patham*! Thiruvadi!!

For the disciple being in this state and doing penance, light gradually spreads in 72000 naadi and nerves present all over the body!!

Body will be purified! Won't get any disease! Body will be strengthened! Mind will be matured! Will get god's grace! He will get blessings from all saints.

You will be blessed with the sight of the soul. *Jothi tharisanam*.

Seven screens will be cleared, soul will glitter! Soul will navigate up and reach the top of head, called Sahasrara.

Once it reaches the top of head(sahasrara) intelligence will be brightened! (*Para veli*) Outer space can be seen! Then you can roam in empty space (*vetta veli*). Bliss, bliss, only bliss!

This is what told in sanathana dharmam!
This is a common way for all people!
Welcome people of this world!
Live in the path of light!
You can live the life with eternal wisdom!

Since very long time, people of India lived by following the sanathana dharma.

In India subcontinent sanathana dharmam is prospered in all direction from Kanniya kumari to Kashmir, Mumbai to Kolkatta!

There are people speaking so many languages! People living with different cultures wearing different kinds of dresses and eating different kinds of food in this holy land!

One third of human population of this world follows Buddha who took birth in this land! Buddha, who preached love, lived in the place where sanadhana dharmam prospered.

Buddhism, Jainism, Sikhism, Parsism religions originated in the land of sanadhana dharmam, India.

There is a saying "In the street of locksmiths, no one can sell the needle" like this no other religions could establish itself in spiritual country India!

Santhana dharmam is elite and beyond all the religions, prevails in this country; other religions were not able to grow. They will not grow spiritually!

Saints who realized themselves and realized god, they formed a lifestyle to realize god which is called sanathana dharmam.

Religious/caste fundamentalists are people have not understood this. They are ignorant people!

Matha(mother), Pitha(father), Guru, Deivam(god)!. If mother is an obstacle to realize god, if she does mistakes, disregard mother told by sanathana dharmam!

In the epic Ramayana bharathan disregarded his mother, parasu raamar killed his mother Renuka devi is sanathana dharmam!

Neglecting one's father if he is an obstacle for realizing god is sanathana dharmam!

Piragalaathan who neglected his father Iraniyan is in the way of sanathana dharmam!

If guru is obstacle to realize god, disregard guru told by sanathana dharmam!

To realize god for King Magabali, he disregarded his guru sukraachchariyar who was his obstacle is also sanathana dharmam.

There is better no temple than mother.

There is no better mantra than father's word.

Guru is sath sath para-brahmam.

This preached by our ancestors, still, if mother, father, guru are obstacle to realize the god, if whole world opposes, disregard all of them!? Only goal in the life is to attain god! This is sanathana dharmam!

Sanadana dharmam is the life and culture of people in India! Sanathana dharmam is imbibed in the people of India!

Maturity is to accept all kinds of people, broad minded people are seen this land. Hospitality is expressed to people who migrate to this land.

It's because of the Sanathana dharmam Indians have the intelligence to accept goodness in any place. People in India live in union without differentiating themselves by caste, religion and language. This is because of the saints who realized god lived in this country and followed equality, socialism and sanmaargam,

"God is one! Human race is one!"

"Let all living beings live in bliss!"

Is there a better principle then this?!

A Muslim is becoming a president only in our country, due to 90 percent of people in India are living in the way of sanathana dharmam.

A Sikh is able become prime minister of India!

People of any religion and caste are made to work on higher designation in government office is the culture of Indian people, who follows sanadana dharmam!

India is incomparable and elite/excellent country in this world, our culture is the main reason for that! It's Sanathana dharmam.

We can feel very proud to be an "Indian"!

In this world, Indian is the eminent person!

Sathavathani Sheikh Thambi Pavalar a great incomparable human lived in the way of sanathana dharmam.

Sathavathani Sheikh Thambi Pavalar lived in Edalakudi, Nagarcoil-kanniyakumari district.

Though he was Muslim by birth, due to taking birth in India, he learnt and realized sanathana dharmam. He was known as Sathavathani. (means, one who has a grasp on hundred different aspects of knowledge at a moment)

Saivites abbot were heads of mutts in his periods, they blamed and defamed Thiru Arutpa written by Incomparable saint Thiru arutprakasha Vallalar Ramalinga swamigal.

Sheikh Thambi Pavalar had read Thiruarutpa. He understood the excellence and pride of the Thiruarutpa. He was not in the state of religion; he was in the state of the god. So he talked in many stages in Tamil Nadu about Thiruarutpa sung by Thiru Arutprakasha Vallalar Ramalinga swamigal. He told that all songs were sung with grace of god, all his songs were in elegant and devotional Tamil. He taught a lesson to the saivites in Tamilnadu.

A notable muslim understood the greatness of Thiru Arutprakasha Vallalar Ramalinga swamigal. It's shame that shaivites did not understand that.

Sathavathani Sheikh Thambi Pavalar a great person followed sanathana dharmam.

I feel proud for taking birth in India the land of virtue, in the land of Gnanam Tamilnadu, Nagercoil where Sathavathani took birth.

In India Sanathana dharmam is the one which was in past, is present and will be in future.

Future is for the people who live in the way of Sanathana dharmam.

"People of this world turn your mind" turn the mind that roams outside to inward, in the Holy feet-Thiruvadi of god.

"Repent, for the kingdom of heaven is at hand."

"Try to get the grace of param porul" Live!

Love as a weapon! Intelligence as shield! Come here to win the world!

It's enough being ignorant and destroyed! Let's unite and live by loving the souls.

We took birth to live! Welcome! Realize it! Live long!





Gnana Pandithan



Aathi guru



Vaalai